SB County Board of Supervisors unanimously pass Supervisor Capps’ bluff safety plan

Anushka Ghosh Dastidar

Community Outreach

Isla Vista’s local government and UCSB organizations celebrated Día de los Muertos with several events and activities. The event included live mariachi band; Grupo Tolteca Mexicano, a traditional Mexican folk group; and Izkalotl, a group that studies the traditional altars set up to celebrate the annual holiday.

The event also featured a community arts and crafts station with materials and supplies to create ofrendas, or offerings, consisting of things such as flowers, food and art, artifacts and jewelry, with all proceeds going towards scholarships for undocumented students. Attendees were invited to try the provided foods, including pan de dulce, aguas frescas and tamales.

The proposed safety plan includes regulating fence heights, lighting, warning signs and cliffside bathrooms. The plan also includes installing safety measures to ensure increased precaution taken around the cliffs in IV. The plan includes regulating fence heights, lighting, warning signs and cliffside bathrooms, contributing with photos of ofrendas at the event for guests and promoting cliff safety. The event also featured a community arts and crafts station with materials and supplies to create ofrendas, or offerings, consisting of things such as flowers, food and art, artifacts and jewelry, with all proceeds going towards scholarships for undocumented students.

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In collaboration with local campus entities, the UCSB Chicano/Latino Cultural Center hosted its 9th annual Día de los Muertos celebration on Nov. 2 on the front lawn of the Student Resource Building (SRB). Since its first occurrence in 2014, this annual event has become a tradition for the UCSB Chicano community in UCSB and in the greater IV. The event featured various music and dance performances, food and a silent auction.

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Vista Point: Weekly goings-on in and around Isla Vista

Community and give space for MCC Lounge.

The MCC hosts a monthly gathering on Thursday, Nov. 9, from 6-7 p.m. at the MCC Lounge. The event will feature a discussion on the importance of community for members of the LGBTQIA+ and non-binary identity.

Women’s Center is hosting a private screening of "The Handmaid's Tale."

The event will be a safe and quiet gathering for people with HIV/AIDS.

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"Exploring the Asian Landscape"

A talk hosted by the Asian American Alliance. The event will be held on Thursday, Nov. 9, from 6:30-7 p.m. in the SRB MPR.

"Join us at Storke Family Testing kimchi jjigae, a Korean..."

The Office of the External Services Coordinator is hosting a new moon stargazing for prospective attendees. must register in advance.

"Have a fun and creative..."

The Shoreline description reads.

"Please join us for an evening of food and conversation to celebrate the Queer and Non-binary community dinner..."

UCSB Sustainability is hosting a new menu featuring Queer and Gender Diversity.

"We will be guided by the sight..."

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Contraceptive vending machine awareness of UCSB students

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<th>Know of machine</th>
<th>Referred someone to machine</th>
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<tr>
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<td>16%</td>
<td>50%</td>
<td>10%</td>
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</tbody>
</table>

California legislation mandates contraceptive vending machines at public universities, UCSB sells Plan B for 15 dollars

UCSB extends deadline to change grading option for Fall 2023 courses

Each University of California campus is required to have at least one Wellness Vending Machine, as mandated by the California legislature.

The vending machines are restocked by the Women's Center Administrative Coordinator Jessica Evers, who monitors the machine and its other products.

The vending machine project was in development for 2017 due to academic uncertainty following the COVID-19 pandemic and, according to Intelligent Dispensing Systems Inc, the higher education strike across the UC system.

Merrill encouraged students to consult with their advisors about which grading option is best for you,” Merrill said in the email.

He also reminded students that the nontuition-based scholarships are the only option eligible for nontuition-based courses.

“Please remember that all P/NP courses at UCSB— including pre-major courses, courses in the preparation for a major, and upper division major courses—are eligible for the nontuition-based option, though a minor will need to be taken for letter grades and, optimal grading is not allowed for all courses,” Merrill said in the email.

Merrill noted that intercollegiate athletes should confirm with advisors whether a NP grade will affect their eligibility and that students claiming veterans benefits should check with the Office of Financial Aid and Scholarships.

Students can find out more about the new grading option on the College of Letters & Science website.

USCB extends deadline to change grading option for Fall 2023 courses

Each University of California campus is required to have at least one Wellness Vending Machine, as mandated by Assembly Bill 2482.

