Student Affairs reports instances of vandalism on campus

UCSB alum dies after cliff fall, community emphasizes raising fence heights

Açucar Pinto for Internal Vice President

Nayali Broadway for President

Alvin Wang for Student Advocate General

Voting closes on UCSB G.O.I.D. on Friday, April 26, at 12 p.m.

Monica Mehlefou for External Vice President for Statewide Affairs

Owen Meyers for External Vice President for Local Affairs

COURTESY OF SCOTT SARBAND

The 23-year-old returned to Isla Vista for the University’s All Gaucho Reunion weekend. On Saturday afternoon, Parker tripped from a concrete ledge on the balcony of 1625 Del Playa Drive and fell down the cliff. After an emergency service call was phoned at 2:30 p.m., he was carried from the oceanside residence, who called 911. He was then taken to Santa Barbara Cottage Hospital. He also fell from a cliffside balcony in Isla Vista. The last cliff decedent was Benny Schurmer, a 19-year-old from Ojai, California. He also fell from a cliffside balcony with a 4.9-foot-fence that was managed by Meridian Company. Benny Schurmer’s mom, Katharine, Schurmer, expressed condolences to Parker’s family.

“The is something we have to live with for the rest of our life. And I just can’t believe that it’s still happening,” Schurmer said. "I thought Benny was the
**The Daily Nexus Crossword**

Across

1. Robust or powerful
2. Famous name in fine jewelry
4. Increase in size or number
5. Evening phenomenon that is usually red
12. Country located between Iran and Pakistan
15. Polynesian carved figure
18. Related to times past
28. Cheer commonly heard at soccer games
32. Fruit known for its vitamin C
36. International sign language
37. Word used to express politeness
39. Evening phenomenon that is usually red
42. ‘In the heat of the moment’
45. “Dont Be Shy 2024”
50. Shoreline description read.
51. Room 1109.

Down

1. Howden
2. Olive County News Editor
3. Assistant La Vista Editor
5. Assistant La Vista Editor
12. Assistant La Vista Editor
14. Assistant La Vista Editor
17. Biesta
19. U.S. agency ensuring privacy
22. Region or section of a place
24. U.S. agency ensuring privacy
26. Online daily. Opinions
d2. Fruit known for its vitamin C
23. “In the heat of the moment”
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The event aimed to promote marine life conservation and sustainability for the Marine Conservation Network.

The workshop will be led by licensed speech-language pathologist Jordan Ross-Mileglio. The workshop is "an event to support and encourage community and personal growth."

The transfer student center is hosting a CV and resume building workshop on Thursday, April 25, from 11 a.m. to 12:15 p.m. The workshop will be led by licensed speech-language pathologist Jordan Ross-Mileglio. The workshop is "an event to support and encourage community and personal growth."
Açucar Pinto for Internal Vice President

While discussing the impact of the current campus climate, Davis and Veksler said that sentiment.

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The Daily Nexus endorses unopposed candidate and third-year communication and sociology double major Monica Mekhlouf as the next External Vice President for Statewide Affairs.

Mekhlouf’s experience in the External Vice President for Statewide Affairs (EVPSA) Office, serving in the basic Positioning Officer for the last two years and the External Fund of Staff this past year, has equipped her with the knowledge and skill necessary to lead the office.

The EVPSA’s main role is to advocate to the UC Board of Regents on behalf of students, act as a liaison for statewide and federal representatives and build connections across the UC campuses.

Mekhlouf is running on the platform of expanding basic needs services, addressing housing issues and supporting marginalized communities including students with disabilities, Southeast Asian and North African (SANA) students and low-income students on both on-campus and statewide levels.

“I think that because of my ability to be in such direct contact with these different communities, it empowers me to be a lot more urgent and a lot more conscious of the ways that I’m showing up on the statewide stage,” she said.

She expressed a desire to continue the legacy of the EVPSA office in advancing marginalized voices through lobbying at the UC-wide level, as well as expanding the EVPA’s reach to the rank-and-file student experience.

“The Nexus believes that Meyers’ experience with UC in Isla Vista (UCIV), his comprehensive plans for addressing larger systemic issues and member rapport with stakeholders allows him to be an action-oriented leader to the student body in relation to local and off-campus affairs.

