

SJP hosts vigil in honor of Palestine



The event started with poems led by representatives from organizations in affiliation with SJP.

Asumi Shuda
Deputy News Editor

Students for Justice in Palestine at UC Santa Barbara held a candlelight vigil in solidarity with Palestinian liberation and to honor lost Palestinian lives on Nov. 9 at Storke Lawn.

Around 50 students, faculty and staff of the UCSB community gathered on campus at 5 p.m.

The event was for “honoring and remembering those that have been killed by the occupation, currently and in the past 75 years,” according to Student for Justice in Palestine’s (SJP) event description.

The vigil laid out next to over 2,000 miniature red, green, white and black flags, creating the Palestinian flag – placed on Storke Lawn earlier that week – with the names of Palestinian children killed in the Israeli bombing campaign of Gaza written on each flag.

“May our movement continue to be carried on from our youth to our elders, from Palestine to occupied Turtle Island,” an Instagram post by SJP read.

SJP has continued to organize on campus as the siege of the Gaza Strip by the state of Israel

continues. Communication and internet networks in Gaza are expected to be cut off by Nov. 16 due to infrastructural damage and fuel shortages, Ramallah-based State of Palestine Minister of Communication & Information Technology Ishaq Sider told the Washington Post. Over 3,600 children were killed in Gaza during the first 25 days of the siege according to AP News.

The Health Ministry of Gaza reported the death toll in the Gaza Strip as over 11,000 as of Nov. 13, according to Aljazeera.

SJP members lined the stairs up to Storke Tower with flowers and candles in honor of the lives lost, with this setup leading to a square-shaped assembly of flowers. An individual saged various SJP members on top of the steps while attendees gathered on the lawn.

Participants were given candles and masks before the vigil began, and a Palestinian flag laid wrapped near the flower assembly.

The event started with poems led by representatives from organizations affiliated with SJP. Mauna Kea Protectors UCSB began with a poem on the meaning of aina, and the

Afghan Student Association (ASA) followed with a poem about the ruins of war.

“I want to kiss the ground where homes once stood ... beauty erased by the ruins of war,” the ASA representative said.

Another speaker then recited a similar poem in honor of the children of Gaza.

“Friends become statues ... You learn that night is a gun, [and] it could be your turn,” the speaker said.

“The land is for all, you have the right to not be dead,” the speaker continued.

Young Democratic Socialists of America (YDSA) concluded the poems with their own recitation.

“Enemies might triumph over Gaza ... but [we] will not say yes to invaders,” the YDSA representative said. “[Gaza] will continue to explode ... It is Gaza’s way to declare that it deserves to live.”

Attendees were then encouraged to place a flower or candle at the assembly on top of the stairs as the names of lost lives were called.

“Put them in the center to show community and show how many names we are listing off,” an SJP speaker said.

UCSB community members attend A.S. Senate meeting, discuss bill condemning Hamas during public forum

Alex Levin
University News Editor

More than 50 UC Santa Barbara students, faculty, alumni and community members attended the Associated Students 74th Senate weekly meeting on Nov. 8 to speak during the public forum segment in response to a bill listed on the agenda condemning militant group Hamas and antisemitism at UCSB.

The creation and discussion of the bill come in light of the continued siege of the Gaza Strip by the state of Israel following an Oct. 7 attack on Israel by militant group Hamas and subsequent attacks on Palestine by Israel.

The bill, titled “A Resolution to Condemn Hamas and Antisemitism at UC Santa Barbara,” calls for Associated Students (A.S.) to “unequivocally condemn Hamas” and “mourn all civilian loss of life in Israel and Gaza as a result of the ensuing war,” as well as “denounce the hateful rhetoric of pro-Hamas student groups as antisemitic, reprehensible, and morally despicable.” The bill authors did not specify what pro-Hamas student groups exist on campus.

There were 54 people signed up to speak at the meeting, but only 40 – the majority of which

were undergraduate students – received an opportunity to share their thoughts.

Before entering the public forum segment of the meeting, A.S. Off-Campus Senator, Senate First President pro-tempore and second-year computer science major Ephraim Shalunov suggested that the Senate prioritize the voices of UCSB undergraduate students, since they are the primary body that the Senate represents. The Senate agreed to implement Shalunov’s suggestion for the duration of the meeting.

