# Editorial: UCSB has no place in war; We must divest

these

### Nexus Editorial Board

UC Santa Barbara must divest from companies profiting off the violence in Gaza and cease being a proponent of war.

The primary mission of UCSB is to uphold pillars of accountability and integrity in providing a space for all students to receive higher education. Multiple defense weapon manufacturers investing in UCSB undermine these very pillars that are core to the university.

The Nexus is publishing this editorial in light of campus response to the escalating violence and deaths in the Gaza Strip following the Oct. 7 attack on Israel by militant group Hamas.

UCSB cumulatively received investments of over \$3 million from various defense companies that are actively supplying U.S. machinery to the state of Israel. These investments bear career pipeline programs for UCSB engineering students, research contributing to the advancement of defense technology and an overall partnership that renders UCSB complicit in its contribution to the deaths in Gaza.

This editorial is a reflection of editors and reporters who have covered the issue of divestment at UCSB since 2021 and aim to deliver unbiased information to the public through news coverage. With our experience in reporting and holistic perspective on the history of divestment at UCSB, the university's fiscal partnerships with defense companies and the enduring impacts to the current student populace, we can no longer be silent.

The Nexus recognizes that to publish this editorial is to take a stance on university divestment a contentious issue at UCSB, the only UC where Associated Students has not passed a divestment resolution. We want to emphasize that editorials are separate from news coverage; the Nexus has previously published editorials on issues we have concurrently covered and will continue to provide unbiased coverage.

In focusing on Palestinian students, the Nexus is not negating the existence of antisemitism at UCSB and across the UC system, specifically highlighting how Palestinian students are marginalized by UCSB's ties with

weapons manufacturers.

Divestment has been contentious topic on all UC campuses for over a decade, but especially at UCSB. UC San Diego passed its resolution in 2013, UC Riverside in 2014, UC Berkeley in 2015, UC Davis in 2015, UCLA in 2021, UC Irvine in 2021 and UC Merced in 2023.

Resolutions in student government are positional, meaning they suggest an action for an entity to take but do not have any actual power to enact what has been voted on.

UCSB's Associated Students (A.S.) Senate has been presented with a resolution to divest in 2013, 2014, 2015, 2017, 2018, 2019 and 2021, and each time - save for 2018, which did not see a vote did not pass the resolution after hours of discussion. This failure to reach a consensus juxtaposed with the other UC student governments' decisions is reflective of the campus climate UCSB has fostered regarding the issue of divestment.

UCSB's A.S. Senate recently passed a resolution condemning the militant group Hamas. The resolution saw dissent from members of the student body and student groups who were not included in discussions around the bill's formation. The groups rallied outside Corwin Pavilion until police were called on the crowd. The Nexus was unable to verify the caller and reason, but the weaponization of law enforcement against pro-Palestinian protestors is reflective of the current escalation in campus climate.

The original and edited versions of the resolution wholly condemn the violence of Hamas but do not make any mention of the Israel Defense Force's (IDF) violence in the Gaza Strip. There are six points directing the condemnation of Hamas and one point that mentions the loss of life in Gaza.

"The Associated Students hereby: mourn all civilian loss of life in Israel and Gaza as a result of the ensuing war," the one point

A.S. Senators were elected to represent the student populace and produce policy that is reflective of the needs and concerns of all UCSB students. By not mentioning the IDF's killing of over 14,000 Palestinian civilians and not wholly acknowledging its commitment of violence in Gaza, this resolution does not adequately

constituents.

emphasize

this editorial is not directing the

A.S. Senate in how to address a

divestment resolution. However,

the aforementioned hostility and

conflict between UCSB students

and their elected officials is a

manifestation of the continued

marginalization of Palestinian voices, facilitated by companies

actively contributing to the crisis in

the Gaza Strip investing in UCSB.

to an unprecedented level, with

civilians being killed at a "historic"

pace according to the New York

Times and hundreds of thousands

been killed in the current crisis

in Gaza as of Nov. 24, and 1,200

Israeli civilians have been killed,

primarily during the Oct. 7 attack.

ties with weapons manufacturers

is to sign off on these attacks,

contradicting international calls

The ongoing crisis has created

fissures in UCSB's campus climate,

exposing acts of aggression and

violence toward those shedding

light on an international injustice.

This decade-long discussion on

divestment has bred hostility

among our student population, as

addressed in a 2019 Nexus Letter

from the Editor, and it has only

Most recently, pro-Palestinian

individuals on our campus have

faced doxxing - from accounts

such as @IsraelWarRoom on X

(formerly Twitter) - harassment

and silencing for speaking on their

perspectives and experiences on

the ongoing crisis. Jewish students

have also voiced instances of

antisemitic rhetoric during the

Nov. 8 and Nov. 15 Senate

partnerships with the companies

listed below and maintaining links

with weapons manufacturers,

UCSB is alienating Palestinian

students and allies. This is reflective

of an institution that has failed to

financial

continuing

meetings.

By

escalated in the four years since.

for a ceasefire.

For UCSB to continue having

14,854 Palestinian civilians have

of buildings reduced to rubble.

This violence has escalated

accommodate the needs and concerns of its Palestinian students and allies, who are also their

statement, UC President Michael Drake and all 10 UC Chancellors condemned campus-wide acts of bigotry and intolerance, stating that "free speech is not absolute and violations of policy or law will

provide a safe environment for all

In a Nov. 10

speech extends to the classroom. "Our educators must continue to provide supportive

have consequences." They go on

to specify this restriction of free

Marshall condemning the "violent attacks on Israel and escalating devastation in the region." No direct mention of Gaza has been made thereafter, although students have been helpfully reminded of the mental health resources that are available on campus.

#### **UCSB's Donor Portfolio**

The following non-exhaustive list of corporations are listed in UCSB's annual reports under the aforementioned categories since 2010: Lockheed Martin, Hewlett-Packard, Raytheon and Caterpillar Inc. All of these companies have delved into defense contract work and development and have been subject to UC-wide controversy regarding its involvement with the

> Israeli government defense.

welcoming and environment for all students and avoid using classroom time for improper political indoctrination," statement read.

Beyond providing a safe environment, UCSB also has a responsibility to fulfill its educational promise by allowing the issue to be discussed in classroom spaces. To restrict this discussion is stifling the voices of experts on this history and topic and the students who could engage in academic discussion. The Nexus reached out to several pro-Palestinian UCSB faculty who declined to provide statements.

Drake announced on Nov. 15 that the UC Office of the President will dedicate \$3 million to providing emergency mental health resources system wide, \$2 million to developing educational programs informing on conflict and \$2 million to training staff and faculty in areas such as academic freedom and diversity inclusion. Additionally, there will be further emphasis on campus safety and the creation of a Systemwide Office of Civil Rights to guide and navigate civil rights violations on campus.

These efforts were made only after an immense amount of pressure. If this institution truly cared about cultivating an environment for open, unbiased discussion and freedom of expression for staff, faculty and students, then it would cease receiving these investments entirely.

UCSB's responses to this international conflict and its repercussions on campus have been minimal. The only direct reference made to the issue is in an Oct. 10 email statement to the campus community from Chancellor Henry T. Yang and Executive Vice Chancellor David

notably its involvement in the siege of Palestine.

The U.S. government provides grants for the global acquisition of U.S. defense equipment, services and training through its Foreign Military Financing program, supplying developing democracies like Israel defense technology from private corporations in the name of global allyship. The companies listed in this editorial have ties to Israeli defense and have significant financial ties to UCSB as a university.

UCSB compiles an annual report on private philanthropy for the university, listing foundations, organizations, trusts and corporations that totals to "over 10% of student experience" in private funds.

The major titles given are the Lancaster Society - for those who have contributed \$100,000 or more - Matching Gifts - for those who "matched gifts from alumni, parents and friends" Gold Circle – for those who have contributed over \$1 million - and Foundations, Associations, Trusts, Organizations and Corporate Contributors of \$10,000 or more. All of the companies have stakes in UCSB as an institution and are given benefits in collaboration with the university like establishing career programs, campus career development events, research and more.

### Raytheon

Raytheon is a defense contractor company that develops defense equipment and sensor technology for allied companies and nations globally. The company has significant ties

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# Charles Munger dies 3 months after dissolution of Munger Hall plans

Asumi Shuda Deputy News Editor

Berkshire Hathaway Vice Chairman and UC Santa Barbara donor Charles Munger died Tuesday, Nov. 28 at age 99. His passing follows the dissolution of the long-planned Munger Hall housing project this past summer.

Munger designed Munger Hall, a nine-story dormitory plan that sparked controversy due to its window-less design, and he was expected to contribute hundreds of millions of dollars to fund the

UCSB Chancellor Henry T. Yang expressed his condolences for Munger's passing.

"My wife, Dilling, and I are deeply saddened by the loss legendary philanthropist and internationally respected

businessman Charlie Munger, who was a creative thinker and a generous supporter of universities, including our UC Santa Barbara campus," he said in an email statement to the Nexus.

"We are profoundly grateful for his friendship these many years, his immense generosity, his passion, and his energy, which he brought to so many initiatives for the benefit of our campus to enhance research and learning."

Munger gifted over \$125 million to the university in the effort to build Munger Hall. He also continued to donate \$500,000 annual gifts to UCSB and fronted the university operations of the Munger Hall mock-up in a Goleta warehouse.

Munger's death comes three months after the university scrapping the building plans

for Munger Hall in August 2023, issuing a "request for qualifications" for architectural firms to design a new student housing project. However, UCSB Spokesperson Kiki Reyes said the university continued to keep in communication with Munger until his death.

"Mr. Munger has been a longterm supporter of our campus, and we have ongoing conversations with him," she said.

Reyes confirmed the progress in this new project in a Nov. 14 email to the Nexus.

"The campus is moving forward with a separate student housing project in order to meet our [Long Range Development Plan] targets of 3,500 additional beds," she said in the statement.

The committee in charge will design the project on

campus sites identified in the Long Range Development Plan (LRDP) – a contract between UCSB and Goleta to cap student enrollment until 2025 as well as build additional dormitories and units for faculty and staff. The committee consists of faculty members, housing and dining staff, administrators and architectural firm Skidmore, Owings, & Merrill of Los Angeles.

"The new residences will include dining facilities and common area amenities and will address pedestrian/vehicular circulation," Reyes said in the email statement.

In consultation with Yang and the Academic Senate, the Building Committee has been appointed to help oversee the planning phase of the project, which is now underway. The

committee will help guide the work of the architects, ensuring that all objectives are met and that the project remains on budget and on time.

Upon completion of the planning phase, UCSB looks to seek approval from the UC Board of Regents to expedite the construction to meet the LRDP contract.

"The campus has already completed extensive including site and environmental studies at the proposed locations, which will help accelerate the planning phase," Reyes said.

Speaking to progress in housing goals, Reyes said there are approximately 250 open beds this fall in campus housing and the department has begun converting some triple-occupancy units to double-occupancy.

## Goings-on in and **Around Isla Vista**

Asumi Shuda Deputy News Editor

#### Men's rugby team hosts second annual blood drive

The UC Santa Barbara men's rugby team is holding its second annual blood drive on Thursday, Nov. 30, from 11:30 a.m. to 5 p.m. outside of the Thunderdome, adjacent to the main campus bike path.

The drive is open to all UCSB students.

### Arts and Crafts at UCSB invites students to soap making

Arts and Crafts at UCSB is hosting a soap making night on Thursday, Nov. 30, at 1 p.m. at North Hall 1006.

The event will also cover topics on financial sustainability and lessening the use of plastic.

All materials will be provided, along with snacks.

### Arts & Lectures presents **Audra McDonald**

Arts & Lectures invited Audra McDonald for its "in Concert" series on Thursday, Nov. 30, from 7-8:30 p.m. at Campbell Hall.

"Enjoy an intimate evening with a national treasure as Audra McDonald - winner of a recordbreaking six Tony Awards, two Grammy Awards and an Emmy - performs works from Broadway, the Great American Songbook and beyond," the Shoreline description read.

#### **UCSB** Sustainability discusses local flora natural dyes workshop

Edible Campus Program and Nature Wellbeing Program will discuss the preservation of local flora in a natural dyes workshop on Friday, Dec. 1, from 10-11 a.m. at the Methodist Garden in Isla Vista.

Materials will be provided, but attendees are encouraged to bring reusable cloth, tote bags, cotton clothes, tea towels or linens.

"In this workshop, we will collect our favorite flowers, plants, and leaves at Methodist garden and learn how to preserve their beautiful imprints and colors," the Shoreline description read.

#### **Trans** Queer **Edible** Commission and Campus Program present scavenger hunt

Trans and Queer Commission and Edible Campus Program are hosting a rainbow scavenger hunt for LĞBTQ+ identifying students on Friday, Dec. 1, from 12-1 p.m. at the UCSB Greenhouse Garden Project in I.V.

"Enjoy a fun rainbow scavenger hunt through the garden to get to know other queer students and what's growing in GHGP," the Shoreline description read.