Lisa Rayner
Staff Writer

The campus community has been told that a new Wellness Vending Machine selling contraceptives and health items following in establishment in 2017. Each University of California campus is required to have at least one Wellness Vending Machine, Cal State and City College community college campuses are not to have at least one machine at five of their campuses in accordance with the 2022 Assembly Bill 2482.

The vending machines are mandated to include condoms, dental floss, menstrual products, ibuprofen, pregnancy tests and emergency contraception, as Plan B, at no charge.

Before the legislation, a UCSB Associated Students effort to achieve awareness and accessibility to contraceptives products on the weekends, the establishment of the Wellness Vending Machine in the UCS Santa Barbara Student Union on the second floor of the UC student union, on the Ocean Avenue floor, the vending machine with emergency contraception, pregnancy tests, condoms and as well as with allergy and pain medication, semiprescriptions.

Without insurance, Plan B and other generic emergency contraceptives typically cost $75 to $125, said Evers, the Student Health Center and Women's Center Coordinator.

“Generally, the director of women, gender, and sexuality, Barbara Faculty Legislature, approved by the UC Santa Barbara, extended the grading option on the College of Letters & Science website.

The email read, "We believe this extension will help you make informed decisions about your education goals, and we look forward to seeing you in the fall of 2024 with this new grading option."
A.S. Senate tables four bills for following weekly meeting on Nov. 1

First female Senate Historian, UCSB alumna Betty Koed retires

UCSB named Fulbright Hispanic-Serving Institution leader for third consecutive year

The three others bill the Senate discussed during the meeting were largely internal.

Juliette Becker

UC Santa Barbara alumna Betty Koed retired in October after serving 25 years as the United States Senator and has never been a Senator. Koed reviewed her life in campus politics in an interview with the Daily Nexus.

"I was just finishing my dissertation, which focused on the University of California, which I considered an academic institution. I was always learning about the history of the U.S.

Koed applied and got the job, beginning June 15, 1998. She is returning as a staff member of the Senate.

Koed is a three-time UCSB alumna, obtaining a bachelor's degree in English, a master's degree in history, a doctorate in history, and a philosophy degree at the university.

Following her education, Koed initially wanted to pursue a career as a history professor until she came upon a position at the U.S. Senate.

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UC-wide unit protests for better contracts, renegotiations pending next year

Lizzy Rager
Staff Writer

IUCVSD hosts parking town hall

Sindhu Ananthavel
Layout Editor

The Ida Vista Community Services District hosted a town hall on Nov. 1 in the Ida Vista Community Center to discuss parking issues in the area. The meeting was held to provide IVCSD, UC Santa Barbara and the County of Santa Barbara officials an opportunity to share their thoughts and address concerns from the community.

The meeting took place on Tuesday, Nov. 1 from 6:30 to 8:00 p.m. with a break in between for feedback. The IVCSD, UC Santa Barbara and County of Santa Barbara officials were in attendance to discuss their solutions to parking issues.

The data collection is scheduled to conclude in summer 2024 with the final report projected to be completed in time for fall 2024.

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The SB County Board of Supervisors voted unanimously to pass the case for the ACTIVE residential fee waiver. The SB County Board of Supervisors voted unanimously to pass the case for the ACTIVE residential fee waiver.

**Bluff Safety Plan**
Continued from p.1

**[SB] added a lot of parents coming through, asking all the questions and wondering why their kids are panicked about housing during the November’s interview with the Nexus.**

Continued from p.1

**“It shows a partnership and willingness of companies in work with our office and continues to have strong relationships with UCSB and UCNO not just being another management company that you don’t really know about,” Long said.**

Continued from p.1

**“This year, it seems like we still have housing in Isla Vista. Of the factors that I’ve been told is that the numbers of students coming and not the parents coming,” Long said.**

Continued from p.1

**“The district has been an extraordinary effort to get bluffs safety for years, according to Third District Supervisor Joan Hartmann. Although the plan was passed in the end, the Isla Vista Bluffs are crucial in creating a more permanent solution,” Hartmann said.”**

Continued from p.1

**Additionally, Long emphasized the importance of taking small steps to ensure bluff safety, such as raising fence heights — a solution directly informed by our at-risk population on the bluffs.”**

Continued from p.1

**“I think the memorial wall will be a profoundly effective piece to educate people, but it is an ongoing matter, and we tried hard to land the effort on the Del Playa Bluffs that there’s some notice in the leases to parents about the dangers of cliff falls in the town living there,” she continued.”**

Continued from p.1
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Jane Error
White-phobic

Your Friday started off mostly normal—just the end of another day done drudge through the work, culminating in plans to finally go out with your friend on Friday night. But, you were confused when you (with the sweet, chiffon innocence of a guy who’s never been humiliated at an India Cash & Carry) invited your next-door neighbor over for an early dinner at 5 p.m. It suddenly became clear to you, however, when he pulled out his party-going polo shirt and his Owl City getting-ready mix.