One of the first speakers of the evening was UCSB alumna Alia Sky, who served as the 2020-21 External Vice President for Statewide Affairs (EVPSA) and was previously a member of Students for Justice in Palestine. Sky spoke in dissent of the bill, arguing that instead of only condemning Hamas, the bill should call for a cease-fire by the Israeli government.

“I sit in front of you ashamed, appalled and disgusted by the resolution you are considering,” Sky said. “If you mourn the loss of all civilian life in Israel and Gaza then this resolution should be calling for an immediate cease-fire by the Israeli army.”

Fourth-year statistics and

A.S. Senate Recap p.5

IVRPD hosts Bark Party for dogs, owners



A pomeranian flashes a smile for the camera.

Anushka Ghosh Dastidar
Community Outreach Editor

The Isla Vista Recreation & Park District held its second-ever Bark Party on Nov. 8 at Sueno Park.

The event was an opportunity for owners and pets in Isla

Vista to meet other dogs and take advantage of the tips and resources from local businesses, according to an Isla Vista Recreation & Park District (IVRPD) email press release.

“The goal of this event will focus on creating socializing opportunities for our four-legged companions while

providing free resources from local businesses, tips and tricks for pet owners, as well as a range of activities and tasty treats for everyone to enjoy,” the press release read.

Owners were invited to dress up their pets for a Polaroid station and to partake in various games, including Musical Mats and Scooby Says.

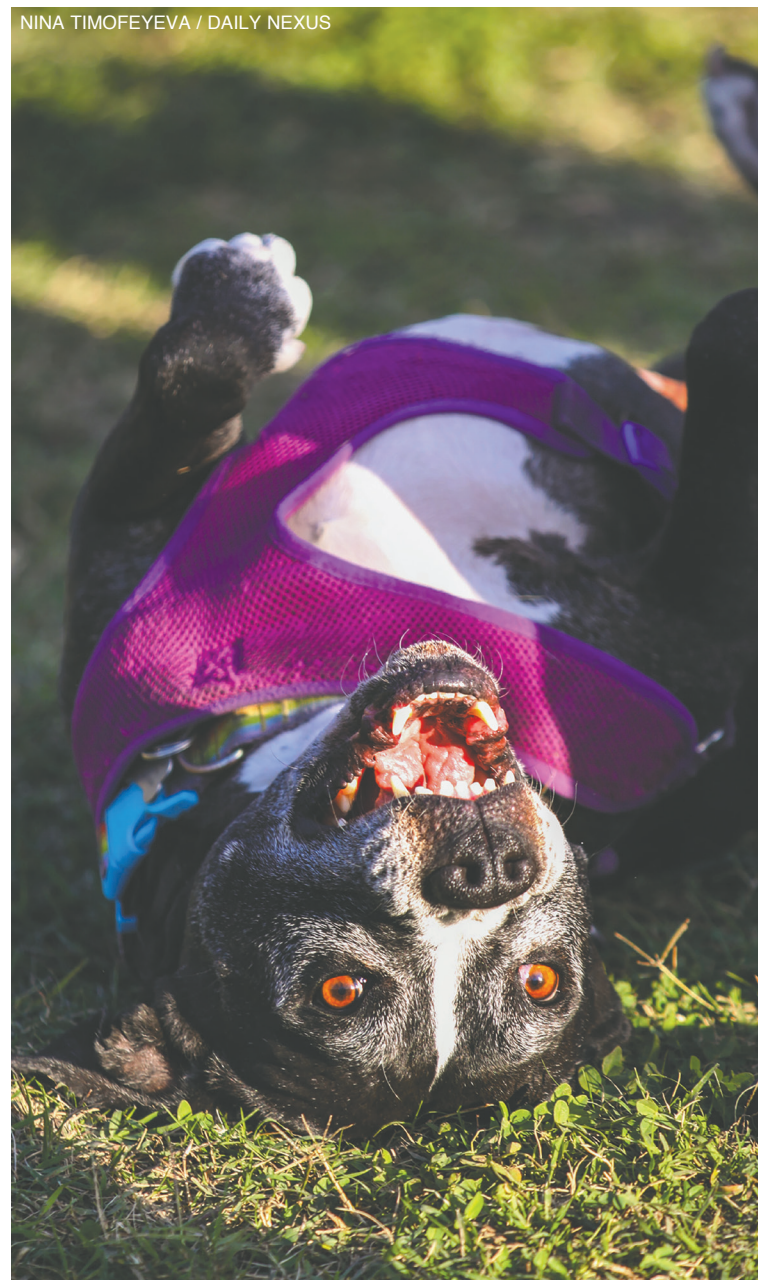
Businesses including Pet House, Lemos Feed & Pet Supply, C.A.R.E.4Paws, Goleta Airport Pet Hospital and PetSmart set up booths with toys and treats for dogs and their owners. A “bone bar” with free tennis balls and two raffle opportunities was also available.