Snacks will be provided.

#### UCSB Sustainability hosts workshop on managing anxiety UCSB Sustainability is presenting

a workshop on managing anxiety and panic attacks on Friday, Dec. 1, from 1-2 p.m. at the Methodist Garden in I.V.

"Get an opportunity to learn about different strategies that can help with controlling and preventing Anxiety/Panic attacks in a natural the Shoreline environment," description read. "Become aware of signals and practice some exercises in nature to maintain a healthy mind and body."

### The Public Domain Players presents fall festival

The Public Domain Players, a student-produced theater group, is preparing for its second annual "Out of the Hat Fall Festival" through an informational meeting on Friday, Dec. 1, from 6-8 p.m. at the I.V. Community Center.

The festival is sponsored by I.V. Arts, the English Department and The Early Modern Center.

#### MultiCultural Center hosts open mic with Melina F. **Poinsettia**

MultiCultural Center The (MCC) is hosting its quarterly open mic, featuring Miss Ventura 2023 Melina F. Poinsettia, on Friday, Dec. 1, from 7:30-9:30 p.m. at the MCC Lounge.

"This quarterly open mic is for anyone to express themselves using creative outlets including spoken word, poetry, music and dance," the Shoreline description read.

Students are encouraged to register on Shoreline to attend.

#### Community Affairs Board beautifies Friendship Manor

Associated Students Community Affairs Board is inviting students to help with landscaping at Friendship Manor Retirement Home on Saturday, Dec. 2, from 11 a.m. to 1 p.m.

Free Woodstock's pizza will be provided.

Students are encouraged to sign up at a designated link on Shoreline. Association for Women in Mathematics hosts hiking social

The Association for Women in Mathematics is hosting a hike social on Sunday, Dec. 3, from 9-11 a.m. at the Los Carneros Park Trail.

The group will head to Kin Bakeshop in Goleta for coffee and donuts thereafter.

Students must sign up for carpooling purposes.

### Office of International Students & Scholars discusses F-1 employment

The Office of International Students & Scholars is hosting an in-person workshop on F-1 employment on Tuesday, Dec. 5, from 3:30-4:30 p.m. at the Student Resource Building multipurpose

"Join OISS for a CPT + OPT Workshop covering the details and differences in these work authorizations, followed by Q&A," the Shoreline description read.

The workshop is open to undergraduate and graduate F-1 visa holders.

### **UCSB** Nature Wellbeing Program hosts mindfulness collaging

The UCSB Nature Wellbeing Program is hosting a mindfulness collaging workshop on Wednesday, Dec. 6, from 10-11:30 a.m. at the St. Michael's University Church.

All necessary materials will be

### Arts & Lectures presents Mariachi Sol de México

Arts & Lectures is presenting Mariachi Sol de México in a holiday music concert special on Wednesday, Dec. 6, from 7-8:30 p.m. at the Arlington Theater.

"Experience holiday magic as José Hernández leads the renowned Mariachi Sol de México in a festive celebration that blends traditional Christmas carols and elements of Las Posadas," the Shoreline description read.

### Vista Point: Weekly A Week in UC Student News



Alex Levin University News Editor

#### **UCSD** student groups call for impeachment of A.S. **President**

Several student groups at UC San Diego have called for the impeachment of Associated Students president George Chi Ioi Lo following alleged instances of mistreatment, discrimination and retaliation, the UCSD Guardian reported.

Movimiento Estudiantil Chicanx de Aztlan (MEChA) at UCSD posted a letter on Instagram outlining various grievances against Lo.

The letter alleges that Lo mistreated Housing, Dining and Hospitality student workers on Oct. 3, disrespected several members of the Associated Students (A.S.) Senate on Oct. 18, discriminated against Students for Justice in Palestine (SJP) at a Nov. 1 A.S. meeting and retaliated against the A.S. Associate Vice President of Equity, Diversity and Inclusion on several occasions.

"It has come to our attention that Mr. Lo has repeatedly exhibited behavior that is detrimental to the well-being and integrity of our campus community," the letter read. "We believe that president Lo is guilty of 'improper' AND 'Unethical use of the position' as seen with his patterns of behavior."

According to the UCSD Guardian, SJP at UCSD, Groundwork Books, Muslim Student Union and the Ethnic Studies Undergraduate Community also endorsed the

The letter was submitted to the A.S. Judicial board, as well as other members of the Association.

#### **UCLA Middle Eastern** Student Association raises \$24,300 for Gaza relief

The Middle Eastern Student Association at UCLA raised \$24,300 for Palestine Children's Relief Fund, a charity organization working

to provide medical care to children in Gaza, the Daily Bruin reported.

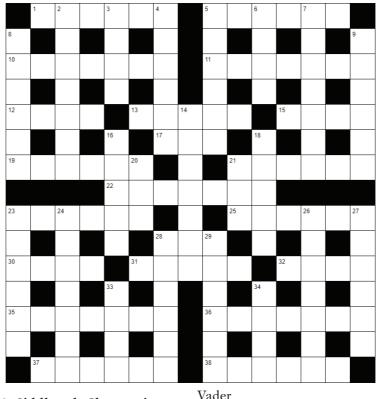
The Middle Eastern Student Association (MESA) raised the money by selling boxes of Krispy Kreme donuts at \$15 a box, donating half the proceeds to Palestine Children's Relief Fund (PCRF).

MESA received donations from 1,941 supporters during the fundraiser and sold nearly 39,000 donuts.

"It was really important for us to find an organization that can deliver critical aid," a member of MESA, who was granted anonymity due to safety concerns around Islamophobia on campus, told the Daily Bruin. "PCRF stood out to us because they are on the ground providing essential medical supplies, food, medical treatment, clean water and other necessities for families in the conflict."

The MESA member said the organization plans on hosting future fundraising events.

### The Daily Nexus Crossword



Siddharth Chattoraj Data Editor Angelina Song Assistant Data Editor

### **ACROSS**

1. Blooms in the spring, wilts in the winter

5. Intention to do evil

10. "O" in OSH (former hardware store)

Expect (elementary school club)

12. Cunning plan

\_\_ dreams; to be aware

of dreaming

15. Given on a special day 17. What Luke is to Darth

22. Hiltner. Gallucci, Kharitonova, etc. 23. Pail 25. Mother

style

losing sleep"

30. A small metric unit of

31. To change

32. French twist, classic bun,

28. Limb on the side of the

19. "\_, I've been, I've been

21. Middle Age architecture

human body

measurement

messy bun, etc.

35. Great basketball dribbling

warrior class 37. Greek goddess of wisdom

36. Member of the Japanese

and warfare

38. Yoplait, Chobani, Oikos, etc.

### **DOWN**

2. 1995, 1996, 1998-99 and 2011 (NBA)

3. \$14.95 spinach or wheat option at Hummus Republic

 $4. \, \varpi$ 

5. Camelot wizard 6. [a, b, c] in Python

7. To hold dear

8. To force

9. White noise on the television

14. Lotte Lehmann \_\_ Hall

16. German museum built by the order of King Frederick William III

18. Type of ape NFT 20. "Y" in F.A.N.B.O.Y.S

21. Python method that returns the value of a key in a dictionary

23. Luminous

24. "\_\_ \_\_ Crack" (children's game)

26. Naruhito's title

27. Hottest Wingstop wings 28. Largest American state

29. Very small or few 33. To run, to escape

34. Smoke fog

Crossword answers can be found on our website dailynexus.com.



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"It was a dark year."

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# A.S. Senate passes bill condemning Hamas, sparks dissent from student groups

Alex Levin University News Editor

The UC Santa Barbara Associated Students 74th Senate passed a bill condemning the militant group Hamas at its weekly meeting on Nov. 15 at Corwin Pavilion. The decision followed community reaction and discourse on the bill.

The passing of the resolution comes in light of the continued siege of the Gaza Strip by the state of Israel following an Oct. 7 attack on Israel by militant group Hamas.

The bill, titled "A Resolution to Condemn Hamas," calls for Associated Students (A.S.) to "unequivocally condemn Hamas" and "mourn all civilian loss of life in Israel and Gaza as a result of the ensuing war," as well as "denounce any celebration of the October 7th pogrom as vehemently antisemitic, anti-humanist, and morally despicable."

The resolution passed with 16 senators voting in the affirmative, four voting against the bill and one voting to abstain.

"[The bill] is the best good faith attempt to try and answer the concerns that are brought by a complex intersection of different students," A.S. Off-Campus Senator, Senate First President pro-tempore, second-year computer science major and bill co-author Ephraim Shalunov said during the meeting.

The vote to pass the bill followed several hours of discussion during the public forum segments of both the Nov. 8 and Nov. 15 Senate meetings, where students, faculty and community members shared their thoughts on the bill.

After the Nov. 8 meeting, the authors of the bill made several changes to the wording of the resolution to address the concerns

that were brought up during public forum.

One of the changes addresses criticisms that the Senate did not name specific pro-Hamas student groups on campus, as the authors of the bill replaced the sentence "denounce the hateful rhetoric of pro-Hamas student groups as antisemitic" with "denounce any celebration of the October 7th pogrom as vehemently antisemitic."

Additionally, rather than prompt A.S. to "recognize and honor students' rights to free speech but vehemently condemn hatedriven dialogue, misinformation, and false equivalencies," the bill now reads that A.S. should "find it self-evident that legitimate expressions of solidarity for the Palestinian people are distinct from endorsements of Hamas and terrorism."

"Careful consideration went into the processing and the ultimate creation of this resolution, a lot of minds were consulted on this," A.S. Off-Campus Senator and third-year chemistry major Eric Carlson said. "Senator Alvin Wang helped me very, very much in helping to edit it and making sure that the contents of the resolution are pretty damn good."

Many students and community members continued to voice their disagreement with the resolution at the Nov. 15 meeting.

According to meeting attendee and fourth-year psychological & brain sciences major Jordan Murray, a group of students left the meeting during the public forum segment and gathered outside Corwin Pavilion to protest the Senate's actions.

Murray said the situation escalated quickly, with the police ultimately being called to address the situation. The Nexus was

unable to verify who called the UCSB, I unequivocally condemn

"It wasn't a violent protest. I didn't feel like it was necessary to call the police, I think that was kind of overkill," Murray said. "Overall, it was a very chaotic situation to be in."

Senate did not immediately respond to the Nexus' request for comment on the commotion that occurred during the meeting.

Before senators officially voted on the resolution, Shalunov addressed the Senate directly about how they should approach the vote.

"The fact that this is the second week we are getting through this mind-numbing debate [is] offensive," he said.

"I have a question for you. Do you condemn Hamas?" Shalunov asked the Senate. "If the answer is yes, vote yes. If the answer is no, vote no."

In addition to the bill condemning Hamas, the Senate also discussed a separate bill to "Condemn Islamophobia & Antisemitism" at UCSB. However, the resolution did not pass, falling one vote short of the necessary total.

Following the meeting, several student groups at UCSB voiced their concerns with the Senate's proceedings at the meeting.

In an email to A.S. entities, the A.S. Commission on Disability Equity (C.O.D.E.) communicated concerns about the inaccessibility of the Nov. 15 meeting with regard to the virtual option not working, as well as the alleged conduct of members of Senate leadership toward the organization's representatives present.

"As a disabled student myself and the Co-Chair of the largest organization on campus advocating for disabled students at UCSB, I unequivocally condemn the crass, insensitive, and ableist comments espoused by senate leadership," C.O.D.E. Internal Affairs Co-Chair Dan Siddiqui said in the email.

Siddiqui noted two instances of said comments made by members of the Senate present.

"To my dismay, the IVP responded to me in a sarcastic tone, stating that they would make a request for a summary to be read as they promised five minutes ago," he said in the email. "Another senator openly mocked my request for a summary by restating a previously 10-minute statement on the Israel-Palestine situation in under a minute, saying phrases like 'peace and love' and "I love everyone."

Siddiqui emphasized the struggles of disabled students on campus.

"Disabled students at UCSB and across the country have to fight every single day to feel heard, seen, and respected; and the comments made at tonight's meeting in response to a simple accessibility request are an unfortunate reminder of the explicit disregard and humiliation disabled students are constantly subjected to."

Senator of Engineering and second-year computer science major Alvin Wang responded to Siddiqui's grievances in an email statement.

"I take all incidents of ableism extremely seriously. AS should always be a space of inclusivity and equity and there should be zero tolerance for language or action that challenges that core tenant," he said in the statement. "While I stand firmly by my previous statement, I truly believe that not a single person on the stage today had the intent of limiting accessibility to disabled students

or mocking disabled students."

The Muslim Student Association (MSA) at UCSB posted a statement on Instagram in dissent of the meeting, saying that the Senate did not include input from MSA in the creation and discussion of the resolution to condemn Islamophobia.

"The Muslim Student Association at UCSB is profoundly disappointed by the complete disregard for our involvement in the discussions surrounding the recent resolution condemning Islamophobia and Antisemitism authored by AS Senators," MSA said in the statement. "It is not only unacceptable but deeply troubling that our perspective and input were entirely overlooked."