Jared, what the hell is this? You asked, horrified.

“Well,” he explained with a pointed look at you. “If I tell you to come at 5 you have to say this at 5:30 —” (which is totally unfair, since you were there before 5:20 p.m.) “— then after dinner, we’ll start our pregame at 7 and leave at 8, assuming it takes us about 30 minutes to reach DP. Of course, I might be overestimating, but better safe than sorry!” he said with a cheery grin.

“Jared, this is insane,” you countered, like a reasonable person. “Who would show up to a party that early!”

“Early is on time, on time is late, and late is —” and at this point he started to make a gargling noise as if he had been poisoned and you couldn’t hear the rest.

When you arrived at the party just after sunset, you were at a loss for how to react. On the one hand, you were expecting to see two fucking hours before people even start showing up Jared, like, what the fuck?

“Not to worry, I came over early,” he assured, pulling out the phone to do the Wordle. “I’m not gonna lose my streak! What should my first guess be? Audio or ‘Adieu’?”

Once that form of entertainment was exhausted and his 140-day streak was satisfied, he pulled out the ‘New York Times’ mini crossword puzzle.

“No, Jared,” you yelled over the lack of crowd when he asked, “I don’t know a four-letter word for the heaviest flying bird in North America and, frankly, I’m surprised you think I have enough presence of mind for this conversation right now.”

Before he could pull out more words games on his phone, the DJ took pity on you and the music started up. Though you can’t always count on Jared to be the best dancer, you can always count on him to bring the energy. And you know you never wanna do the ‘bum bum bam’ in “Sweet Caroline” alone.

Jane Error is now late, nor is she early. She arrives precisely when she means to.

We do always have the right of way: a local

White friend shows up to DP party at 8:30 p.m.

“The Daily Stench
It’s Satire, Stupid.

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“We have the right of way.” Local bikers continue to cut off ambulances

Valerie Fu / Daily Nexus

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River undammed: Largest dam removal in history underway, researchers optimize water management

USCB lab studies emergence and disease risk of mosquito-borne viruses

"Diseases like dengue are becoming much more common due to the expansion of the range of the mosquito species that transmit it."

The human death toll attributed to malaria alone is more than 2.5 million people who have died in all of the risk environments and social will increase. Mosquitoes are highly adaptable to changes in the environment, but only a select few mosquito species are causing the disease.

Mosquito-borne diseases such as dengue, malaria, yellow fever, chikungunya, and Zika are transmitted by mosquitoes. The transmission of these diseases is influenced by environmental factors such as temperature, humidity, and precipitation patterns.

In terms of prevention and control, measures such as the use of insecticides, the use of bednets, and the provision of mosquito control programs can help reduce the risk of mosquito-borne diseases.

Michael Foley
Reporters

On Oct. 30, Alison O'Dowd, professor at the California Polytechnic State University, San Luis Obispo (Cal Poly), and co-director of the River Information and Management Project, cited the removal of the Klamath River’s dams as proof that the benefits of dam removal are affecting mosquito populations and the disease environments associated with the increased growth.

The increase in mosquito populations and vulnerable areas with more breeding grounds and consequentially an exponential increase in mosquito populations. The cascading events create a spread of mosquito-borne diseases such as West Nile virus and dengue.

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La conveniencia costosa de entrega de alimentos y una visión de competencia local

Samarah Paulino
Escritora para Ciencia y Tecnología
Anthony García
Editor de La Vista
El Nexo Diario

En un aparato, no es posible evitar un móvil porque está en una ubicación. Además, la luz visible de los dispositivos no es dañosa ni para la salud ni para el medio ambiente. "El uso de estas plataformas aumenta nuestras probabilidades de comer más... con un valor más alto, David Ramsey de Harvard. Aunque la luz azul tiene un efecto en la retina que puede resultar de la intensidad, no se debe exponer a un nivel más alto a luz azul de dispositivos antes de dormir. Esto es porque los rayos peligrosos se pueden eliminar a largo plazo si se hace una exposición diaria.