IVRPD Board Chair and dog parent Pegeen Soutar was excited to see a social opportunity in I.V. for their dog.

“As a dog owner, I couldn’t be more excited and hope everyone takes a chance to come out and introduce themselves and their dogs to the community,” Soutar said.

IVRPD General Manager Kimberly Kiefer noted that the event was a way to return the joy to dogs that they provide for their owners.

“We’re proud to be creating opportunities where people and their pets can come together and share the unconditional love that pets provide to us all,” Kiefer said.



Dog rolls around in the grass at Sueno Park.

Bark Party p.5



Alex Levin
University News Editor

Los Curanderos hosts Friendsgiving potluck

Los Curanderos is hosting a Friendsgiving potluck social on Thursday, Nov. 16 at 7 p.m. The address of the event will be provided upon signing up.

“Bring your best dishes, and let’s celebrate the season of gratitude and giving together,” the Instagram post description read.

Resource Center for Sexual and Gender Diversity hosts QTBIPOC healthcare panel

Resource Center for Sexual and Gender Diversity (RCSGD) is hosting its annual healthcare panel for QTBIPOC identifying students and campus community members on Thursday, Nov. 16, from 12-1:30 p.m. at the MultiCultural (MCC) Lounge.

“We will cover gender transition options, reproductive health, PREP, STI testing, and a general review of QTBIPOC healthcare at UCSB,” the Shoreline description read.

The event will be co-hosted with RCSGD and Student Health.

MCC, Rapid Rehousing Program host hunger, houseless awareness event

MCC is continuing its Empowering Student Leaders Series with a showcase on hunger and homelessness awareness in collaboration with the Rapid Rehousing Program. The event will take place on Thursday, Nov. 16, from 3-5 p.m. at the MCC Theater.

The event will feature housing and basic needs resources on campus and personal testimonies from an open-mic forum and from members of the Youth Action Board of Santa Barbara County.

The open-mic forum is open to all and can be presented in any creative outlet. There will be refreshments following the showcase.

Interdisciplinary Humanities Center hosts lecture on California’s land, water

The Interdisciplinary Humanities Center is hosting a lecture on California’s capture of land and water on Thursday, Nov. 16, from 4-6 p.m. at the McCune Conference Room.

“In this talk, journalist Mark Arax will discuss how California’s capture of land and water is the story of a people’s defiance of nature and the wonders and devastation it has wrought,” the event description read.

MCC hosts poetry, music night with Melinda Palacio

MCC is continuing its “Fire Songs” series with an evening of poetry, stories and music with Melinda Palacio on Thursday, Nov. 16, from 6-7:30 p.m. at the MCC Theater.

Melinda Palacio is the first Chicana Poet Laureate of Santa Barbara and author of the novel “Ocotillo Dreams.”

UCSB Sustainability hosts night of sun-printing

UCSB Sustainability is hosting a night of sun-printing on Friday, Nov. 17, from 12-1 p.m. at the Greenhouse and Garden Project.

“Join us in learning an easy and inexpensive form of photography that only requires the sun and

photosensitive paper,” the Shoreline description read. “This can become a platform that allows freedom of self-expression in this art.”

Health & Wellness hosts workshop on mindfulness, empowerment

Health & Wellness is hosting a workshop on mindfulness and empowerment beyond adversity on Friday, Nov. 17, from 3:30-4:45 p.m. at the Student Resource Building (SRB) multipurpose room. The event is in collaboration with Kesem at UCSB, a non-profit organization that supports kids through a parent’s cancer diagnosis.

“Are you interested in helping kids or others who may be going through grief and loss with a mindful approach?” the Shoreline description read. “This workshop will share the knowledge learned at Kesem to guide those who may be interested in entering a career around helping others or those interested in empowering the lives of others.”

RCSGD hosts queer friendsgiving for graduate students

RCSGD is hosting a Queer & Trans Friendsgiving celebration for RCSGD and Queer & Trans Graduate Student Union affiliated graduate students on Friday, Nov. 17, from 6-9 p.m.