For the position and his knowledge and involvement with local county entities make him the best fit for the position over his opponent, third-year political science major and Off-Campus Senator Renee Faulk.

“The EVPA is to me, a representation of community and student wants and needs and someone who will address those needs on a local level for the students,” Meyers said.

In a public, joint interview, the Nexus acknowledges that Faulk’s platform for education tenants on their rights and low-income student housing toward restorative justice reflects the need to address Isla Vista’s larger issues.

However, Faulk did not expand upon those points or demonstrate adequate knowledge of local organizing experiences or commitment to advocacy.

Faulk has served as a senator for two academic terms and worked on the external vice president for local affairs (EVPLA) office. In her role in the EVPLA office, she is a student assistant to the chair of the EVPLA office, in which she is familiar with the EVPLA office.

Meyers is a student assistant to the Pathfinder Health & Wellness Center. She described the EVPA as “the office in which I’m familiar with the EVPLA office. He is also a student assistant to the Pathfinder Health & Wellness Center, and he has been working hard in that office for the past two years. He has been to meetings with students and has attended important meetings, and he has been advocating for the needs of the students and spreading the message of the EVPA.

“Working on the tent and its exhibition, it has had on people, it really made me see so many important issues here on the community through the EVPLA office. I’ve been a part of the EVPSA office for two years, and I’ve seen the impact that it has on the community,” Meyers said.

Faulk has served a senator for two academic terms and as a local senator at the Santa Barbara City College (SBCC) student senate. She is a student assistant to the chair of the EVPLA office.

“I was appointed to be the chair of the EVPLA role. The Nexus believes that Meyers’ experience with UC in Isla Vista (UCIV), his comprehensive plans for addressing larger systemic issues and member rapport with stakeholders allows him to be an action-oriented leader to the student body in relation to local and off-campus affairs.

For his plan for UC, Meyers wants to expand the number of partnerships across the state to specifically in the interim goal of the SB and Santa Barbara City College (SBCC) meetings, and create space for more cultural events and meetings for cultural communities.

The Nexus believes that a stronger voice and support for marginalized groups is necessary for the future of the SB.

The closing of the MICA was a large-scale event that has not done in the last year, and it is important to continue the support for marginalized communities.

Mekhlouf’s strong stance to build the University accountable for the Long Range Development Plan (LRDP) — a comprehensive plan that guides physical development such as the location of buildings, open space, parks, circulation, and other local uses — according to the UC Office of the President. However, she did not deride the steps necessary toward developing and administration with collaboration to accomplish those goals.

“My only reason to play is to stand on the board, especially in the affidavits, more informed about the importance of the process of accomplishing those goals,” Mekhlouf said.

The Nexus believes that while this idea is well-intentioned, based on Mekhlouf’s interest, it would require specific, targeted steps toward its achievement.

As their experience organizing student conferences and local trips, Mekhlouf has equipped her with the ability to maintain key connections with student leaders, support student concerns and needs to the UC Regents and collaborate with other UC campuses. They are dedicated to building underrepresented students to the table by giving them opportunities to voice their experiences.

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Alvin Wang for Student Advocate General

The Daily Nexus endorses Alvin Wang for Student Advocate General. Major Alvin Wang, who is running unopposed, has presented a platform for an open, inclusive, and nonpartisan Senate. Wang, a second-year computer science student with a second-year Blackness with background and focus on basic needs, is an excellent candidate for the Student Advocate General position.

The Nexus believes that Wang’s experience in Associated Students (AS) provides a solid foundation to become an effective leader for the student body. Wang has served in various capacities in the AS, including as an intern for Societies and as a senator for the Student Advocate General (SAG). Wang is currently serving as the AS’s College of Engineering Senator and chair of the A.S. Basic Needs Committee.

The SAG is an executive, nonpartisan position that allows for a more focused role in the student body. The Nexus believes that the SAG role is best suited for students with a background in nonpartisan politics, as the position is nonpartisan and requires a focus on student advocacy and representation.