Students for Justice in Palestine (SJP) at UCSB also posted a statement from SJP alumni on Nov. 17 on Instagram expressing disagreement with the Senate's passing of the bill condemning Hamas.

"The one sided, biased perspectives put forth by these resolutions will only serve to limit nuanced discourse around these issues and further contribute to divisions that ultimately perpetuate more harm to the aforementioned impacted communities," the statement read.

"We call on the UCSB Senate to table these resolutions until all relevant stakeholders can be gathered to consult and collectively pen new Resolutions with the currently missing, and deeply valuable insights from these communities included."

The Nexus was unable to verify whether the Senate responded to the statements published by SJP and MSA.

Editor's note: This article was originally published online on Nov. 29, 2023

### UC Regents Nov. 15 meeting recap

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#### Regents provide update on multi-year compact and graduate enrollment

The UC Regents' Academic and Student Affairs Committee received an update on the UC's four-year goal of increasing graduate student enrollment by 2,500 students at its Nov. 15 board meeting.

The UC announced its multiyear compact – an agreement to accomplish several studentfocused shared goals by 2027 – with Governor Gavin Newsom's office in May 2022. The UC is mandated to provide annual reports on progress and actions taken toward accomplishing each goal.

According to the committee's agenda item, the University of California Office of the President (UCOP) met with the Council of Chancellors and other campus representatives throughout 2023 to finalize enrollment goals based on each campuses' 2022-23 enrollment rates.

The campuses with the largest proposed enrollment rate boosts were UC Riverside, UC Davis and UC San Diego with 769, 761 and 612 additional students, respectively. Breaking down growth by subject area, 43% of the growth is expected in academic masters, 25% in health science graduate professionals and 16% in graduate professionals.

Provost Katherine Newman noted that state support for enrollment growth is primarily directed toward undergraduate students, leaving graduate students forgotten.

"Most states don't recognize the importance of graduate students in their funding allocations in the same way they do undergraduate growth ... that's why there's a much more intentional focus on that in the compact," Newman said.

No major adjustments to enrollment plans were proposed in the report, as the UC's current enrollment objectives will fulfill the 2026-27 goal, according to the agenda item. UCOP will continue meeting with staff at each campus to identify developments related to admissions and enrollment.

UCOP is also partnering with the Academic Senate and campus leadership to host efforts such as the systemwide Congress on Innovations in Graduate Education that discussed the academic doctoral student experience.

### Regents overview annual private philanthropy report

The UC Regents Public Engagement and Development Committee provided an overview of philanthropic activity across its system for the 2022-23 academic year during its Nov. 15 meeting. The annual report was presented by UCOP Executive Director Unather Manager.

Heather Kopeck.

The UC campuses received a cumulative total of \$3 billion from private philanthropy for the first ...

Of the \$3 billion, the UC received more than 396,000 gifts, \$1 million total of large gifts, \$279 million worth of scholarships and fellowship support, more than \$233 million worth of alumni contributions, \$1.2 billion worth of gifts in support of health and medicine and \$147 million worth of gifts for endowed chairs. The institution also received assets under UC management for 2022

of over \$529 million.

The UC also received \$22 million in unrestricted private support, and the UC endowment comprises over 20,000 individual funds that value to approximately

\$31 billion as of June 30, 2022. Kopeck congratulated the UC campuses for hitting the \$3 billion

"Our campuses are the ones who are the real heroes here," she

Kopeck emphasized that foundations are the UC's largest private supporter, which is consistent across the sector of higher education. She spoke to research and departmental support as another private donor to note.

"The research and departmental support categories really are the categories that are driving the excellence of the university mission and are critical to our teaching and research endeavors," she said.

Speaking to specific campus efforts, UCLA Executive Director for Scholarships and Student Support Initiatives Brittany Schoof discussed recently announced affordability initiatives toward lessening student loan burdens

lessening student loan burdens. "We all know the challenge

of affordability has hit home for many individuals," she said. "As a public institution, we are really determined to ensure that we're providing a top-tier education that's also affordable for our students."

### Regents discuss simplification of transfer admissions from CCCs to UCs

The Academic and Student Affairs Committee discussed streamlining the transfer process from California Community Colleges to the UC system at the

Nov. 15 Board of Regents meeting.
The University of California
Transfer Task Force – established in
2020 by UCOP and the California
Community Colleges Chancellor's
Office (CCCCO) – released
their final report in July 2022,
citing eight recommendations
regarding the simplification of the
transfer admissions process from
a California Community College

(CCC) to a UC.

The Regents discussed implementing items three and four of the recommendations, as well as the UC's role in two separate intersegmental groups working toward incorporating these items into the transfer preparation

Recommendation three centers around California Assembly Bill 1111, stating that a Common Course Numbering (CCN) system should be applied across all CCCs by July 1, 2024.

According to the bill, a CCN system would "increase consistency of CCC curricula for lower-division general education and major preparation, credit mobility, and clarity for students on the applicability of CCC courses meeting UC and CSU admission and baccalaureate degree program requirements."

Executive Vice Chancellor for the Equitable Student Learning, Experience and Impact Office for the CCCCO Aisha Lowe provided insight about the Assembly Bill 1111 CCN Task Force workgroup's plan to implement and expand CCN to over 40,000 courses.

"The plan outlines the necessary governance structure and working groups for a phased implementation of what will ultimately be over 40,000 courses, with priority given to general education and transfer pathway courses demonstrating both commonality across community colleges and enrollment popularity," Lowe said.



The vote to pass the bill followed hours of discussion during the public forum segments of the Nov. 8 and Nov. 15 senate meetings.

"Common course numbering is a historic opportunity for community colleges for transfer efficiency and opportunity and will ultimately serve as an indispensable tool for student success and equity," Lowe continued.

Recommendation four is to implement Assembly Bill 928, which cuts down general education requirements to decrease the amount of excess units and repeated courses CCC students accumulate once transfering. The ultimate goal of the bill is to "establish a singular lower division general education pathway that meets the academic requirements for transfer admission to the California State University and the University of California."

The bill recommends streamlining "lower-division general education (GE) transfer requirements and college major preparation by consolidating requirements, supporting the development of courses that fulfill multiple requirements, and expanding opportunities for prospective transfer students to complete core courses at CCCs."

The Assembly Bill 928 Implementation Committee was also established as part of the bill to spearhead the addition of the Associate Degree for Transfer (ADT) as the main pathway for transfer students in order to close equity and opportunity gaps based on race and ethnicity.

"The AB 928 Implementation Committee seeks to strengthen the ADT pathway for students and to ensure that it becomes the primary transfer pathway in California between campuses of the CCCs, UC, the CSU, and participating independent institutions of higher education," the plan read.

Newman said the simplification of the transfer process will eventually lead to the UC achieving

its goal of increasing the number of

transfer students enrolled.

"The University is also committed to meeting its master plan target to enroll one new California transfer student for every two new California freshmen," Newman said.

### Chief Compliance and Audit Officer Bustamante details ECAS annual report

The UC Senior Vice President and Chief Compliance and Audit Officer Alex Bustamante presented to the Regents' Compliance and Audit Committee at its Nov. 15 meeting, outlining the key points of the Ethics, Compliance and Audit Services 2022-23 Annual Report.

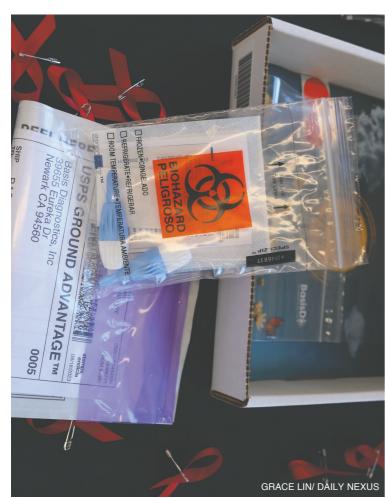
The Office of Ethics, Compliance and Audit Services (ECAS) works with the 10 UC campuses, Lawrence Berkeley National Laboratory, UCOP and the six academic health centers to provide "direction, education, oversight for president policy process, investigatory services, auditing and monitoring, guidance and resources to the University to optimize ethical and compliant behavior," according to the ECAS website.

The report highlights various ECAS activities, projects and reports of investigative data from the 2022-23 fiscal year.

When asked what the Regents should take away from the report, Bustamante said that cybersecurity has become a major objective of ECAS and will likely continue to be an issue that the UC will have to combat

"Cyber security is going to continue to be a huge issue ... as well as just the general vulnerability that a federated system like ourself has with all the types of information that people would want to get their hands on," Bustamante said.

### RCSGD, Pacific Pride Foundation, Quilt Project Gold Coast host AIDS quilt memorial for World AIDS Day



Free HIV testing kits were distributed by Pacific Pride Foundation.

Anushka Ghosh Dastidar Community Outreach Editor

The UC Santa Barbara Resource Center for Sexual and Gender Diversity held a quilt memorial for local AIDS victims on Nov. 28 in conjunction with Pacific Pride Foundation and Quilt Project Gold Coast. The memorial was in honor of World AIDS Day this upcoming Friday, Dec. 1.

The memorial took place in the Student Resource Building Multipurpose Room and included informational booths from the Resource Center for Sexual and Gender Diversity (RCSGD), Pacific Quilt Pride Foundation, Project Gold Coast, Student Health and UCSB Counseling & Psychological Services.

Second-year economics

accounting and student and RCSGD programming assistant Nathaniel Calilung said the memorial is an important way to raise about human awareness immunodeficiency virus and acquired immunodeficiency syndrome (AIDS) while paying homage to the LGBTQ+ community.

"We want to commemorate it on our campus and still recognize the amount and impact that HIV, AIDS and so many other stigmatized transmitted diseases] STDs and [sexually transmitted infections | STIs have on our communities, Calilung said.

"The real tragedy of HIV and AIDS is not only the number. Again I want to remind ourselves that on federal and local levels, legislation and a lack of care has led to death, but most importantly, it's like a loss of, quite literally, our ancestors and sexuality and gender," he continued.

RCSGD displayed several quilts created by Quilt Project Gold Coast – a local nonprofit organization driven by volunteers dedicated to providing resources for HIV/ AIDS relief – to honor victims at the memorial. The quilts were created by volunteers and decorated with the names of community members who lost their lives from AIDS.

quilts "The have been brought here to commemorate the lives and those who have lost their battles to HIV and AIDS in Gold Coast specifically. These are people that have been lost in Santa Barbara County, in Goleta, in I.V., in Ventura, in Camarillo. These are all 10 to 30-minute drives away. So these are people who and family we've lost very intimately here at UCSB," Calilung said.

Included in the memorial was a quilt dedicated to former UCSB professor of botany, Richard E. Broder, who passed away after his battle with AIDS in 1985.

Free HIV testing kits were distributed by Pacific Pride Foundation, an advocacy group working to "create a thriving and visible LGBTQ+ community and to prevent the transmission of HIV/ AIDS," according to their website.

UCSB alumnus and Pacific Pride Foundation member Levin Fetzer explained the basis of their work and emphasized the importance of making HIV testing kits accessible to students who need them.

off-campus organization that is a nonprofit focused on harm reduction and HIV awareness," Fetzer said. "We have both self tests and mail-in that are available The quilts were created by volunteers and decorated with the names

them out for free."

"It's really impactful because it means that I can actually do the work that I've always wanted to do, but really focus on helping students where they're at instead of reaching them off campus," they continued.

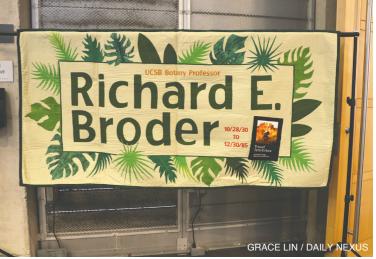
Pacific Pride Foundation also set up a letter writing campaign to implore local senators to raise awareness about HIV and AIDS.

Calilung said importance of the memorial expands beyond HIV/AIDS awareness as it also creates a safe space for LGBTQ+

students to celebrate their

identities.

"The truth is, across our nation, we are losing LGBTQ centers like that. One of the impacts of that is not only loss of gender affirming care and sexual care, but it's also a loss of the memory that we hold as LGBTQ people," Calilung said. "So the whole fact is the Quilt Project Gold Coast, and the memories and the lives we commemorate would be lost without UCSB's RCSGD, without so many of the communal spaces, which allow information to be shared, for sure."



Included in the memorial was a quilt dedicated to former UCSB professor of botany, Richard E. Broder.



for students to use. We give of community members who lost their lives to AIDS.

### FAFSA Simplification Act streamlines financial aid application process

Anushka Ghosh Dastidar Community Outreach Editor

UC Santa Barbara Office of Financial Aid and Scholarships Director Saúl Quiroz announced the simplification of the Free

Aid in order to streamline the financial aid process in a Nov. 21 email.

"The FAFSA Simplification Act will streamline the process for federal aid applicants, reducing the number of

Application for Federal Student questions on the FAFSA form and providing direct data exchange with the IRS," the email read.