The event will feature a Thanksgiving taco bar, drinks and games.

Department of Recreation hosts 46th annual turkey trot

The Department of Recreation is hosting its 46th annual Turkey Trot on Saturday, Nov. 18, from 8:30 a.m. to 12 p.m. at the UCSB Lagoon Lawn. All UC Santa Barbara campus community members are welcome to attend.

Pre-registration rates are \$20 for UCSB students and \$30 for non-students, with day-of registration rates at \$25 for UCSB students and \$35 for non-students.

RCSGD hosts potting night for aromantic, asexual identifying students

RCSGD is hosting a potting night for aromantic and asexual-identifying students on Saturday, Nov. 18, from 12-2 p.m. at the SRB lawn.

“Come decorate pots and plant succulents while connecting with the aro/ace community on campus,” the Shoreline description read.

MCC hosts Cup of Culture event, screening “Ask the Sexpert”

The MCC is screening the “Ask the Sexpert,” a film about the late sex advice columnist Dr. Mahinder Watsa on Monday, Nov. 20, from 5-6:30 p.m. at the MCC Theater. The film is part of its Cup of Culture series, and will include closed captioning.

Asian Resource Center begins weekly quiet study jam

The Asian Resource Center (ARC) is beginning its weekly quiet study jam on Tuesday, Nov. 21, from 5-7 p.m. at the ARC.

“There will be snacks, warm drinks, lo-fi music, and testing supplies like scantrons and bluebooks for you to grab as needed,” the Shoreline description read.

A Week in UC Student News

Asumi Shuda
Deputy News Editor

UC Berkeley plans to repatriate 4,440 Native American ancestral remains, 25,000 artifacts

UC Berkeley announced its intent to repatriate 4,440 Native American ancestral remains and nearly 25,000 associated funerary objects in accordance with the Native American Graves Protection and Repatriation Act, the Daily Californian reported.

Enacted in 1990, the Native American Graves Protection and Repatriation Act (NAGPRA) requires institutions such as museums, agencies and universities to address the repatriation of Native artifacts and remains. The process requires compiling summaries and inventories, consulting with Native American tribes and returning human remains and cultural items in accordance with the law.

“It would be significant, and the largest repatriation we have made thus far,” chair of the UC Berkeley Campus NAGPRA Advisory Committee Sabrina Agarwal said in an email to the Daily Californian.

According to the Daily Californian, NAGPRA proceedings were intended to be completed within five years of the bill’s passage in 1990, and UC Berkeley has long been out of compliance with the law. The United States Senate Committee on Indian Affairs sent a letter to UC President Michael V. Drake on April 20, urging the campus to comply with NAGPRA.

“Delayed repatriation is delayed justice for Native

peoples,” the letter read. “For too long, Native ancestral remains and cultural items have been unconscionably denied their journey home by institutions, desecrated by scientific study, publicly displayed as specimens, left to collect dust on a shelf, or simply thrown in a box and forgotten in a museum storeroom.”

UC Santa Barbara remains out of compliance with NAGPRA, with the campus currently in possession of a large repository of Indigenous artifacts.

UCLA creates new major in disability studies

UC Los Angeles recently launched a Bachelor of Arts degree program in disability studies, making it the first of its kind within the University of California system.

The program includes a capstone project and an internship program in a community-based agency, the Daily Bruin reported.

“The Disability Studies Major embraces a methodology that examines disability as a social, cultural, and aesthetic construct, manifest in and shaped by artistic practices of representation and embodiment, that influences the perception of whose lives are valuable to society, and that serves as the basis for a range of policies, norms, and practices,” the UCLA Undergraduate Education Initiatives read.

Victoria Marks, the chair of the Disability Studies Interdepartmental Degree Program and a professor in the Department of World Arts and Cultures/Dance, said that implementing the major is pivotal, since the field of

disability studies challenges what people perceive as normal and invites conversations surrounding stigmas that those with disabilities face.

“(Disability studies) is a way of thinking about how we construct identities around health and well-being, functionality and, in some degrees, citizenship itself,” Marks told the Daily Bruin. “It allows all students, whether disabled or not disabled, to have language for and think about, tangibly, how it is that we move through the world differently.”