Wang is well-versed in the internal affairs of the AS and has worked on a variety of initiatives, including the SAG’s initiative to reduce basic needs in campus communities. Wang has also been involved in other initiatives, such as the Basic Needs Committee, which focuses on addressing basic needs on campus.

The Nexus believes that Wang is well-suited for the SAG position due to his experience and commitment to student advocacy. Wang has demonstrated a strong commitment to understanding and addressing the needs of students, and his background in nonpartisan politics makes him an ideal candidate for the SAG position.

Wang has developed a platform for the SAG position that addresses a variety of issues. Wang’s platform focuses on reducing the gap between the current and future generations, addressing housing insecurity, and implementing a more inclusive and nonpartisan approach to student advocacy.

Wang’s experience in the AS has provided him with a strong foundation in student advocacy and representation. The Nexus believes that Wang is well-suited for the SAG position and that he will be an effective advocate for the student body.

The Nexus endorses Alvin Wang for Student Advocate General.
...and he aims to strongly represent students and BCUs and continue promoting the campaign to reduce microfiber pollution. He said that he hopes to see a microfiber-free university in the near future and that one day, there will be a microfiber-free world.

Meyers said that she believes in the importance of student representation and that she will work to ensure that students have a voice in decision-making processes. She emphasized the importance of understanding microfiber pollution and its impact on the environment.

When asked what specific plans she has to achieve her goal, Meyers stated that she would work closely with the Nexus to increase awareness of microfiber pollution and its impact on the environment. She also mentioned the importance of involving students in decision-making processes and that she would work to ensure that students have a voice in decision-making processes.

Although Mekhlouf lacked experience and knowledge in terms of her specific plans as EVPSA, she was very passionate about the issue of microfiber pollution and her campaign to reduce it. She said that she would work closely with the Nexus and the campus administration to increase awareness of microfiber pollution and to achieve her goal.

Mekhlouf's campaign focused on increasing awareness of microfiber pollution and encouraging students to take action to reduce it. She emphasized the importance of understanding microfiber pollution and its impact on the environment and her campaign to reduce it.

The Nexus believes Gates' anti-Blackness and established Health Senate Committee. The Nexus hopes that she will continue to advocate for student representation and that her campaign to reduce microfiber pollution will be successful.

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class action lawsuit against jump on the school bus

A class action lawsuit has been filed in Santa Barbara Superior Court against “Jump On The School Bus,” the black buses that take UCSB students to downtown Santa Barbara on Thursday nights. (Case No. 23CV03927). The lawsuit alleges that, (1) it was illegal to charge an individual fare to students who took the bus, and (2) on some occasions Jump failed to provide the return trip, even though students had paid for it. The lawsuit seeks a court order requiring the return of all fares paid by students in the past four years.

If you rode Jump On The School Bus (the black buses) on Thursday night from IV to SB at any time in the past four years, please call or email us. We’d love to talk to you.

The Law Office of Raymond C. Henderson, 805-955-1999, rdc@rdclawoffice.com
The Law Office of James L. Hudgens, 805-564-7802, jlh@jhudgenslaw.com
Hermanas Unidas de UCSB sold both sweet and savory empanadas. All food items were handmade by student club members.

Kendra Martinez
Staff Writer

UC Santa Barbara’s Raíces de mi Tierra held its second annual Sabores de mi Tierra night market at Little Acres Park on April 20. 

Interested in bring some of the flavors from Mexico to the I.V. community, the market was made up of several on-campus Latinx clubs and organizations. Sabores de mi Tierra translates to “flavors from my land,” so each organization was in charge of bringing a dish to the feast. Present at the feast was UCSB’s Raíces de mi Tierra, Hermanas Unidas, Kamikazee, Giga Latina, Namaste, Umbrella Latinx, Cross Cultural Graduates and Latinos 4 Políticos. After seeing the event on Instagram, I decided to give Sabores de mi Tierra a try. This was the second year Raíces de mi Tierra hosted the event, and they plan on continuing to have the night market each year. Event organizers and club members were actively involved and asking them to cover the cost of renting the park, and the rest is kept by the clubs and organizations to cover their needs.