(El móvil) no es una pantalla funcional para tomar decisiones conscientes. Los dispositivos pueden ayudar a nuestros órganos y nuestra mente a tomar decisiones más conscientes. Aunque se puede decir, por lo que los rayos peligrosos pueden ser utilizados para ayudar a nuestros ojos a aprender el día siguiente.

Algunos consejos que los estudiantes de UCSB, Isla Vista y el campus de UCSB podrían crear un mercado local de alimentos. Entre ellos están los negocios locales y las iniciativas para crear opciones más accesibles. Como lo menciona un trabajo de Columbia, podemos hacer un esfuerzo efectivo y ecológico al apoyar a los negocios locales. Los estudiantes pueden hacer un esfuerzo efectivo y ecológico al apoyar a los negocios locales de la comunidad.
Men's water polo finishes with second-best record in Big West

**Women's water polo secures Halloween win**

Senior outside hitter Michelle Ohwobete looks to score a point.

**Men's soccer wins thriller in Big West tournament**

Senior forward Michelle Ohwobete scored her second-half goal to seal the 3-1 victory. The Gauchos were able to secure their second-straight Big West title.

**UCSB Athletics**

UCSB Athletics is thrilled to announce that the Gauchos have secured their second-straight Big West title. The win is the team's 13th straight league victory and 20th overall in the Big West Tournament.

UCSB Athletics

**UCSB Women's Water Polo**

UCSB Women's Water Polo is headed to the NCAA Championships after securing their second-straight Big West title. The Gauchos defeated California Polytechnic State University, San Luis Obispo, 11-7, on Saturday, Nov. 10, to advance to the NCAA Championships.

UCSB Athletics

**UCSB Women's Volleyball**

UCSB Women's Volleyball is headed to the NCAA Championships after securing their second-straight Big West title. The Gauchos defeated California Polytechnic State University, San Luis Obispo, 11-7, on Saturday, Nov. 10, to advance to the NCAA Championships.

UCSB Athletics

**UCSB Men's Soccer**

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UCSB Athletics

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Taylor Swift released her fourth album, "Now," on Oct. 29, 2023, marking a stark turn for the former pop princess and changing the scope of pop music forever. With lush, dreamy synth and heavy 80s influence, "Now" contributed a new era, with the most iconic figures of its genre now being Paul McCartney and John Lennon.

"Now That We Don't Talk Anymore" (Taylor's Version) is the forth song on the album. It’s a rich, lush sound that immerses you in the song’s captivating lyrics. The track opens with an acoustic guitar, setting the tone for a nostalgic, retro vibe. Swift’s mature vocals shine through, captivating the listener from the first note.

The song explores themes of heartbreak and the passage of time. Swift delivers a heartfelt performance, breathing life into the lyrics. As the song builds, the instrumentation evolves, with layers of acoustic guitar and heartfelt vocals.

"Now That We Don't Talk Anymore" is a testament to Swift’s ability to continually evolve her sound and style. It’s a masterful blend of past and present, creating a timeless piece that resonates with listeners on multiple levels.

Taylor Swift

10/10

Our Instagram bio: @dailynexusartweek

*Text continues on the next page.*
Crumbl Cookies prides itself on its inventive cookie flavors, such as Pink Velvet, Brookie, and Banana Cream Pie. Their rotating menu of over 200 varieties each week, plus their classic Semi-Sweet Chocolate Chunk cookie and some ice cream flavors. The cookie empire rarely repeats flavors, meaning that if you favor a drool-worthy cookie flavor one week, there’s a very good chance that you’ll be able to experience those flavors again in the foreseeable future. Originally based in Utah, Crumbl Cookies was founded in 2012 and now has over 800 stores across the United States.

Most recently, Crumbl Cookies opened at 5660 Coldwell Rd. Last month. For those who don’t know, Crumbl Cookies is a chain of bakeries that specializes in baking a variety of enormous cookies. The rotating menu of over 200 cookies serves up five unique cream flavors each week, plus their classic Semi-Sweet Chocolate Chunk cookie and some ice cream flavors. The cookies empire rarely repeats flavors, meaning that if you favor a drool-worthy cookie flavor one week, there’s a very good chance that you’ll be able to experience those flavors again in the foreseeable future. Originally based in Utah, Crumbl Cookies was founded in 2012 and now has over 800 stores across the United States.

But, do they really live up to the hype? We didn’t think so. With all their piled toppings, the cookies increases, the price 12 cookies. As the number of toppings in a cookie a two out of five. We didn’t think so. With all their piled toppings, the cookies increases, the price 12 cookies. As the number of toppings in a cookie is nothing less than a candy bar, we might as well just say we were a little disappointed.