UC Davis Graduate School of Management launches master’s program in management

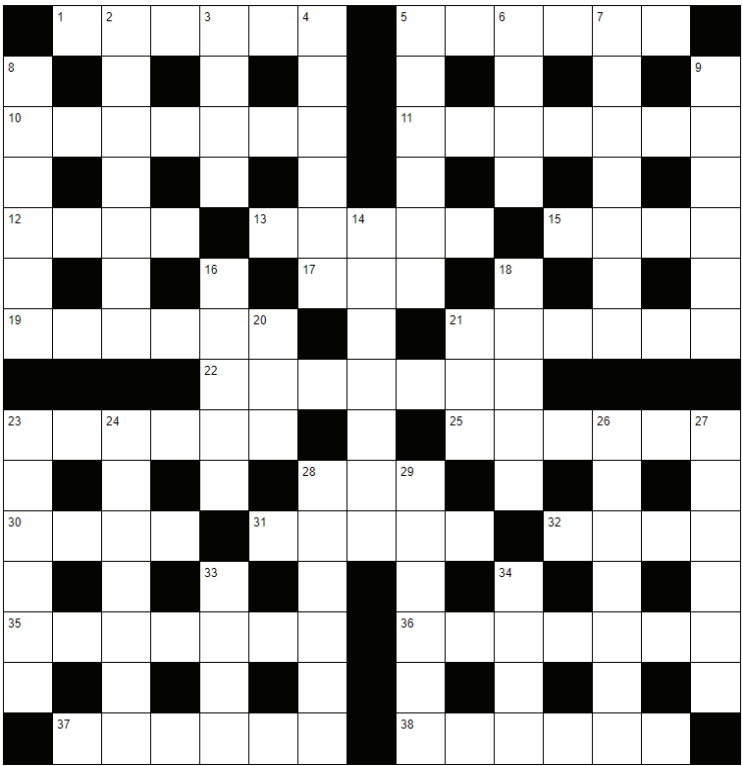
The UC Davis Graduate School of Management will implement a master’s program in management starting April 2024, the California Aggie reported.

The program is designed for students that have an undergraduate degree in a non-business field and do not qualify for an MBA program. The program offers both a 15-month, part-time online version and a nine-month, full-time program at the UC Davis campus.

“The ability to take courses both in-person and online is relatively rare for a Master of Management course,” Dean of the Graduate School of Management H. Rao Unnava told the California Aggie. “We provide that flexibility. We are also planning on providing specialization tracks, which is also relatively rare in this type of a program.”

UC Davis is the first University of California campus to create a graduate program in management.

The Daily Nexus Crossword



- 35. “_____ Flame” (Song by The Bangles)
- 36. First step in the scientific method
- 37. Great respect or admiration
- 38. Great distress

DOWN

- 2. “A Million _____” (Lady Gaga song)
- 3. “Orientalism” author
- 4. Picturesque
- 5. Dirty marks on clothes
- 6. Immediately afterward
- 7. The sum of all elements divided by the total number of elements
- 8. UCSB’s take-out dining hall
- 9. Cruel or oppressive ruler
- 14. Natural skill
- 16. Remote-controlled aircraft
- 18. Not single
- 20. Coordinating connection expressing contrast
- 21. A small group of people clustered together
- 23. Holy
- 24. What a good spouse does when you are upset
- 26. Type of legendary dragon in Clash Royale
- 27. People who care for the sick
- 28. Where Monsieur D’Arque tries to lock up Maurice (“Beauty and the Beast”)
- 29. They repeat whatever you say
- 33. _____ upon a time
- 34. The “U” in UX/UI

Crossword answers can be found on our website dailynexus.com.

Siddharth Chatteraj
Data Editor
Angelina Song
Assistant Data Editor

ACROSS

- 1. Talks tediously
- 5. Last day of the week
- 10. To grasp the truth, finally
- 11. New character in “Inside Out 2”
- 12. UCSB major concerning the study of scarcity and the distribution, consumption and production of goods and services, for short
- 13. “James and the _____ Peach” (Roald Dahl story)

- 15. Type of science that certain UCSB majors study
- 17. Broadcast television and radio network owned by Paramount
- 19. To take in or soak up
- 21. “The _____ Trap” (Disney film)
- 22. Microsoft email service
- 23. “_____ Night” (Christmas song)
- 25. Final word in the name of UCSB’s newest minor
- 28. “Oh I like to _____, [x3] apples and bananas” (Song lyric)
- 30. Holds a broken bone in place
- 31. UCSB major concerning the study of the mind, for short
- 32. From or at a great distance



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“If I still come back after 60 years, institutionalize me.”