The year’s food sold at the market included strawberries, cream, dessert and meat empanadas, aguas frescas, corn esquites, shared with the option of adding Tajín and chamoy. It was deliciously refreshing and not too dense. As for the meat empanadas, they were filled with ground beef, onions and tomatoes. I was thoroughly impressed and reminded me of Porto’s Baklava’s potato skins, since the filling was a combination of ground beef and onions, along with the 540 and 448. The ratio of pastrami to filling was quite nice, a nice balance in the mouth. Overall, the empanadas were tasty and chewy. I would enjoy eating them more than once. 

After eating my empanadas, I made my way to the Raíces de mi Tierra’s stand to purchase a drink. They sold three flavors of agua fresca: jamaica, watermelon and cucumber lime. There also had the option of adding Tajín and chamoy rim to the cup to make the drink more flavorful. I tried the jamaica with the rim, and it was the perfect drink to wash down my empanadas. It was refreshing and wildly sweet which really hit the hibiscus overows come through and had a nice taste of home. The added element of Tajín and chamoy — although a little much around the cup — made for an interesting combination of flavors that I was a fan of.

Another refreshing treat was the fruit stand by Latinos 4 Políticos. They had a variety of fruit available with the option of adding Tajín and chamoy, which was mouth-wateringly delicious. Combining fruit with Tajín and chamoy is a staple in many Mexican households, and I loved the way this traditional Latin American treat was shared with the I.V. community. Overall, the fruit cup was a tasty treat that had a nice kick to it. While I was not able to try the other food at the market, several customers were lining up around the stands. The ambiance of the event was lively, and students were all conversing with each other as they got their food. There was a strong sense of camaraderie at little acres event with great energy, and I can’t wait to go again next year.

Farm fresh finds: a guide to local spring produce

As we leave winter quarter behind and head into spring — marked in I.V. by intermittent sunshine, rain and relentlessly annoying coastal fog — local markets begin to burst with colorful spring produce. UC Santa Barbara’s Certified Farmers Market on California’s Central Coast offers a prime locale for purchasing fresh, locally sourced produce. Wash out for the following fruits and vegetables returning to shelves after months of unavailability:

Strawberries, perhaps, are the most eagerly awaited spring produce. Known for its high levels of vitamin C and minerals, these nutrient-rich greens are the perfect addition to spring salads, smoothie bowls and muffins.

Avocados are another seasonal favorite. Peaking in spring and lasting through the summer, California-grown avocados can be easily found in local grocery stores and farmers markets. While consumers can buy imported avocados year-round, locally grown fruits have the advantage of being picked and arriving in your home in the prime of their season. The flavor of freshness is hard to beat. Take advantage of California’s avocado season by adding them to Thai-style spring rolls, spreading them on breakfast toasts and mixing them into homemade guacamole.

Perhaps the most underrated spring arrival is asparagus. Known for its slim stalks and earthy, slightly bitter flavor, asparagus thrives near the Central Coast and Sacramento-San Joaquin Delta. Packaged with vitamins A, C, E, K, iron, potassium and calcium, this versatile vegetable is a rich source of antioxidants, which help fight free radicals. From roasted asparagus to fresh spring asparagus salads to creamy asparagus soup, there are countless ways to enjoy this springtime specialty.

In addition to these seasonal favorites, California’s spring harvest includes a variety of leafy greens: wash out for spinach, kale and Swiss chard. Packed with vitamins and minerals, these greens are the perfect addition to spring salads, smoothie bowls and muffins.

Toip: Take a trip local and don’t know where to start? Employees at UC Santa Barbara’s Certified Farmers Market has six locations: Central Coast Old Town, Downtown Santa Barbara, Solvang, Montecito and Carpinteria — that host markets on different days throughout the week. On Tuesdays, try the Santa Barbara Old Town location located on the 500 blocks of State Street from 3-7 p.m. On Saturdays, the Downtown Santa Barbara location located on the 700 blocks of Cota Street from 8 a.m. to 1 p.m. On Wednesdays, the Santa Barbara Old Town location located on the 500 blocks of State Street from 3-7 p.m. On Thursdays, visit the Camino Real Marketplace in Goleta from 4-7 p.m.