How to make it

1. Preheat the oven to 375°F. Line two baking sheets with parchment paper.
2. In a large bowl, cream together the butter and sugar until light and fluffy. Add the eggs one at a time, beating well after each addition.
3. Stir in the vanilla extract and mix well. Add the flour, baking powder, and salt and mix until just combined.

Ingredients
- 1 1/2 cups unsalted butter (room temperature)
- 2 1/4 cups superfine sugar
- 3 large eggs
- 3 teaspoons vanilla extract
- 3 1/2 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt

Get a taste of home with this apple pie smoothie

**Ingredients:**
- 2 cups apple (Granny Smith, McIntosh, Gala or Honeycrisp)
- 3/4 cup Greek yogurt
- 1/2 teaspoon cinnamon
- Sprinkle of nutmeg
- 1/2 cup apple juice
- Half a cup of ice cubes

**Directions:**
1. Wash, peel and remove core from apples.
2. Put all of the ingredients into a blender and blend until smooth.
3. Pour and enjoy!

The great thing about this recipe is that it’s very open to customization. Apples and cinnamon are also welcome additions to the spices above. If you just hate the gym, a scoop of Greek yogurt! Try it for a sweet bite. Of course, no-
Our lives are an amalgam of experiences: moments and memories. Despite the things that are constantly happening, nostalgia is always apparent in the hum of our lives.

In and of itself, nostalgia is paradoxical in the way that it offers us comfort with moments that we have lost to time. It supplies us with warmth when we feel as though something is missing. At the same time, it can confine us to life in the past or the future: what was or what could be.

Nostalgia is the memories that have shaped me to be the person I am today. My brother’s and my yearly “Star Wars” binge in his room, the nightly sneaking of my Nintendo DS under my pillow when my dad was at work, “swimming” in my friend’s pool every summer, even though I can’t swim. Roads that my parents took to get to school, dance class and karate still have the power to make me feel 9 years old again, and it’s quite refreshing to see where I was and who I once was.

Without nostalgia, we wouldn’t be human. However, I have noticed that there is a dichotomy with appreciating time that is lost to nostalgia without losing ourselves in it. We often lose the present in the attempt to remember.

When we experience a euphoric moment, it’s difficult to come to terms with the comedown that follows. We tend to unconsciously avoid this connection by living in the moment, replaying that memory over and over, and mourning the memory with the knowledge that it is in the past.

It becomes an unproductive loop because it prevents us from moving forward and being comfortable. The more we think about past events, the more comfort can come from various places.

whether it be a fear of change or an unwillingness to let go. I believe it shapes who we are. Longing for the past is Beautiful because it shows human kindness and compassion. It shows how deep our love can go no matter the circumstance. While nostalgia can be a positive means of facing our memories, you should leave the past where it belongs.

I miss some of my high school friends and the uncertain excitement of living in Los Angeles. At the same time, I know that my friends and I have outgrown each other and are not the same people we were at 15. I know that my parents’ crazy two-bedroom apartment in Hollywood is home, but it’s not the place I come to after a long day of classes and work anymore. But rather than being sad about it, I have much more appreciation when I visit home or get a text from an old friend or can admire something for myself. I can either motivate us to real or imaginary love and can be touching one another about the chemistry between us. Despite the chilly nostalgia of having a cold, it also provides me with a sense of warmth and fondness toward my parents who I now rarely see. This gentle reminder of them and the way they express their love gives me the opportunity to miss in moments when I become too occupied with my life at college.

I do value this feeling and always being able to rediscover my memories, but I know that mindfulness is a good takeaway. Equanimity is subjective and can be applied to any part of your life. I think of it as being mindful, staying present and finding beauty in the mundane.

My experience with implementing equanimity in my life has resulted in a lot of personal growth and a greater understanding of the things outside of my daily life. I interpret my inability to blake a blushing as I can enjoy my walks back home from campus. With my headphones shutting me off, I can observe the world around me. I notice a five-person friend group gossiping and laughing about their day and some guy said at the gym I see two best friends communicating about another about the chemistry between us. Despite the chilly nostalgia of having a cold, it also provides me with a sense of warmth and fondness toward my parents who I now rarely see. This gentle reminder of them and the way they express their love gives me the opportunity to miss in moments when I become too occupied with my life at college.

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