Changes will also be made to Federal Pell Grant and California Dream Act application in order to "expand

eligibility."

Additionally, the new FAFSA will require the parent with greater financial input in the last calendar year to fill out the form.

"For students with divorced or separated parents, this may change the parent who files," the

Students will now also need an FSA ID in order to submit the FAFSA.

These changes will be implemented starting for the 2024-25 application cycle. The form opens on Dec. 31 this year.

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### Editorial: We Must Divest continued from p.1

to UCSB's Engineering Sciences department, a partnership with the UCSB Technical Staff and Facilities program and regularly has information sessions and attends career fairs for UCSB students.

Raytheon has publicly advertised its partnership with Israel and the Israel Defense Forces through its technological developments. The corporation developed 10 Iron Dome batteries to "protect the citizens and infrastructure of Israel, with each battery comprising three to four stationary launchers, 20 Tamir missiles and a battlefield radar," according to its website.

The RTX subsidiary is explicitly in partnership with Israel's Rafael to establish a new facility in Arkansas to "churn out Tamir and its US-variant SkyHunter missiles for the Iron Dome air defense system."

Raytheon has donated the largest monetary contributions to UCSB, earning a line under the Lancaster Society, Gold Circle, Matching Gifts and Foundations, Associations, Trusts, Organizations and Corporate Contributors of \$10,000 or more. This totals to more than \$1.1 million donated to the university.

The company is listed as a part of the UCSB Engineering Sciences department's corporate affiliate program partnership. Raytheon is also in a more than six-year-long partnership with the UCSB Technical Staff and Facilities program to develop infrared technology for missile and space surveillance. The company's presence in information sessions, career fairs and more sets up a career pipeline for students to become employed by Raytheon upon graduation.

Raytheon's ties to Israeli defense has sparked local and statewide controversy, with roughly 150 pro-Palestine allies demonstrating outside Raytheon's Goleta headquarters to call for a ceasefire on Nov. 9.

### **Lockheed Martin**

Lockheed Martin – a leading security and aerospace company in the defense industry, boasting various military aircrafts, maritime technologies, cyber defense and other artificial intelligence systems – donated over \$100,000 to UCSB for the 2022-23 fiscal year and has established career pipelines for UCSB students.

The company has seen a 10% increase in defense funds since the start of the siege of the Gaza Strip.

Lockheed Martin has a publicized partnership with the state of Israel through its "Lockheed Martin in Israel" program, "securing Israel's national interests while strengthening it from within."

In November 2014, Lockheed Martin created a new line of F-35 wings boxes that were inaugurated at the Israeli Aircraft Industries (IAI). Signing Industrial Participation agreements with additional Israeli defense companies, the agreement mandates the company and IAI to "manufacture over 800 pairs of wing skins over the course of 15 years, at a total financial volume of approximately \$2.5 billion."

"The collaboration between Lockheed Martin and Israeli industries is expected to exceed \$4 billion," the website read.

The F-35 jets were used in the Israeli strike on Gaza in 2021.

The company has also supplied

the Israeli Air Force with fifthgeneration fighter jets since September 2010. The initial agreement included 19 fighter jets and an additional 31 aircrafts to complete the second F-35 squadron between November 2014 and October 2016.

"A total of 50 aircraft are projected to be delivered by 2024," the website read.

Lockheed Martin's explicit partnership with Israel has sparked historical and current controversy, with organized protests outside of its compound in the Santa Cruz Mountains on Nov. 10, California State Polytechnic University, Pomona students protesting the company's involvement at career fairs and other statewide opposition to its involvement on the university level.

UCSB gets paid a significant donation from Lockheed Martin annually. The company has the Lancaster Society and Matching Gifts designations, listed for over \$100,000 of monetary contributions in UCSB's 2022-23 private philanthropy report, and has historical and current partnerships with the university.

One significant partnership established a Santa Barbara Focalplane for a "college-to-career pipeline" to develop infrared systems for various military equipment, some of which have direct sales in Israel – the F-22 Missile Launch Detector that was approved to sell to Israel by Donald Trump in 2020 and the F-35 Lightning II Electro-Optical Targeting System that is in explicit partnership with Israel defense companies, among others.

The company also has regular information sessions and "tech talks" with the university, which provides direct job application opportunities to UCSB students – including currently open positions of Systems Integration test engineer/infrared testing intern and the Santa Barbara production site lead.

### Northrop Grumman

Northrop Grumman, an aerospace and defense technology company with major investments in cyber defense, aeronautics and defense, among others, is a major investor at UCSB.

The company is in explicit partnership with the Israel Aerospace Industries to launch surveillance satellites and other space technology, including rare imaging and reconnaissance mission systems. Northrop Grumman has also worked in collaboration with Lockheed Martin to develop the F-35 Lightning II and supply this machinery to the state of Israel.

The ongoing siege of the Gaza Strip has boosted the defense stocks of Northrop Grumman, increasing its funding by 16% in early October.

The company has invested over \$1.01 million into UCSB, earning a place under the Gold Circle, Foundations, Associations, Trusts, Organizations and Corporate Contributors of \$10,000 and above and Matching Gifts.

Northrop Grumman has had an 11-year relationship with UCSB, making the university "definitely in the top tier of the schools with which we work," according to a UCSB Engineering Sciences press

As a now charter member of

the Corporate Affiliates Program, the partnership began between the company's then Foundation Technologies divisions and UCSB's professor Umesh Misher on an Office of Naval Research contract in 1998, later expanding to three active UCSB research teams working alongside the corporation.

News

### Caterpillar Inc.

Caterpillar Inc.

Caterpillar Inc. is a leading manufacturer of construction and mining equipment, off-highway diesel and natural gas engines, industrial gas turbines and dieselelectric locomotives, boasting \$59.4 billion in 2022 revenue. The company is a philanthropic donor to UCSB.

One machinery of public discourse is the Caterpillar Inc. D9 bulldozer, which the IDF cites as an engineering tool used to neutralize explosives in areas like the Jenin camp in the northern West Bank. The latest generation of bulldozers in the IDF service have 405-410 horsepower diesel engines and a drawbar pull of 71.6 metric tons.

The D9 "was heavily modified by the Israeli Defense Forces, Israeli Military Industries and Israel Aerospace Industries to increase the survivability of the bulldozer ... thus making it suitable for military combat engineering use," according to Army Recognition.

The company has sparked controversy in the past two decades for its equipment that has been gifted to the state of Israel through the U.S. Government's Foreign Military Financing program. The D9 bulldozer has faced allegations of demolishing homes in the Gaza Strip.

"Caterpillar has supplied the IDF with bulldozers used for home demolitions since 1967," a statement by Center for Constitutional Rights said. "Caterpillar has sold D9 bulldozers to the IDF knowing they would be used to unlawfully demolish homes and endanger civilians in the OPT."

These allegations took the company to court in the September 2007 case of Cynthia Corrie et al. v. Caterpillar Inc. in the United States Court of Appeals for the Ninth Circuit. The case concerned a federal lawsuit "against Caterpillar Inc on behalf of the parents of Rachel Corrie, a 23-year-old American peace activist who was run over and killed by a Caterpillar bulldozer in the Gaza Strip in 2003, and on behalf of the Palestinian relatives or other victims," according to the International Crimes database.

The suit charged the company with aiding and abetting war crimes and human rights violations under the argument that Caterpillar Inc. provided the IDF with bulldozers while knowing the machinery would be used for home demolishment and endangering civilians in Palestinian territories.

The suit ended with the district court granting the motion to dismiss the case, citing that "selling products to a foreign government does not make the seller liable for subsequent human rights violations."

Caterpillar Inc. is listed under Matching Gifts in the 2022-23 private philanthropy report, expressing its explicit ties with the university. The company is listed under "The ABC's of UC Santa Barbara College of Engineering Recruitment" as "companies that hire UCSB Engineering students for internships and career positions."

positions

There are also multiple notable UCSB alumni like Eric Masanet, UCSB professor and Mellichamp Chair who was previously a design engineer at Caterpillar, and Mari Lou Balmer-Millar, the general manager in Large Power Systems at Caterpillar.

#### Hewlett Packard

Hewlett Packard (HP) is an information technology company with various investments in energy efficiency and high-technology employment.

It is listed in UCSB's private giving report of 2022-23 under Lancaster Society, Matching Gifts, Gold Circle and Foundations, Associations, Trusts, Organizations and Corporate Contributors of \$10,000 or more. This cumulates to over \$1.11 million of investments from the company to the university alone.

HP has historically come under fire for its involvement in Israel for running various facilities in Israel. Allegations against the company include developing an information technology system that collects biometric data of Palestinians over 16 years old and providing the Israeli navy with information technology that enforces blockades of the Gaza Strip.

However, the Israeli Population and Immigration Authority announced the gradual phasing out and termination of the Aviv system that HP provided in 2021, which is a computerization system for the West Bank and Gaza.

The company has also published a statement denouncing its involvement with Israel.

"The misinformation about HP Inc. being circulated by some on social media is unfortunate and untrue," a May 2021 statement from the HP press center read. "As a matter of policy, we do not take sides in political disputes between countries or regions."

### UCSB must divest

UCSB as a university has longstanding relationships with each of these described companies that have explicit or alleged involvements in the defense of Israel and have, in one way or another, contributed to the violence occurring in the Gaza Strip. The university has gathered over \$3.32 million cumulatively from these corporations – not including the gifts provided to the institution. These financial investments inhibit the institution from impartially maintaining a safe campus climate and providing support for all students on its campus.

The Oct. 10 email from Yang quickly denounced the violence of the Hamas attack of Oct. 7.

"We are writing today with deep care for our students, staff, and faculty ... who are impacted by the violent attacks on Israel and escalating devastation in the region," the email statement read.

Subsequent Oct. 18, Oct. 26 and Nov. 20 emails from Yang and Student Affairs did not directly acknowledge the violence occurring in the Gaza Strip and the death toll of Palestinian individuals.

"We reaffirm our principles of community, while acknowledging that we may have great differences of opinion, as well as differences in experiences," the Oct. 26 email statement read.

The virtual words of sympathy to those impacted by the Hamas attacks were not repeated to those who lost family members in Gaza. The ongoing human rights violations and death tolls are whittled down to guidelines on addressing campus bias.

UCSB markets these companies particularly to engineering students as leading innovators of technology and intelligence, career opportunities and new research to tackle. But behind these companies' glowing statistics of sales and revenue are their active, public involvements in funding Israeli defense.

The university must call these companies what they are: war machines, and cease their financial complicity in war.

The continuous funding from these companies into UCSB's pockets of private philanthropy is a clear demonstration of the university's role in this ongoing violence.

UCSB has taken a side in this war, and as an educational institution, it should not be a player. As long as it continues to pursue financial partnerships with war machines, UCSB is continuing to be complicit in the increasingly hostile campus climate.

Thus, we see no alternative but to call for divestment.



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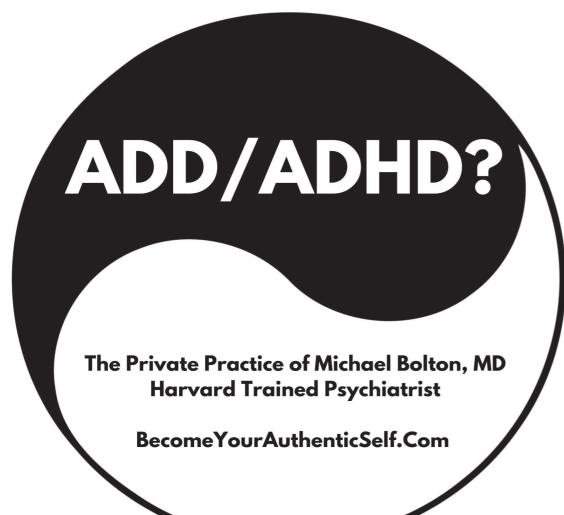
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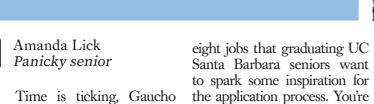
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# THE DAILY STENCH

It's Satire, Stupid. —

# Top 8 jobs for graduating seniors



seniors! The end of the quarter

is on the horizon, and it's

time to start thinking about

finishing credits and paying

overpriced fees for graduation

photos by amateur student

photographers on Instagram.

To make matters worse, you

will soon also have to sign

yourself away to a corporate

9 a.m. to 5 p.m. job that eats

away at your soul! Lucky for

you, however, I have taken

the liberty to compile the top

1. Nepo baby

welcome.

Yes! It really is that simple! Just have rich parents and tell people that you got super lucky. You're sooooo good at networking, and getting a job through nepotism is valid.

2. Instagram infographic naker

This is perfect for those who consider themselves on the artistic side, and we can never have too many infographic makers. All you need to enter this field is a political heart of gold and a Canva account. How else will the girlies fill their story highlights?