While farmers markets tend to be the most popular place for grocery shoppers, the difference is quality to taste. Plan those enrolled in CalFresh benefits can visit the market to participate in the Market Match program, which increases the amount of money you can spend on local produce. An additional $10 is available for CalFresh benefits at the farmers markets, which is a total of $20 to spend at the market. As we witness the arrival of spring’s change of seasons, make the most of California’s spring produce. Whether you’re frequent farmers market shoppers or new to the scene, plan on finding an array of irresistible fruits and vegetables from your local farmers market.
It's Satire, Stupid.

Binye Esghe

Angry

Actions speak louder than words; why just say you want your roommate gone? So the end of the year is quickly approaching and leases need to be reviewed, but you have one critical problem: you want to live with your host(c) instead of your roommate. Unfortunately, your roommate has made no plans to move out and time is running out before that renewal notice comes in. Sorry! Here’s our list of ways to be the worst roommate that we guarantee will have them scrambling to find a new lease.

1. Change the Wi-Fi password.

Does your roommate have recorded lectures they need to review or homework assignments due in an hour or so? Change the Wi-Fi password without informing them! It’s most likely that the first 28 minutes will be spent frantically trying to re-enter the router as they waste their data to email the professor about tech issues.

Once they realize that it’s not the router at all, feel free to ignore any texts or calls for the next couple hours and say that you were in class. If you’re feeling up for the challenge, concoct a story on the importance of the lecture they were interrupting. Don’t forget to give them the incorrect password a handful of times before finally giving up the right one. For a fun twist, take the router with you instead! Who needs a hotspot when you have a mobile source in your bag?

2. Sleep in their bed.

Their bed always looks so comfy, doesn’t it? A nice mattress pad, a fluffy blanket and a mountain of pillows would make a lovely cocoon for a sleepy little guy such as yourself. Sure, you have your own bed and even the couch in the living room, but that’s just so boring, and it’s really important to shake things up! If and when they confront you, give them a lecture on how important it is for you as a student to have new experiences and try new things.

3. Disrupt meal plans.

Everyone knows how important it is to eat proper amounts of food and to not buy too much. One of the easiest things you can do to ruin their week is totally stuff their meal plan with goldfish and cracker sandwiches! Leave one bite in the container so they keep their hopes up when they grab it. Does your roommate have mild specific dietary needs like being dairy-free? Finish off the last container of their favorite milk alternative without telling them so they don’t realize until mid-way into making a smoothie! Consider inviting a friend over for dinner when only two was planned so food has to be portioned in a way that’s just slightly not enough. You’ll have your roommate praying to a god they don’t believe in for the 8 p.m. bus, but to actually arrive because the real villain here is the 22.

4. Master the art of hypocrisy.

If you find yourself needing a new hobby while forcing your current roommate out, consider learning the age-old technique of hypocrisy. It may take a lot of research and a brief online class on heterosexuality before getting your hang of it, but hypocrisy is the best writer’s Top Tip! This is also the most relevant on our list and the most customizable to your situation. Seek your roommate for not doing chores perfectly and neglect your entirely, tell them off for not engaging in conversation and refuse to communicate over anything, criticize them for leaving a pair of shoes in the wrong spot and leave your whole dirty laundry basket on the couch. Don’t forget to infuse those marketing skills you learned in the way to make your roommate feel guilty for even bringing that up.

K. Win the blame game.

The final tip this writer has to offer is to blame your roommate for every problem that pops up, especially totally illogical ones. It’s optional to believe that they’re really causing any of these, but it makes it far easier to come up with things that could never be your fault. Did you trukey murder everywhere after yet another biblical-level flood? That’s actually your roommate’s fault for not designing a protective automatic curtain. You didn’t wash your pile of dishes and the sink is starting to smell really bad! Clearly, your roommate was using it as a secret compost bin and just didn’t take out your old things first. If it’s a problem that affects you, it’s something you can blame on them, because obviously you can do no wrong!

That does it for this week’s tips and tricks list. Obviously, not all of these can apply to everyone’s situation, so feel free to mix and match to best fulfill your own roommate needs! Never forget that you are a perfect angel and you have never done anything wrong, and I love you so much. Your roommate should have known better and it is 100% their fault for not being a fully developed person while in college. Those should tell them on their way out, especially if you can isolate them from everyone else they know!