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Land Trust for Santa Barbara County receives funding for preservation of Gaviota Overlook



The acquisition marks the first new piece of land conservation on the Gaviota Coast since the early 2000s, when the Land Trust protected three Gaviota Properties.

Sindhu Ananthavel
Lead News Editor

California State Senator Monique Limón presented \$500,000 in state funding to the Land Trust for Santa Barbara County on Nov. 14 to preserve the Gaviota Overlook at Arroyo Hondo Preserve, according to a press release from Limón’s office.

The Land Trust for Santa Barbara County (SBC) campaigned since August

2022 to purchase the 48 acres of land, reaching the necessary \$3 million and breaking ground on Oct. 20, according to a press release from the Land Trust for SBC. The purchase will protect the land from development and go toward programming, growing the trail network at Arroyo Hondo Preserve – which directly neighbors the Gaviota Overlook – and public access.

“There are not many

places left along the Central California Coast that we can still protect and few places on earth are as stunning as Gaviota,” Executive Director of the Land Trust for SBC Meredith Hendricks said in the press release.

Limón secured the state funding with the support of Assemblymember Gregg Hart in the 2023 State Budget.

“The protection and acquisition of the Gaviota Overlook is an integral part of

the Arroyo Hondo Preserve,” Limón said in a statement to the Daily Nexus. “This acquisition will connect our community to outdoor opportunities, and serve as a catalyst for the future conservation of currently unprotected spaces. I am proud to have worked to secure this funding to protect an essential part of the central coast.”

The acquisition marks the first new piece of land conservation on the Gaviota

Coast since the early 2000s, when the Land Trust protected three Gaviota properties. The Gaviota Overlook will provide further public access along the Gaviota Coast and contains three watershed drainages that aid with climate resilience.

“The climate benefits are enhanced, and the community will experience firsthand why conserving the Gaviota Coast matters. This kind of approach to land management is a working example of the nature-based solutions conservation offers,” Hendricks said in the press release.

An opening to the public is tentatively projected for summer 2024, according to the press release, but “much depends on the coming winter.”

The Land Trust for SBC is a California nonprofit founded in 1985 that conserves natural land, resources and open spaces for the benefit of current and future generations, according to its website.

“This project is especially near to my heart because of the trail expansion from Arroyo Hondo that it provides. I love to get out on our amazing county trails and any expansion of hiking opportunities on the Gaviota Coast is a gift to future generations,” President of the Land Trust for SBC Board of Trustees Joe Weiland said in the press release.

STI Screen-A-Thon brings accessible testing to I.V.

Christopher Vargelis
Reporter

The Santa Barbara Neighborhood Clinics collaborated with the UC Santa Barbara Office of the External Vice President for Local Affairs to host an STI Screen-A-Thon on Nov. 11 at the Isla Vista Community Center.

The event was created to provide accessible sexually transmitted infection (STI) testing to the I.V. community and to raise local awareness of STIs and family planning.

Attendees were first provided with family planning materials such as contraceptives and informational papers at the community center. After filling out paperwork, participants were tested inside the Santa Barbara Neighborhood Clinics’ (SBNC) mobile unit, which the organization recently received from an anonymous donor.

“With school scheduling, it’s harder for students to get [to the regular clinic] sometimes. We’re trying to make it more accessible and come to you guys. We want you guys to know us and be able to come back,” chronic care management nurse Natasha Moreno said.

SBNC and the Office of the External Vice President for Local Affairs (EVPLA) plan on hosting the event monthly for the rest of the school year. The frequency of the event may be increased depending on demand.

The mobile unit is effective for outreach in the community but is not a complete substitute for the regular clinics, which are located around Santa Barbara, Goleta and Carpinteria.

“The only challenge we’ve had is doing more of a visual exam for certain areas of the body because the mobile unit is really small,” Eva Bretado, the manager of the mobile unit, said. “If anyone has some type of lesion or bump, it’s difficult. But we’re always going to be located near one of our clinics, so if someone needs that attention,

we’ll go [there].”

SBNC calls patients with their results three to four days after they are tested at the mobile clinic. If patients test positive, they are scheduled for a consultation at a regular clinic to discuss treatment plans.

Students who are concerned about using their parents’ insurance may be eligible for Family PACT, a state-funded program. The program covers family planning and other services, such as STI testing and birth control.

According to Chief Medical Officer of SBNC Susan Lawton, the STI Screen-A-Thon is not SBNC’s first outreach event.