3. FLUM Pebble ambassador

Yes, the time has come. All of the money that you have invested in buying FLUMs at the smoke shop can go back into your pocket through sponsored TikTok ads.

4. Communication major

This isn't a job, but I had to throw this in there for all of the people who were failing their hard majors and had to switch to communication.

5. 68 block resident

This is a cry for help! Please, if anyone lives on 68 block and wants a subletter, hit me up. I regret living in my loud-ass 65 block house, and all the houses down there look so much cuter and calmer OH MY GOD.

6. Vintage clothes popup reseller

This is for those bitches at Little Acorn Park or those people on campus who sell only Carhartt and t-shirts with race cars on them for like \$60. Honestly, it's kind of admirable, and they probably make more

8. Isla 8 a.m. CAW!

CAW!

than you will with your job right out of college.

7. @ivstreets intern

CALLING ALL PEOPLE WHO ARE OVER 6 FEET. We need more people who can take photos and videos of people on campus without their permission from higher angles than a toddler's point of view.

8. Isla Vista crows before

CAW! CAW! CAW! CAW! CAW!

Amanda Lick has no future prospects.

# New trend alert! "Girl education": like school, but easy and stupid!

### Joseph R. Biden Hot girl

You've heard of "hot girl walks." You've heard of "girl dinner." You've heard of "girl math." Now, coming soon to UC Santa Barbara: girl education! Be honest with yourself – you're just a girl. You can't be expected to do real school like the boys. You need to do girl things!

Just when you thought there weren't enough ways to be misogynistic, the internet has delivered us a fabulous new method of calling women stupid. Just what the world needed!

CHEM 1A? WRIT 2? No, silly, those are boy classes. At UCSB's new girl education program, you can learn about girl topics: being lazy, marrying rich and looking hot. After all, in 2023, that's all us girls need to know about.

Women's formal education is a thing of the past. At UCSB's newest program, you can actually get extra credit in most classes if you post online complaining about the progress that women have made in society.

"Girls are just lazy; I don't know why anyone ever fought for us to go to school," firstyear "being a hot girl" major Emma Lincoln said. "That's why I like to post on TikTok condemning the work that old hags did to get us into the workforce. It's all about marrying rich nowadays."

Now, I know what you're thinking: "I don't want to do this program. I'm just a girl, this seems too hard!" Worry not: unlike silly boys' classes like history or calculus, girl classes don't have required assignments or attendance. UCSB understands that girls just want to stay in bed, so they would never want to motivate you to do otherwise.

One of the program's most popular classes is CUNT 43:

Current Events (for the girlies).

"CUNT 43 is an amazing course because current events can be very hard for girls to understand. We can't expect girls to get a grasp on complex issues," girl education professor Mike Gibson said. "Take, for instance, the race for House Speaker right now. Girls can't possibly understand that. So, we rephrase it in terms of shopping, something the girlies can understand."

Don't let your "girl life" stop at education. When you graduate and get your girl degree (B.G.), the doors open for a plethora of girl job opportunities. Being a stay-at-

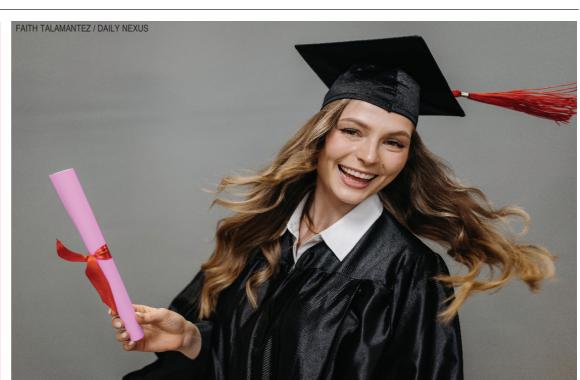
home girlfriend, shopping and cooking are really all that girls should be doing, because that's

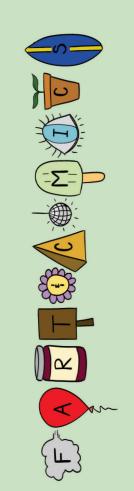
what we're made for!

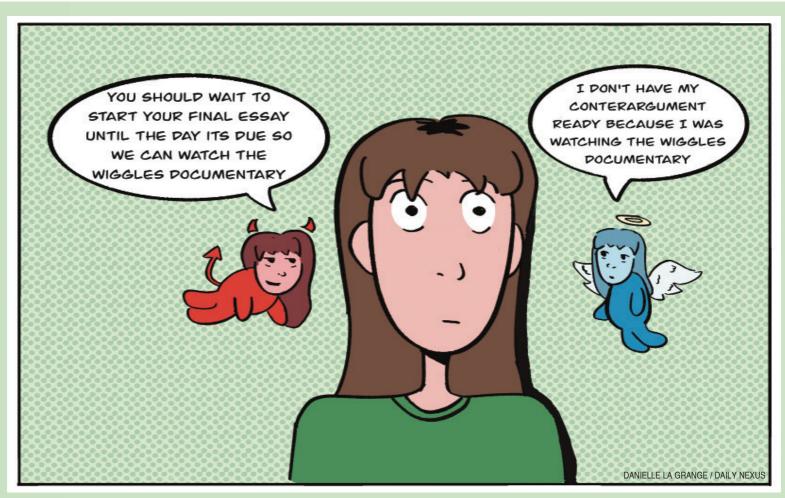
If those girl jobs don't fit you, you can explore a "pleasing your husband" concentration in your girl degree. Such skills you can learn are obeying your husband's word, raising good, nationalistic, Christian children and wearing only long, modest

We hope that you explore UCSB's newest educational path. And don't forget to post your girl dinner tonight!

Joseph R. Biden cannot do girl or regular math.







# 4 R/TSW]

### Conversations with a 20-something: @liam.oce on content creation and virality

Lauren Chiou Co-Artsweek Editor

"I wanted to make these videos to maybe try and romanticize a little bit but also just document my last year."

Those are the words of fifthyear environmental studies major Liam Ereneta. He selffilms, writes, produces and edits his own TikTok video series titled "This week in 20-something-hood.

Originally from Berkeley, California, Ereneta is a member of the UC Santa Barbara surf team (a skill picked up after moving to Isla Vista, in true UCSB fashion), a seasoned biker on the cycling team and an avid photographer in his free

At the time this is being written, @liam.oce has over 14,000 followers and 225,900 likes overall on TikTok. And these numbers continue to rise. an indication that Ereneta's growing platform isn't slowing down anytime soon. He was even recently invited to join the TikTok Creativity Program Beta, a program that allows creators to get paid for their long-form videos.

### Behind the scenes of 20-something-hood

What started as a way to pass time before the school year began has now turned into a full-on passion project.

"This is technically my fifth year at UCSB. So, I was pretty anxious about moving back this fall," Ereneta said. "I was just kind of worried about how my last year would go."

To cope with his nerves about starting his final year in the fall, he decided to begin documenting his limited time left in I.V.

"I know all my friends that I talked to this summer who graduated were like, 'I'm so jealous that you get one more year in I.V.,' so I was really just trying to embrace that," he said.

Equipped with just his phone and a growing desire to write, Ereneta set out on creating his series, "This week in 20-something-hood." videos are visually stunning, allowing the viewer to take a glimpse into the life of a 20-something with shots of friends, clips of campus and biking and surfing reels compiled into an aesthetically pleasing experience. In each 60-second TikTok, the essence of UCSB and early adulthood is perfectly captured.

There is an element of spontaneity to his shots.

"Most days of the week, I don't necessarily wake up with a plan of what to film. I shoot things that I find beautiful or symmetrical in my everyday life," he said.

Yet, Ereneta himself is rarely featured in his own videos.

"When I'm not at UCSB, I feel way more comfortable shooting myself. If I set up the phone and then walk away to walk back past it, everybody



knows exactly what I'm doing. It feels really embarrassing, even though I don't think anyone actually cares," Ereneta said.

He continued to discuss the intent of relatability in his work and how his minimized onscreen presence contributes to that.

it's someone who's 20-something in New York or 20-something in London, they may be able to relate to it," Ereneta said.

He also acknowledges his own limitations toward visual storytelling.

"I think the video format is almost like a necessary evil. I think honestly, if I could just tell the stories and not have to do the visual component, it would almost be easier," he said.

This is where his writing comes into play. Written and read by Ereneta himself, the narration details his observations and reflections gained from his week in 20-something-hood, along with advice from his lived experiences.

He has a talent for taking the simple parts of life, such as cold refried bean burritos and Halloween decorations, and turning them into symbols of 21st-century youth, confusion and poeticism.

His most popular video, which currently has 318,600 views and 55,200 likes, is a love letter to his roommate, Graham. The narration reads, "He bought me ice cream and wouldn't let me pay him back, as he always does." It's this nuanced perspective and appreciation toward humanity that truly captures 20-something-hood.

The storytelling is also incredibly personal, ranging from his journeys in biking, school and travel to his journey in mental health. His experience with therapy is a common topic in his writing, with one video starting with, "This week in 20-something-hood, it was my

therapist's turn to ghost me after she needed to reschedule. And I was totally happy with that, until I wasn't." This honest and raw acknowledgement of mental health is something rarely disclosed and often classified as taboo by most online creators.

Ereneta's divulgence is part of his goal to normalize the conversation surrounding mental health.

"I felt really grateful in high school that I had friends who went to therapy and we talked about it a lot," he said. "And I think that destigmatized it a lot for me, to be able to think about [therapy] as an option was really nice. Trying to do that for other people is where it comes from."

This level of personalism sets Ereneta apart from the typical "week in the life" vlog format and is what has catapulted him to TikTok influencer fame. His comment section is full of praise, such as, "You manage to put into words how us 20-somethings feel right now. It's so comforting," TikTok user @kelseymdwyer said. "I simply love this perspective of the human experience and it fills me with joy to watch what you share pal," commented TikTok user @collzzwithtwozz.

### Conversations with @blakeoftoday

Ereneta's videos are heavily inspired by another creator on TikTok, Blake Kasemeier, known as @blakeoftoday on TikTok. Kasemeier is a seasoned writer, currently working as a creative director and had competed on poetry slam teams when he was a 20-something.

He had built a small platform on TikTok through video vignettes and meme videos. Yet, his now-viral video series, "This week in fatherhood," documents his journey and revelations gained through being a dad. Shots of everyday parenthood life and poetic, selfwritten narration are combined to create thought-provoking

The concept for the series was the product of combatting intense "blank-page syndrome," as Kasemeier describes it, and a simple observation of his surroundings.

"The first thing I came up with was, 'What is a unit of time that is digestible,' like, what happened this week as a dad," he said.

His first attempt at the prompt gained some traction. But, a couple months later, when Kasemeier found himself suffering from blankpage syndrome once again, he revisited the concept and received an overwhelmingly positive response.

Following online encouragement to turn the prompt into a series, he began

"This week in uploading fatherhood" videos on a weekly

"It was a nice way for me as somebody who writes, somebody who makes stuff on the internet and somebody who's a dad to be like, 'I'm a person who tells stories on the internet. Once a week, one of those stories deals with being a dad," he said.

Currently 181,900 at followers and amassing over 8 million likes overall, Kasemeier is a bonafide influencer. As a longtime fan of Kasemeier, Ereneta had always aspired to create content similar to his.

"I watched his videos for a while before I decided ... I want to try doing my own spin on it," Ereneta said.

Borrowing elements such as the similar titles, video format, introspective narration and endof-video reports, Kasemeier's influence on Ereneta is clearly honored through his work.

In every video caption and even his profile bio, Ereneta tags @blakeoftoday, a blatant attribution of credit. This consistent acknowledgement is what drew Kasemeier to Ereneta in the first place.

"It's such an honor to be recognized at that level by someone," Kasemeier said.

As he continued to view Ereneta's regular uploads and witnessed his growing platform, Kasemeier was impressed.

"I was like, 'Wow, these are really good.' He's a great writer," Kasemeier said.

While the structure is similar, the main differences in each user's content are the themes covered and audiences attracted. As a 40-year-old father of two kids, Kasemeier acknowledges that his videos are not relatable to a younger audience. Enter Ereneta, whose 20-something perspective captures a younger crowd, vocalizing feelings that are often unspoken.

"People find peace in what I do because they feel seen," Kasemeier continued. "I think it's so cool that for an audience that might not have that level of sincerity or earnestness, that they have someone like Ereneta who can deliver that to them."

The two recently met up for a bike ride in Los Angeles' Griffith Park, an event documented on Ereneta's video uploaded Nov. 20. While Kasemeier has met up with other creators in the past, this interaction was different due to the vulnerable and personal nature of both Kasemeier and Ereneta's content.

"That level of vulnerability and exposure ... there aren't thousands and thousands of creators out there doing that," Kasemeier said. "So it's hard to find somebody to connect with

about that stuff." Their unique video style has allowed Kasemeier to act as a mentor to Ereneta.

"I'm super stoked that we're in contact. When I was doing what he was doing, I had no one to talk to – no one to be like, 'Hey, this is really intense.' So I'm stoked that Liam has somebody to talk to about that stuff," Kasemeier said.