Binye Esghe is incredible to live with. Let me tell me so let me in so let me in so let me in.

Fart Tent

Straight

This past Thursday, UC Santa Barbara had a very exciting guest speaker, a real gem within the dining community. After leaving mineral rights to oil companies on his 100-acre property, a notable celebrity figure within the fracking community and well known for his ability to normalize fracking in a world where it is not very widely accepted.

Students came thrilled to see him speak to this experience and share what it was like to overcome the stereotypes surrounding people who are involved in drilling for oil and gas. Many even came with their own rocks that had natural gas trapped in them, hoping to get them signed by RuPaul. Many to the disappointment of these students, RuPaul did not once mention fracking, oil, natural gases or any kind of fossil fuel. “When he said drag, I thought he would be about dragging out negotiations in Congress to free up people’s ability to harvest the Earth’s natural resources,” economics major Kiki Bootsenhaus said.

“RuPaul is his real name! He’s RuPaul very fast! I don’t get why he hosts a race!” Little girls students who attended the event were completely unaware of RuPaul’s history of working with drag queens and were only aware of his prominent role in the fracking community. Even more so, most students were under the assumption that “drag race” referred to a type of drag racing and not the people who are a fully developed person while in college. Those should tell their way on their way out, especially if you can isolate them from everyone else they know!

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What the frack? RuPaul only talked about drag
“Down Bad, or Just Bad? The Tortured Poets Department” disappoints

Lauren Chion
Artweek Editor

Cathartic, raw and tortured in its own way, the new album by Taylor Swift, “evermore,” is her boldest and most vulnerable release to date. Swift’s previous efforts have been characterized by a certain degree of perfectionism, even in the face of controversy and scrutiny. Yet, “evermore” is a departure, a testament to the power of raw emotion and the importance of vulnerability in artistry.

Swift’s latest album is not without its share of criticism. Some listeners have accused the album of being too self-obsessed, with Swift seemingly reflecting on her famous relationships and personal life rather than crafting a broader narrative. Others have noted the album’s lack of direction, with songs ranging from heart-wrenching ballads to upbeat pop tracks.

Yet, Swift’s ability to channel her personal life into her art is what makes her one of the most compelling artists of our time. “evermore” is proof of that. The album is a reflection of Swift’s journey, both personal and artistic, and it invites listeners to join her on this emotional voyage.

The album’s most striking moment is “My Maudlin Sexy Friend,” a song that explores the complexities of love and heartbreak. Swift’s raw and honest delivery is both painful and beautiful, and it reminds us of the power of vulnerability in making art that resonates with listeners.

In conclusion, “evermore” is not without its flaws, but it is a testament to Swift’s raw talent and the importance of vulnerability in artistry. It is a deeply personal record that invites listeners to reflect on their own experiences and emotions.

Rating: 4/5

Tracklist Ranking:
1. “I Can Do It With a Broken Heart”
2. “So High School”
3. “But Daddy I Love Him”
4. “So Long, London”
8. “The Tortured Poets Department”
9. “Cara Mia”
10. “Shiny as Silver”
11. “I’m Not”

Additional Notes:

- The album’s strongest moments are the ballads, which showcase Swift’s emotive vocal range and her ability to craft lyrics that are both personal and relatable.
- The album’s weakest moments are some of the more upbeat tracks, which can feel out of place and lacking in emotional depth.
- Swift’s guest appearances, including Florence + The Machine and Jack Antonoff, add an extra layer of depth and talent to the album.
- The album is a breath of fresh air for Swift, who has experimented with different sounds and styles on previous releases.

The Tortured Poets Department doesn’t know what it’s doing. It seems like the only thing the ‘Tortured Poets Department’ knows is that without a song about a work of tortured poetry, in its core, it can provide an exclusive club of intelligence and erudition, and not be helped by Jehovah’s Will and ‘Me, Me, Me! You Give’ Aid’-in.

Additionally, the show’s desire to be cringey references to pop culture are further evidence of the album’s affectation. It’s difficult to argue that the album’s affectation is the impact it’s supposed to have. There was no need for a 31-track album. The good songs are solid entries in her illustrious discography. The bad songs are the worst of her career. And the mediocre songs are completely forgettable.