“We originally had this idea before COVID. We did our first event at Santa Barbara City College back in the fall of 2019. The idea was to try to do it at an early part of the semester,” Lawton said. “We worked with SBCC and ended up seeing 66 patients in one day, of which 16% were positive for chlamydia. Anything over 2% is considered a high community rate.”

Lawton said that chlamydia is the most common STI. The infection is often asymptomatic, especially in women. Chlamydia is spread through vaginal, anal and oral sex. Symptoms include genital pain and discharge from the vagina or penis.

Lawton also said that syphilis, though still less common than chlamydia, is on the rise. People with syphilis often do not have symptoms or do not notice their symptoms. Symptoms include sores, rashes, small bumps and vaginal discharge.

By hosting the STI Screen-A-Thon monthly, SBNC and EVPLA hope to keep I.V. safer and break stigmas around STI testing.

“We’re trying to break a stigma. It isn’t a huge deal to just get tested. This is something we need to routinely do. [We want to] have a presence [and for people to] see the banner every month,” EVPLA Office Chief of Staff Graci Novack said.

ADD/ADHD?

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Michael Bolton, MD

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“Moving intuitively:” Alumna paved path to Forbes 30 Under 30

COURTESY OF JENA DOMINIQUE PRUITT



Pruitt inside an immersive art exhibit she collaborated on called “Sum of Us.”

| Melody Xu
Reporter

Made in Color is a creative agency founded in 2019 by Jena Dominique Pruitt and co-founder Selena Davant that aims to “[establish] the new standard for radical transformation within the creative industry,” according to its website.

“Made in Color was really on a mission to create a safe space and home for undervalued talent of color,” Pruitt said. “A place where they can show up authentically and create their best work. Show up in different forms with different skill sets and find like-minded people to collaborate. It is a vehicle to access opportunities that typically wouldn’t come your way and/or you wouldn’t have the capacity to produce alone.”

The Oakland native graduated from UCSB in 2014 with bachelor’s degrees in political science and anthropology before pursuing marketing. Pruitt said marketing was always in her wheelhouse, beginning with her campus involvements.

“When I was on A.S. Program Board, I was a publicity coordinator,” Pruitt said. “I’ve always just been marketing-adjacent. And what I realized is marketing and advertising is kind of a catch-all for a lot of different folks who have different backgrounds. Me, as an anthropologist, I can apply my human mind and my human research mind to assets and what’s going to sell, what’s going to convert.”

30 Under 30 has given Pruitt access to Forbes events and retreats in places including the United Arab Emirates and Botswana.

“I would honestly say for anyone who wants to be on the 30 Under

30 lists, making the list is cool, having your name printed is great, but it’s really, really important to show up for the experiences that they cultivate for us,” Pruitt said. “That’s where you just really ... get to meet with the other movers and shakers on the list.”

Like many, Pruitt said she felt pressure to get a job post-graduation. However, she backpacked in Europe for six months instead.

“I spent time in Italy and France and Switzerland, and then I ended up booking a one way flight to South Africa,” Pruitt said. “I came back home and I got a temp job. And I was still standing at the windows looking at every plane that passed by, and so I decided to travel again.”

Pruitt then applied for a master’s program at the University of Cape Town, before deciding to do more backpacking in the Philippines, Thailand, Cambodia and Indonesia. Pruitt began pursuing a master’s in South Africa and decided to pause it thereafter to volunteer at the 2016 Olympics.

“I stopped [my master’s program] because I was like, ‘I don’t want to live here, but I’m just trying to go to school here,’” Pruitt said. “I went to volunteer at the Olympics in Rio, which was great. And that ultimately then kind of started my career.”

Pruitt discussed how her anthropology degree informed her daily life and her decision to pursue ethnographic digital content later on.

“Ultimately, this is also where the anthropologist in me shows up,” Pruitt said. “That person that’s a culture seeker and a culture keeper. A person that’s hyper adaptable and really likes to seep into where I’m at and ultimately create an

ethnography. My ethnography these days, it’s like photos, right? ... It’s digital content. So I created a lot of that, and I think that’s ultimately also what got me into marketing.”

Before Made in Color came to fruition, Pruitt spoke to various professional and personal pursuits she had, such as founding a postcard company called Street Salad.

“Man, Street Salad was my child,” Pruitt said. “It was like when people say, ‘What’s the idea that keeps you up at night?’ That was Street Salad for me.”