### The chain of creative inspiration

In turn, Ereneta's videos have inspired others as well. Leah Hetteberg, a second-year film and media studies and communication double major, was drawn to Ereneta's content and his local I.V. appeal. She set out to start her own version of the series, hers being called "This week in Collegehood.

Like Ereneta, Hetteberg, known as @leah.het on TikTok, documents cinematic moments from her week captured on a video camera.

I.V. is a common character. featuring shots of the beach, acoustic guitar jams and campus buildings.

Her narration also leans on the more personal side, disclosing realizations expressing vulnerability.

'The messages behind it, I think, are like for me to practice getting my voice out there ... but it's also one medium for me to work on vulnerability and being more open about things like that," Hetteberg said.

While her videos have not blown up to the degree of Ereneta's, the two follow each other on TikTok.

haven't "We interacted ... but he has seen them, which is really exciting to me because he's like a celebrity in my head," Hetteberg said.

Hetteberg utilizes three main interests in film cinematography, editing and writing – in her videos.

"It's kind of a mix of both my career, central passions and just a thing for my personal goals," she said.

This expression of creativity and pursuit of passion is exactly what Ereneta hopes his videos inspire others to do.

"I would just hope that it helps someone get through their week or helps someone start that essay, start that article they've always wanted to write or make that song they've always wanted to write," Ereneta said.

"At the end of the day, I just hope that it helps someone feel less alone," he said. "Because I've been there. Hopefully, it inspires other people to tell their stories."

Despite his newfound fame, Ereneta is filled with humility and gratitude. His virality continues to surprise him, something he never expected when starting out.

"The response has just been incredible," he said. "I feel so lucky and so humble that people like what I make."



Ereneta's TikTok profile picture is now a staple on For You Pages,

with his account currently at 14,000 followers.

# JTHE MENU

### International Education Week: Exploring the Asian landscape

Nina Timofeyeva Staff Writer

Students gathered at the MultiCultural Center to learn about Asian cuisine from student leaders Stephanie Luong and Leanne Ly on Nov. 13. The two showed attendees how to prepare both a vegetarian and a meat-based kimchi.

Stephanie Luong, a third-year biochemistry major and author of the "Asian Recipe Cookbook" pamphlet was inspired to share her recipes in an effort to encourage cultural diversity on campus and help students feel represented and capable of cooking their favorite cultural recipes. Luong focuses on encouraging cultural richness at UC Santa Barbara through

improving food access and representation and accessibility fighting food insecurity.

"By hosting this event, I was hoping to show students that there are amenities and resources available to them to make UCSB their home away from home," Luong said...

In the introduction to her cookbook, Luong explains how she turns to food and cooking to connect with her cultural roots and her family, but most importantly, foster a sense of home.

Co-leader Leanne Ly is a third-year environmental studies major and is currently working as a food, nutrition, basic needs & health equity intern at UCSB Health & Wellness. Ly hopes to help students feel their best at UCSB by encouraging cultural

to traditional ethnic experiences.

"When you cook a family recipe, you are learning cultural traditions and connecting to your roots. When you share a meal, you are making connections and building relationships," Ly said in relation to how food and the process of cooking can allow people to feel connected and integrate their cultures.

Luong's Asian Recipe Cookbook explores Asian grocery stores and restaurants in Goleta.

"I hope that when you try these recipes, you're not only cooking a wonderful meal, but you're also taken back to your home - a place or feeling of community and inclusivity," Luong wrote.



A student looks through the recipes and grocery stores listed in the provided pamphlet.



Kimchi is prepared with napa cabbage, scallions, garlic, sesame oil, vegetable broth, gochugaru (Korean chili flakes), fish sauce, ginger and other seasonings to achieve a sour and salty flavor.



Ly and Luong explain which broth they prefer to use in their kimchi recipes.



Ly and Luong present information about their efforts to increase cultural food awareness at UCSB and help meet students' needs regarding ethnic cooking.



A student taste tests the vegetarian kimchi.



The meat-based kimchi was garnished with green onion, following a request from attendees.



Students wait in line to be served the long-awaited kimchi.

# NTHEMENU

# The hundred-year history of candy canes and how to use them this holiday season



### Nina Timofeyeva Staff Writer

Candy canes have long been a beloved staple of the Christmas holiday season. But, have you ever considered where candy canes originated? Why do they have such a peculiar shape? And why the stripes?

Legend has it that, around the 1670s, a choirmaster working at the Cologne Cathedral in Germany was having trouble keeping his young students quiet during long sermons. To solve this problem, he asked a local candymaker to make him some hard candy to hand out and appease the children. However, in order to connect these treats to the Church and its teaching, he requested to

have them bent to represent a shepherd's hook, helping children remember the Biblical tale of the shepherds who paid their visits to the infant Jesus. He also hoped that the white color of the candy would represent the sinless life of Jesus.

The shape of this famous candy had taken shape early on, but the colored stripes are believed to have originated over two centuries later in the 1920s. Most likely, this was a marketing strategy employed by Bob McCormack, whose company Bobs Candies invented the Keller Machine, a machine that twisted long pieces of sugar candy and formed the tops into their signature hook shape. This allowed the company increase its production of these candies from hundreds of candy canes per day to upwards of thousands of candy canes per day. To this day, Bobs Candies is the leading national producer, producing 1.8 million sticks of candy per day!

Some theorize that the stripes were actually added long before McCormack and were used for communication among persecuted Christians. Others guess that the red stripes are meant to represent the blood of Jesus, and the candy cane's shape actually stands for the letter J.

The peppermint flavor's origin is not known, but some theories still circulate. In the 18th century, apothecaries

would combine prescribed herbs with sugar to make medicines more palatable. Peppermint extract was often added to mask the flavors of the other herbs. Following the Civil War, the prices of sugar decreased, allowing candy makers to form a new market separate from that of the  $\frac{1}{2}$  apothecaries, and peppermints became a popular candy.

Now that you're informed about the history of this holiday candy, here are some creative ways to use candy canes this holiday season:

Crush them up and sprinkle on top of cookies, fudge, cakes

the soup and rice for the best

1 piece kombu (dried kelp) or

1/2 pack of soft tofu, cubed

1 tablespoon dried wakame

seaweed (the tealeaf-like

1-2 green onion, chopped

For the base, boil the water

with kombu for 20 minutes

or boil the water with the

to 1/2-3/4-inch pieces.

1 tablespoon dashi powder

Salmon miso soup

Time: 15 minutes

Yield: 2-4 servings

4 cups water

Ingredients:

Directions:

dashi powder.

the miso paste

creamy flavor.



For an extra festive touch, crush them up and rim glasses holiday cocktails or hot chocolates.

This holiday season, treat yourself or your loved ones to some traditional, festive candy canes appreciate their rich history to get into the festive

## soup recipes to conquer the cold

### Felicia Lo Reporter

As the temperature starts to drop in Isla Vista, what else is better than a hot bowl of soup that can energize and soothe you? To combat the upcoming slightly depressing season, I wanted to share three of my favorite soup recipes that have gotten me through the cold and seasonal depression. With a bowl of rice or some pasta, these soups can supercharge you and give you the energy you need during gloomy

days. To me, home cooking is all about comfort and personal preferences. These measurements are mine and what works for my friends and family. Some days you want more flavor, some days you want more protein and other days you want more richness, so take these recipes and make

them yours in your cooking experiments!

### Kimchi soondubu jjigae (aka kimchi tofu soup)

Time: 30 minutes Yield: 4 servings

- Ingredients: 4 cups water (or just until all ingredients are covered in
- 1/2 block of soft or silken tofu (but regular is OK too)
- 1 cup kimchi
- 2 green onions, chopped
- 1/2 onion, thinly sliced or
- diced 2 cloves of garlic, minced
- 1/2 tablespoon sesame oil 1-2 tablespoon gochugaru chili (Korean flakes) gochujang
- fermented chili paste) 1 teaspoon olive oil (omit if you are using a fatty protein

- like pork belly)
- 2-3 teaspoon soy sauce (to
- 1 cup protein of choice (personal fav is chopped up pork belly, but you can also do chicken, tuna or just
- 1 teaspoon fish sauce or glutamate monosodiom
- (MSG) 1 egg

### Directions:

- If using pork belly, first stir fry it in your pot. If using other types of protein, sweat out your onion and garlic with olive oil on medium heat first and leave the protein for a later step.
- If you haven't added your
- onions, add it now. Cut the kimchi into 1-inch squares, or bite sized pieces if your kimchi came in whole leaves.
- Once the onion is softened, add the kimchi and cook for another 2-3 minutes.
- Add in the gochugaru, stir the ingredients and cook for 2-3 minutes.
- Once the ingredients in the pot are well mixed, add the
- Add gochujang if you have some, and add the sesame oil along with the tofu. You can also add the fish sauce or MSG at this stage.
- Cover the pot with a lid and let it simmer on medium heat for 10 minutes, lowering the heat if necessary.
- Once the soup is cooked, add the egg (if desired) and cook for another 3-5 minutes, or just until the egg white is cooked but the yolk is still
- 10. Finally, sprinkle the chopped green onion as a topping. Serve with rice for the best combo!

For the best eating experience,

I highly recommend eating the

soup with a bowl of rice and

Once the miso paste is properly disbursed, add the tofu and wakame seaweed and cook for around 5 minutes, or until boiling Add green onion and serve

Something I like to do to spice up the soup is add some cubes of salmon for the extra protein and umami. Most seafood goes amazingly well with miso, so tuna and many types of seafood also make an amazing miso soup.

### Ginger chicken soup Time: 45 minutes

Yield: 2-3 servings

### Ingredients:

- 2-3 chicken thighs drumsticks, skin on
- 1-2 tablespoon of olive oil
- 1 cup carrots, diced (around 2-3 thin carrots)
- 1/2 onion, diced 3 celery sticks, diced
- 32 ounces (1 carton) chicken stock
- 1 bay leaf

- 2 cloves garlic, minced
- piercing the egg yolk to mix with Salt, to taste
  - Seasonings: black pepper, garlic powder, parsley, basil, oregano, thyme
  - 1-inch chunk of ginger, sliced

### Directions:

- Add the olive oil to a deep or wide pot and spread evenly at the bottom.
- 3-5 tablespoon miso paste of 2. Add the chicken thighs or drumsticks, skin down and sear it until the skin is golden brown.
  - Take the chicken out and put it aside for now. Add the chopped carrots, onion and celery to the pot and a pinch of salt and pepper. Cook on medium heat for 5 minutes, or until softened.
  - Add in the minced garlic and cook until fragrant.
- Once the base is ready, stir in 5. Once all the vegetables are well combined and cooked, add the chicken stock and the bay leaf, along with the remaining seasonings. Add your ginger slices here.
  - Cook the mixture on medium heat until you see bubbles form.
  - Add the chicken back to the pot and simmer on low for 15 minutes. Taste your soup and adjust the seasoning and salt level.

the best experience, serve with rice or some cooked pasta with grated parmesan. When I cook this dish during any other time of the year, I omit the ginger, but this winter after getting sick, I found adding some slices of ginger into the soup made it a lot more hearty and comforting. It's more like a warmth that comes from inside your body. It made me feel more relaxed and my throat more soothed when I got a cold, so definitely try this out if you're feeling under the



# VISTA

# Latinos for Politics: Una nueva oportunidad de involucrarse en la política



Latinos for Politics se está enfocando en la reclutación de más y más estudiantes interesados en la política y en leyes.

Angelica Monroy Editora de Copia de La Vista

La creación de la organización Latinos for Politics inicio durante el verano después de que Gemma Sierra, estudiante de UCSB de cuarto año, junto con amigos y conocidos con parte de su ángulo so el mismo interés, se dieron y enfoque es la es a la tarea de construir un espacio que sea dedicado para estudiantes Latinos quienes están interesados en aprender e involucrarse en la política.

En la biografía de su página de redes sociales de Instagram, @ucsbl4p, su propósito como organización es "romper las barreras generacionales al compromiso político".

Una de las maneras en las cuáles Latinos for politics ha estado trabajando para llevar a cabo su misión ha sido al asociarse con la oficina del Vicepresidente externo de asuntos estatales (EVPSA), trabajar para aumentar participación electoral localmente.