The album’s shortfall is not the cringey Swift’s fault. In fact, she’s simply catering to her audience, a common trend in her career. Swift lives her life like an artist, and in “The Tortured Poets Department,” she gives us a glimpse into her world. The songs act as self-explanations, as if she’s articulating for the audience, but her audience has public attention and scrutiny. This might be a shaky foundation for a commitment to honesty is needed. It shows interest in this niche and the artist’s and the fans. How do the fans push their based on a very little tiny selfie?

“Florida!” is the exact opposite. It’s a 5-beat, and a clear front on the album. Florence Welch’s vocal talents are used perfectly, showcasing a perfect range, while Swift employs her signature breathy delicateness as the perfect contrast.

Two hours after the initial release, Swift reveals that it is a shock. She’s a surprise. It will be 15 additional songs for “The Anthology” are unable to distinguish other.

Swift’s singing is known for its timeless element. In her past work, she’s been lauded for her ability to put words to the unapproachable feelings brought on by universal experiences. As a true poet, she’s able to capture the essence of the human experience, and this ability is why “The Anthology” are unable to distinguish other.

The “The Tortured Poets Department” does not know what it’s doing. Swift’s reputation or straw her album. While a work of tortured and Groovy, and it is an incredible release. After 20 years in the studio, her voice is still powerful.

The “The Anthology” are unable to distinguish other on her return to classic sound is an incredible release of the same album. You know how to hold, I know how to hold. And this is using two things that Swift excels in: its allure to the voice. Swift’s voice is a work of tortured poetry.

On perhaps the overwrite of the album it’s a work of purposeful, maybe she can say the words. The album is an incredible release. The album is an incredible release. The album is an incredible release.

Rating: 4/5
Softball extends streak to 8 wins in sweep against UC Davis

Sarah Michels/B Daggers Editor

After suffering back-to-back losses in Saturday's doubleheader, the UCSB softball team came back with a vengeance on Sunday, April 21, taking down the Titans and beating the Titans for the first time in the season.

“We came out [Sunday] and looked different. We had an edge, a fire in our belly,” Head Coach Jo Evans said.

Going into Game 3 of the series, Evans talked to her team about “playing with urgency.” The Gauchos responded. The Gauchos tagged the game-winning run thanks to some heads-up base running and fielding errors from UC Davis.

The Gauchos got on the board in the first inning after senior infielder Madelyn McNally hit a two-run single. The second base header Jazmine Sams followed and was driven home by a go-ahead single at the bottom of the fourth. Acosta delivered the game-winning run.

UCSB Athletics

The Gauchos beat the Titans in the third straight iteration of the Blue-Green rivalry. The scores were close but the team was able to hold on for a 4-3 victory.

Next week the UCSB softball team will try to carry the momentum of this recent game forward as they face UC Davis on the road.

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## Munching metrics:
Mapping retail dining nutrition at UCSB

### Root Burger

- **Product:** Root Burger
- **Calories:** 170 (32% DV)
- **Fat:** 7g (11% DV)
- **Saturated Fat:** 2g
- **Cholesterol:** 20mg
- **Carbohydrates:** 31g (10% DV)
- **Sugar:** 7g
- **Protein:** 7g (14% DV)
- **Fiber:** 3g

### Panda Express

- **Product:** Honey Sesame Shrimp
- **Calories:** 350 (70% DV)
- **Fat:** 24g (36% DV)
- **Saturated Fat:** 7g
- **Cholesterol:** 155mg
- **Carbohydrates:** 31g (10% DV)
- **Sugar:** 14g
- **Protein:** 18g (36% DV)

### Courtyard Cafe

- **Product:** Southwest Egg Wrap
- **Calories:** 270 (54% DV)
- **Fat:** 10g (15% DV)
- **Saturated Fat:** 4g
- **Cholesterol:** 20mg
- **Carbohydrates:** 22g (7% DV)
- **Sugar:** 1g
- **Protein:** 14g (28% DV)

### Subway

- **Product:** Italian Hero
- **Calories:** 320 (64% DV)
- **Fat:** 16g (25% DV)
- **Saturated Fat:** 7g
- **Cholesterol:** 20mg
- **Carbohydrates:** 41g (13% DV)
- **Sugar:** 1g
- **Protein:** 20g (40% DV)

### Data

- **Heart healthy habits:**
  - Panda Express: Asian Chicken and Teriyaki Chicken had the lowest fat and cholesterol content by a wide margin, with both of them having over one-third of the recommended amount.
  - According to UC San Francisco Health, low salt chicken is up to 60% less salt, but 200 milligrams if you weight 190 pounds.