Como una organización

nueva, Latinos for Politics se está enfocando en la reclutación de más y más estudiantes interesados en la política y meta enfocarse en involucrar a más y más latinos en espacios políticos, gran espacio espac en leyes. Aparte de ser una educación, las basamos en educativas aprender bases para política, políticas y leyes afectan a que

dijo. Como estudiante en los departamentos de Ciencia políticas y Estudios Latinoamericanos, al igual que sus experiencias personales, Gemma Sierra y sus cofundadores están dedicados a atraer conciencia e información al cuerpo estudiantil Latino de UCSB. "He visto muchas de las desventajas que tenemos como Latinos. Desventajas

comunidades

minoritarias", Sierra

dadas debido a las barreras del idioma, educación e ingreso al querer asesorarse legalmente",

acerca exalumna

Algunos de los eventos que se han llevado a cabo en el trimestre de otoño son

de recaudación e invitados especiales, incluso sesiones de

estudio o visitar a los huertos de calabaza. La recaudación de fondos se hace a través de ventas de pan dulce, y otros bocadillos, y al igual que invitar a oradores especiales como nicieron

recibir asesoramiento admisiones a escuelas de derecho desde la perspectiva una UCSB. Durante

u s sesiones de estudio en sus juntas de miembros generales que se anuncian en su página de Instagram se proporcionan botanas y en tiempos de exámenes parciales y finales se dan a la tarea de tener en la mano blue

books y scantronic. organización Como una

por y para latinos, Sierra comparte cómo ha visto que su organización ha impactado positivamente a su comunidad. "Muchos de nuestros miembros de primer año seguido tienen sentimientos de nostalgia y el síndrome del impostor", Sierra dijo, y al ser parte de un grupo que tenga las mismas metas, "Se crea un ambiente de bienvenida y de pertenencia, ya que ven a personas similares a ellos" Sierra continúa.

Uno de sus eventos más esperados se llevará a cabo en el trimestre de invierno.

Este evento se está llevando a cabo en conjunto con el departamento de estudios Latinoamericanos de UCSB y el tema principal será centrado sobre cómo las leyes de Latinoamérica han sido o siguen siendo afectadas por las

leyes y política Estadounidense. Como fundadora, Sierra espera en un futuro que Latinos for politics pueda expandirse fuera del campus de UCSB y que llegue a impactar a la comunidad local de una manera más profunda y resonante.

### Mi mamá dijo: Desmitificando el VapoRub

aceites

crean un efecto refrescante el

cual oculta el sentimiento de

congestión y dolor, es decir

para reducir molestias al sueño

De la misma manera en que sobar su rodilla ayuda a

sanar después de pegarse, la

esenciales

analgésicos tópicos.

cuando se tiene gripe.

Estos

Editora de La Vista Un remedio pasado por generaciones, VapoRub ha sido parte de mi vida desde antes de que tenía consciencia. dormir Recuerdo cabeza cubierta de pie con esta gelatinosa sustancia despertandome casi completamente curada.

Mari Villalpando-Ortega

Creo que este remedio se conoce tras cada familia hispana.

Con el "vaporú" en pies, pecho, mis hasta espalda, en los sobacos, d o r m í acurrucada en calcetines, pijamas calientitas cobijas grandes ya saben de cuales hablo. Aunque andaba super incómoda, dormía largo y

profundo y desperté alivianada y a veces pegajosa. Pero łcómo

funciona? VapoRub es un analgésico tópico que alivia dolores menores en el sistema músculo esquelético como lo hace

> de la congestión, engañando a o tu cerebro. Aunque suena como placebo, un estudio hecho en 2017 que exploró la efectividad de analgesicos tópicos descubrió que la aplicación de VapoRub antes

de ir a dormir tiene un efecto positivo en la percibida calidad de sueño para adultos sufriendo de síntomas de la gripe. Los productos como Vaporub se pueden usar como una

distracción a la tos y congestión, pero no pueden aliviar sus síntomas así nada más. En este ejemplo, puede que te ayude con un sueño sin

molestias el cual tiene grandes

implicaciones del proceso de recuperación en general pero solo no podría aliviarlos de completo.

Ahí es donde obtienen ayuda desde medicinas de venta libre o donde empiezan a recolectar las remedias caseras de sus abuelas, bisabuelas y tatarabuelas.

Otro factor que debe de considerar es el rol del aroma de VapoRub en el "proceso de recuperación".

De acuerdo al estudio coreano de 2013 en la revista Medicina alternativa y complementaria basada en evidencia, personas que tuvieron reemplazos de rodilla informaron menos dolor (y reducción de la presión arterial) después de inhalar vapores de eucalipto.

El olor resplandeciente de eucalipto es usado en una

variedad de aromaterapias que apoyan el sistema respiratorio y alivia malestares físicos. El eucalipto contiene -pineno y 1,8-cineol y actúa como antioxidante que inhibe la

secreción de citoquinas por los

linfocitos T, una proteína crucial

en controlar el crecimiento y

la actividad de otras células

del sistema inmunológico y de la sangre. Debido a esto ayuda en forma de pomada VapoRub para combatir dolores temporalmente.

Puede ser también que haya efectos psicológicos.

En mi familia el VapoRub se considera una panacea.

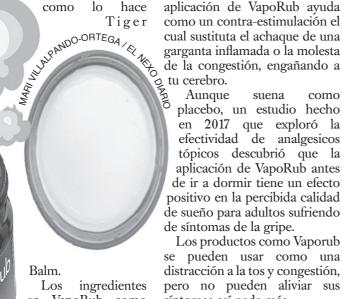
Para todo se usa el VapoRub tos, dolores, congestión, para hongos, tratamiento heridas a la cabeza huesos rotos y muchas cosas más que te podría listar mi mama.

Dicho eso, el olor a VapoRub de inmediato me recuerda a los tiempos de niñez donde mi mamá me acurrucaba antes de ir a dormir.

En cuanto me llega el olor a VapoRub escucho la voz de mi mami diciendome de todas las maneras en que puedo usar el VapoRub.

Aunque sea dolores físicos o ansiedad, siempre me curaba aunque sea el ánimo.

En esos tiempos supe que aunque me sentía fatal andaba mocosa y ronca mi mami me cuidaba con su pomada mágica y un verso de "sana sana colita de rana".



en VapoRub como el mentol, alcanfor y aceite de eucalipto son supresores de tos y

# SCIENCE & TECH

# SIMPLY STATED: Do we really have free will?

Cassie Cavallo Reporter Cassie Cruz Reporter

When you decided to read the Science & Tech section of the Daily Nexus today, was it really a choice? Or is this action, and every action you have ever taken, predetermined? Hard determinists would say you never had a choice against this fate. Hard determinism is the concept that humans do not have free will but, instead,

are a

mere

product of genetic,

environmental and unconscious factors outside of one's control.

The philosopher René Descartes, who you may know by his famous quote, "I think, therefore I am," concluded that humans are conscious by using a thought experiment in which an evil demon could manipulate him into doubting the existence of his senses and the things he thought he knew about the external world.

After all, psychology tells us that sensory experiences do not put us in direct contact with the world around us but rather connect the sensory input we receive to the map of the world that our brain is constantly building.

Descartes concluded, however, that the one thing the demon could never do is trick his mind into thinking he didn't exist because doing so would require existence itself. Therefore, Descartes concluded that if every part of his body could be fooled except his conscious mind, then his conscious mind must irrefutably exist.

Many contemporary scientists and philosophers, though, including some UC Santa Barbara faculty, believe that you can be conscious without free will. Social LAURE psychologist Daniel

Wegner's theory on the illusion reported.

of free will suggests Libet's

choices

processes

brain

make

the

might not be

as autonomous

as they seem

because

underlying

in

our

Libet's study suggests that our brain may decide to act before we are even consciously aware of it. So, if we

may not have free
will, why do we
think we do? In
2008, UCSB
psychological
& brain

sciences professor and researcher Jonathan Schooler conducted a study examining the relationship between the belief in free will and ethical behavior.

The study found that messages discouraging belief in free will resulted in a greater tender cy to cheat on a sell-graded exam,

indicating a
potential link
between our
beliefs about
free will
and our

actually simultaneously take multiple paths at once, in which they are in what is known as a superposition state.

It is known that on large scales, quantum effects are not observed, like how we tend not to see a student walking through two different

entrances of a physics classroom at the same time.

However, there has been evidence suggesting quantum effects play a role in certain functions of living beings, such as in the quantum mechanics

of migratory
bird magnetic
navigation
or plants'
synthesis of
sugars.

Evidence is beginning surface pointing to quantum effects on the human brain, leading some physicists entertain the idea that consciousness and free will could emerge from quantum processes. Physicist and UCSB

Physicist and UCSB physics professor Matthew Fisher argues that phosphorus nuclei in the brain may have a quantum spin that allows for a type of superposition, called an entangled state, that can last long enough for human brain processes to occur.

However, even if the brain does function at a quantum level, there is still work to be done to connect the quantum indeterminacy of brain processes to proof of humans' free will.

And so, the question as to whether we really possess free will, or whether it is just an illusion, remains. In this investigation, because of the ever-evolving nature of our understanding of consciousness and free will, you must weigh all the currently available evidence and ultimately decide for yourself.

So, did you really have any choice in reading this free will exposé? Maybe not. But on the off chance that the hard determinists had it all wrong and we do in fact have free will, try to stay honest while taking your exams this finals season ... even if the evil demon on your shoulder tells you otherwise.

decisions before m o r behavior. consciously aware of Schooler's them. study Scientist Benjamin leaves us questioning Libet performed a study in whether the idea that the 1984 that provided support mere belief that we have for this theory. Libet had free will may have evolved to participants press a button encourage prosocial behavior. while he compared the time Even if the belief in free will at which participants reported has value, does anything really matter if we don't have free being consciously aware of deciding to move with the will in the first place? Is there time brain activity associated any evidence that points to with movement was sensed us having any power against a predetermined fate? The through scalp electrodes. The results showed that the answer to this question may actually be in the physics of brain signaling correlated to movement was actually the fundamental units that sensed 350 milliseconds make up our universe. before the conscious By the nature of quantum physics, what happens to the decision move was

actually be in the physics of the fundamental units that make up our universe.

By the nature of quantum physics, what happens to the universe at microscopic levels is unpredictable and cannot be described in a deterministic way. This phenomenon is observed through the famous double-slit experiment, which is ch

concludes
that the
behavior of
quantum particles is
unpredictable and can

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Thursday, November 30, 2023 12 Daily Nexus **Sports** 



### Armchair QB

The NFL set a Thanksgiving day viewership record for the secondstraight year, averaging 34.1 millon

# SPORTS

### **UCSB Athletics**

Junior guard Ajay Mitchell scores a seasonhigh 27 points in a win against Fresno State on Nov. 27.

### Women's basketball cruises to a win over Weber State

Preston Espar Sports Editor

After falling to the University of Nevada, Las Vegas Rebels 68-49 the previous night, the UC Santa Barbara women's basketball team bounced back on Nov. 25 as they beat the Weber State University Wildcats 61-51.

The victory puts the Gauchos' overall record at 3-2 as they continue warming up before conference play. Sophomore guard Mary McMorris had a career-best 20 points on 8 out of the 11 attempts on shooting in her team's double-digit victory, earning recognition from Head Coach Bonnie Henrickson.

"Yesterday was as good as she has been on defense, being disruptive and not letting players get to where they want to go. Additionally, she has a good little mid-range game. She was also able to get out in transition and make plays for us passing the ball," Henrickson said.

When the game began, neither team was able to gain momentum as they exchanged baskets early. Eventually, a dominant 8-point run put the Gauchos up for the remainder of the quarter. During the rest of the quarter, 3-point shooting was essential for the run and the team shot 42.86% from behind the arc. The defense was strong in the quarter and held Weber State to just 33.33% shooting while giving up no shooting fouls. By the end of the first, UCSB was up 21-14.

At the start of the second quarter, the Wildcats were able to go on a mini-run of their own. In this period, Weber State cut the lead down to 2.



Sophmore guard Jessica Grant looks to shoot or pass while being contested earlier this year.

McMorris and senior guard Anya Choice led the team on that side of the ball. Clutch shooting from these players allowed the Gauchos to enter the locker room at half with a 5-point lead. The Gauchos shot poorly in the quarter at 33.33%, but by making 3 3-pointers, they were able to maintain

their lead. The dominant offense

combined for over half of the team's offensive output in the third quarter and were able to help extend the lead back up to 8 points. Immediately after, the Gauchos began to stagnate. Weber State was allowed back in the game by going on a 7-0 run of their own. However, UCSB stormed back and again went on a big run - this time scoring 10 unanswered points.

thought we made some really good plays and then we would come down the floor and turn it over. But we were able to calm down after they made it a 1-point game and then went on a run to make it an 11-point game after some successive possessions where we got positive plays."

In the final quarter, McMorris set the pace again by hitting the However, the Gauchos were continued for McMorris and able to counter with a solid offensive play of their own as half began. The two players were able to bounce back after a tough game was the only made shot for the one continued for McMorris and back after a tough game was the only made shot for the and will be available to stream offensive play of their own as half began. The two players were able to bounce first shot of the quarter. This was the only made shot for the one ESPN+.

quarter, but 87.5% success on 8 free throw attempts allowed them to maintain their lead. Additionally, the defense clamped down as the Wildcats only put up 2 fourth-quarter points. This allowed UCSB to end the game victorious.

In their next match, the women's team will take on the UC Santa Cruz Banana Slugs at the Thunderdome on Nov.