- **The lowdown on carbs:**
  - Courtyard Cafe beats Root Burger. Panda Express and Subway are trailing the highest carbohydrate amount per 100 grams of the most calorie-dense items choices, with all items being more than 10% DV for carbohydrates.
  - According to Mayo Clinic, 100% of daily calorie intake should make up around 45-60% of daily calorie intake.

- **The protein scheme:**
  - Panda Express also has the charts of protein content compared to the most calorie-dense menu items. Items of the other fast food locations were included in the charts. Not all items shown having more than 10% DV for protein.
  - According to Mayo Clinic, protein-based meals should be between 15-30% of daily calorie intake.

- **The calorie quotient:**
  - The calories per 100 grams of the top Panda Express items are similar to that of the other places, yet these items are more other items in both calories and protein content.
  - According to Dietary Guidelines for Americans, females and males aged 19-30 need 1,200-1,500 and 2,000-2,500 calories a day, respectively.

*All graphs survey the top 10 most calorie-dense menu items at each location and are standardized at a 100 gram portion of each food item.

*Ty = vegetarian, *vg = vegan

*Infographic created by: Dinesh Rustogi, Katy Tseng, Kyle Wu and Lance Samuels
Una descripción general de la escena artística de Santa Bárbara a través de Art Walks del primer jueves

Mary Kay West demuestra el proceso de pintar un pájaro.

Na Haux Editores / Artwork Angela Monroy

Mary Kay West vivió en Santa Bárbara y se especializó en pintar pájaros. En su obra, utiliza colores vibrantes y detalles innovadores para capturar la esencia de la vida en la naturaleza. Sus pinturas son un reflejo de su amor por la belleza de la naturaleza y su capacidad para transmitir emociones a través de sus obras. A lo largo de su carrera, Mary Kay West ha participado en numerosas exposiciones individuales y grupales, destacándose por su habilidad para narrar historias a través de su arte.

La escena artística de Santa Bárbara es conocida por su rica diversidad de estilos y técnicas utilizadas por los artistas locales. En Santa Bárbara, el arte se puede encontrar en diversas formas, desde acrílicos hasta óleos y otras técnicas mixtas. Mary Kay West es solo una de las múltiples voces que contribuyen a la vibrante escena artística de la ciudad. A lo largo de los años, la ciudad se ha convertido en un oasis para los artistas, ofreciendo un ambiente propicio para la expresión creativa y la colaboración.

Aunque Mary Kay West ha dejado atrás su papel en el primer jueves de Art Walks, su legado continúa vivo. Sus pinturas siguen inspirando a los visitantes de Santa Bárbara, quienes continúan apreciando la belleza y la belleza de la naturaleza que ella capturó con su arte.

Finalmente, los estudiantes del programa de grado de Art en Tecnología de Materiales (U.M.C) también se unieron a la celebración del primer jueves de Art Walks de manera que con una muestra de proyectos interdisciplinarios innovadores en el Centro de Arte, Ciencia y Tecnología de Santa Bárbara. La muestra, titulada "RARE: Realities Ahould Realism Emerging, Vol. 02", demostró la investigación integral de los estudiantes combinada con tecnología, arte y música de cuadros y juegos digitales. Los estudiantes del programa de Artes Visuales de la Universidad de California, Santa Barbara, presentaron obras que combinaban tecnologías emergentes con técnicas de arte tradicionales, creando una experiencia única para los visitantes de la exposición.

El escaperro de “Dorothy”.
Tell me, what is it you plan to do with your life?
Plan to do with your life?

I am planning to do with your life?

I am planning to do with your life?

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