### Women's volleyball loses semifinals in the Big West tournament but make NCAA tournament

Isaiah Ochoa Sports Editor

UC Santa Barbara dropped their first game against California State University, Long Beach in the Big West tournament to see an early exit on Nov. 24. The match went 5 sets as the Beach outlasted the Gauchos to advance to the

finals. With the Gauchos earning the No. 1 seed through regular season conference play, they did not play their first match

until the semifinals. The Gauchos took on the host of the tournament, where it was a back-and-forth battle.

In the first set, UCSB fell behind early as California State University, Long Beach (CSULB) took a 6-point lead, but it didn't last long. The Gauchos rallied back from the early deficit as they tied it at 18 points. Not only did the Gauchos tie it, but they also took the lead.

CSULB did not let the set get out of hand as they came back from their deficit by tying it and taking the first set win to

be up 1-0 in the match. Heading into the second set, the Beach repeated what they did in the first set by taking on an early 6-point lead. The Gauchos tied it at 16 after a media timeout. From there, both teams went back-andforth until the Gauchos scored the last 2 points to take the second set.

CSULB had complete control for the third set and never fell out of rhythm as

they quickly took the set 25-17. The Gauchos found their rhythm in the fourth set as they dominated with a 25-16 win, leaving it all for the winner to

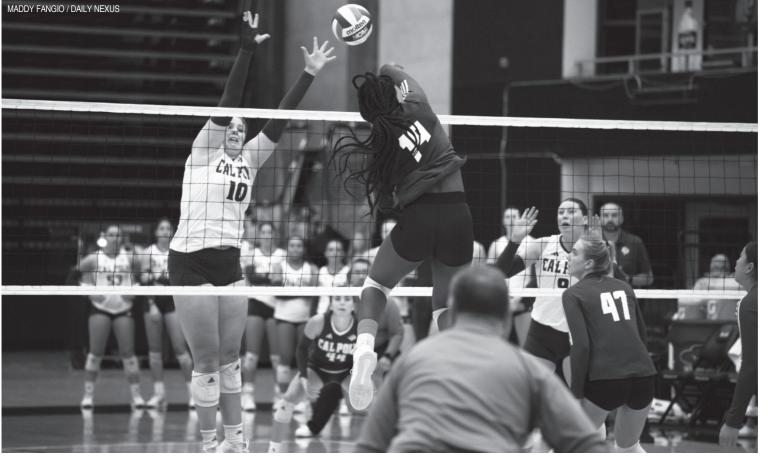
take all in the fifth set. Both teams went back-andforth in the final set until the Beach jumped out to a 12-7 lead. As the score was 14-8, the Gauchos scored 4 unanswered points, but it was not enough as CSULB had won the set and made their way into the

championship game. Even with the loss which cost the Gauchos an automatic bid to the NCAA tournament, their regular season efforts had been enough as they were selected for the Stanford Regional. The Gauchos are set to face the University of Houston on Dec.

The Gauchos showcased an outstanding performance this season, finishing with an impressive 27-3 overall record in the regular season, including a remarkable 17-1 record in the Big West. This marks only the second time in the school's history that a team had just 1 loss in Big West play.

They demonstrated their prowess with a 9-2 record against Top 100 opponents and a 4-1 record against Top 50 opponents, securing a notable victory over a nationally ranked team earlier in the season.

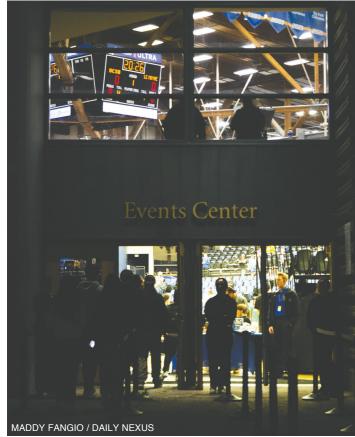
Throughout the season, the Gauchos consistently received votes in the American Volleyball Coaches Association Coaches Poll, even breaking into the Top 25 for a week. UCSB can proudly claim the Big West Conference Player of the Year title for senior outside hitter Michelle Ohwobete and the Libero of the Year title for senior libero Macall Peed. Head Coach Matt Jones, honored as the Big West Coach of the Year, guided the team to success, with three other players receiving all-conference: senior outside hitter Briana McKnight, senior opposite Tasia Farmer and junior middle blocker Andi Kreiling.



Senior outside hitter Michelle Ohwobete attempts a kill early on in the season.

# SPORTS

### In photos: Men's basketball versus Le Moyne College



Students enter the Thunderdome for the UCSB men's basketball game against Le Moyne College

MADDY FANGIO / DAILY NEXUS

Senior guard Josh Pierre-Louis high-fives his teammates as he is introduced in the starting lineup.

Preston Espar Sports Editor

After a losing start, the UC Santa Barbara men's basketball team got their first win of the season in a 96-72 victory over the Le Moyne College Dolphins. Junior guard Ajay Mitchell made his first appearance of the year in the match and finished with 15 points and 6 assists in 18 minutes. Junior guard Cole Anderson, senior guard Josh Pierre-Louis and sophomore forward Yohan Traore were also able to score double-digit points, as they scored 20, 19 and 18, respectively.

For the entire first half, the Gauchos' offense was on fire. Anderson made 5 3-pointers in the half, and Mitchell had a perfect shooting percentage. As a team, UCSB could not be stopped as they shot 63.33%

from the field. Traore made don't fix our defense moving highlight-reel-worthy some plays in the form of putback dunks. But even with the Gauchos having a high-flying offense, turnovers were an issue. When the first-half buzzer sounded, the Gauchos had a 52-42 lead.

"For us, we have been shuffling our lineups and with Ajay coming back, it was a huge piece for us," Head Coach Joe Pasternack said. "The biggest issue for our team right now is turning the ball over. We are averaging 17 turnovers a game and if we don't fix that, it's going to be a tough road ahead. We are giving up transition baskets, and we need to fix that. I thought our guys had great effort tonight in every other area. But it is all about our defense. We have enough offense to go around, but if we forward, we are going to be in trouble."

13

In the second half, the UCSB offense did not let up. The team shot a solid 60% from the field as they put up 44 second-half points. However, the defense had vastly improved and sealed the victory for the Gauchos. At one point in the half, UCSB held the Dolphins to just 1 made basket in 8 attempts. While the Dolphins never stopped competing, the deficit was just too much to overcome as they eventually fell to the Gauchos by a final score of 96-72.

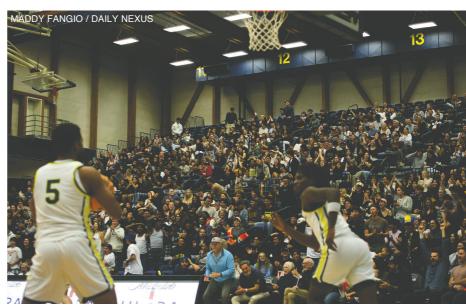
In their next match, UCSB defeated Westmont College by a score of 91-79. The victory put the Gauchos' record at 2-2. Their first opportunity to go over 0.500 is Nov. 27 when they travel to Fresno to take on the Fresno State Bulldogs.



Fans in the student section cheer after UCSB scores their first basket.



Sophomore guard Matija Belic gets fouled as he goes for a layup.



The packed student section rallies behind UCSB.



Sophomore forward Yohan Traore sets up for a UCSB free throw.



Pierre-Louis attempts a layup.



Pierre-Louis warms up before the second half.



Teammates from the bench watch on as Traore attempts a free throw.



Head Coach Joe Pasternack paces courtside during the game.

# ()PINI()N



# U-MAIL: BUZZING FOR A LIFE **OUTSIDE OF CLASS**

### **NEW MESSAGE!**

#### Maya Salem Staff Writer

A couple of weeks ago, I was assigned to read a book for a literature class. It was 500-andsomething pages, written in Old Scottish vernacular and (due to some minor procrastination on my part) I had only a few days to finish it.

Though I had holed myself up in my room all weekend, separating the preposterous number of pages into manageable chunks to finish one by one, I promptly fell asleep the moment I took the book to the warm comforts of my bed.

The next morning, I woke up, opening my eyes to the silhouette of the book staring back at me on my pillow. Angry with myself for not finishing it before I went to bed, I decided I'll walk to a new cafe, where I'd be motivated to read, alongside a pot of hot tea in the cooling autumn air. Loosely following directions, I soon realized that the cafe, in fact, does not exist. I circled the block, staring into the ever-faulty Apple Maps and willing the establishment to reveal itself. It did not. After walking another 15 minutes toward another bakery that did not exist, I gave up, opening the door to the nearest chain coffee

I decided to just go in and sit, having already wasted almost an hour of time I could have spent back at home reading.

I ordered a mocha at the counter, scanning the

empty shop for the perfect reading nook. I turned back to the barista, but instead I turned back to my book of handing me my finished drink, she dumped it out. I looked around, searching for an explanation. She told me she forgot to add chocolate. I assured her, no worries, when I was, in fact, worried. The morning rush started to pile in behind me. A few minutes passed before she finally turned back around with my completed (chocolate) mocha. I caught a glimpse of her "trainee barista" shirt, and I thanked her.

I found a seat and pulled out my book. About an hour passed and I diligently read, but the increasing noise level prompted me to find somewhere new.

A block away at another cafe, it's quiet, and I chose a corner seat warmed by the sun. The kind owner brought my scone to my table, toasted with butter and jam and a chalicelooking cup of water. I read, at peace and undisturbed. Until a bee buzzed over to circle around me. I already don't do well with bees (and somebody just sat down a couple seats away from me), so I tried to politely and indiscreetly swat it away with my napkin. But it was a very persistent bee. I tried to dodge it with my book; I stood up; I sat down; and I rearranged my things. The bee wasn't going anywhere. Nobody in the cafe seemed to be watching me, which was helping but also not helping as I'm sure I looked like I was battling an invisible monster over here in the

In a moment of reprieve, the bee floated away, and and scone in peace. I reread the last few pages which slipped from my central attention, trying to once again find the throughline.

But the bee came back. Analyzing the plate in front of me, I realized its attraction was to the peeled-back container of strawberry jam. The bee crawled toward it, sniffing around inside the little plastic container. Seeing as I had no other choice (either leave with my halfeaten scone or deal with the bee), I carefully slid out my butter knife and started to close the little lid of the jam package on top of the bee. It didn't move, so I quickly laid the butter knife on top of the package, trapping it inside. Fully aware of the torture I had just now inflicted on this poor bee, I stuffed down the rest of my scone, trying not to look inside the jam package. It wasn't moving at all, so I had to assume the worst. As I gulped down the remaining cup of water, though, I see the bee's head wriggling out of the opposite corner of the jam package, from the loose flap. Amazed, I watched its determined movements for a moment. When its wings emerged, I stood up immediately, not about to deal with an angry bee. I carefully slid my empty water cup onto the table before basically running up to the till, paying for my scone and

leaving. At this point, it was time for me to go to my

meeting. As I walked over, I contemplated my hundred unread pages, preparing to fumble my way through our discussion. As my group members arrived, we all had the same sheepish look on our faces and half-marked books in our hands. None of us finished the book. After all, it was 500-something-pages and we only had a week with which to read it.

We took our notes and discussed the book, but we also discussed our weekends and classes and fun plans. As I packed up my laptop and book, I realized I was stressing over nothing and I should have just known all I needed to do was try my best reading.

It was clear we all cared about doing the assignment and the content of our discussion; it was just too much to do without sacrificing ourselves.

In this literature class, we are required to read one book a week. It's a lot. Sometimes I finish the books, and sometimes I don't. What matters is that I try and that I prepare myself for our class discussions. But I don't want to stay up all night and traverse an entire city in search of sustenance and a warm place to read. I want to enjoy learning and

Trying to care a little less and live a little more, Maya

### **HOROSCOPES**

The signs as daylist titles of the Opinion staff (search daylist on Spotify)

### **ARIES**

MARCH 21 - APRIL 19 tough 808 thursday afternoon

### **TAURUS**

**APRIL 20 - MAY 20** 

warm fuzzy feeling hot chocolate early monday morning

### **GEMINI**

**MAY 21 - JUNE 20** 

psychedelic 70s rock afternoon

### CANCER

**JUNE 21 - JULY 22** 

cuddly brass thursday morning

### LE0

**JULY 23 - AUGUST 22** 

confidence luxury wednesday evening

### **VIRGO**

**AUGUST 23 - SEPTEMBER 22** 

soul-crushing writer monday evening

### LIBRA

SEPTEMBER 23 - OCTOBER 22

community complex thursday morning

### **SCORPIO**

**OCTOBER 23 - NOVEMBER 21** 

french indie chanson thursday afternoon

### **SAGITTARIUS**

**OVEMBER 22 - DECEMBER 21** 

energy summer-camp evening

### CAPRICORN

**DECEMBER 22 - JANUARY 19** 

melodramatic swamp tuesday early morning

### **AQUARIUS**

**JANUARY 20 - FEBRUARY 18** 

joyride slick wednesday afternoon

### **PISCES**

FEBRUARY 19 - MARCH 20

happy indie sunshine thursday afternoon