She also created a podcast with her friend called “It’s A Look” and worked as an Airbnb host that led to collaborating with the company on a larger scale.

“Where I’m getting at now in my career, and just in my life, is to move with intuition,” Pruitt said. “You have to move intuitively; you have to trust yourself, and I think a part of the reason why I probably stopped doing that [Street Salad] is I didn’t trust myself ... I started questioning myself.”

Pruitt said Made in Color has grossed over one million dollars in revenue. She said immersive art installations could be her potential next passion project.

“My favorite part of marketing that I’m really doubling down on at this point is something called experiential marketing,” Pruitt continued. “Experiential marketing and immersive art installations. So if you think about this Van Gogh exhibit that was going on ... I fangirl out over these things. And so, I’ve done a few experiential projects with Made in Color. We just did installations for [a] queer wellness festival called ‘Some of Us.’”

Looking back at her accomplishments so far, Pruitt said that all of her experiences culminated to her achievement with Forbes.

“I think, really, the culmination of my career is what got me on the Forbes 30 Under 30 list,” Pruitt said. “It’s the doing of many things. It’s marketing that has worked on global campaigns or worked on movements that really mattered. But I think also what got me on a 30 Under 30 list was ultimately believing that I could be there.”

For Pruitt, this was all a longtime dream come true.

“I had written it down in my dreams notebook, like, years ago,” Pruitt said. “I had forgotten that it was a dream ... something that I say is you have to co-create with the universe, like you can manifest that, you have to architect it, you have to pull it down and you have to design it. You have to, and that’s what I did.”

Undocumented students rally at UCLA for removal of hiring restrictions



| Sindhu Ananthavel
Lead Editor

Undocumented students and allies rallied at UCLA on Nov. 14 for the removal of hiring restrictions for undocumented students, ahead of the UC Board of Regents meeting on campus on Nov. 15.

At its May 18 meeting, the Regents voted to create a working group dedicated to creating a plan to remove hiring restrictions for undocumented students across the UC system. In a public statement, Regents chair Richard Leib stated the working group will “consider relevant issues and develop an implementation plan and a legal strategy” by the end of November this year.

The purpose of the Tuesday rally was to pressure the UC to “keep its promise” regarding the working group established in May and present actual solutions, according to the press release from UCLA School of Law’s Center for Immigration Law and Policy

(CILP).

Undocumented students across the UC System spearheaded the Opportunity for All campaign in October 2022 to highlight legal theory allowing for the UC to hire undocumented students, supported by research from CILP and the UCLA Labor Center.

In a proposal letter to the Regents, CILP argued that the Immigration Reform and Control Act of 1986 (IRCA) – which bars undocumented immigrants without work permits from legal employment – does not apply to certain state entities, including the UC.

“Leading scholars of immigration and constitutional law from around the country have shown the University of California has the power under existing law to provide its undocumented students equal access to educational employment opportunities,” the letter read. “The consensus is clear: the UC has the right to employ all students, regardless of immigration status, today.”

UCOP, UC chancellors issue statement on intolerance of campus bigotry

| Asumi Shuda
Deputy News Editor

The UC Office of the President and all 10 UC chancellors, including UC Santa Barbara Chancellor Henry T. Yang, issued a statement on intolerance of campus bigotry to the UC community on Nov. 10.

The statement follows UC-wide campus discourse and movements in response to the ongoing siege of the Gaza Strip following an Oct. 7 attack on Israel by militant group Hamas and subsequent attacks on Palestine by Israel. The Health Ministry in Gaza has reported the death toll in the Gaza Strip as over 11,000 as of Nov. 13, with 2,700 people reported missing.

“We write today to condemn the alarming, profoundly disappointing acts of bigotry, intolerance, and intimidation we have seen on our campuses over these past several weeks,” the statement read.

“Some of the rhetoric we have seen and heard over the past month at campus protests, online, in student government meetings,

and in classrooms has been shocking and abhorrent,” the statement continued. “Let us be clear: There is no place for hate, bigotry, or intimidation at the University of California. Period.”

The statement condemned antisemitism and Islamophobia.

“Antisemitism is antithetical to our values and our campus codes of conduct and is unacceptable under our principles of community. It will not be tolerated,” the statement read.

“Similarly, Islamophobia is unacceptable and will not be tolerated,” the statement continued. “We will work to ensure that those who advocate on behalf of Palestinians can also be confident of their physical safety on our campuses.”

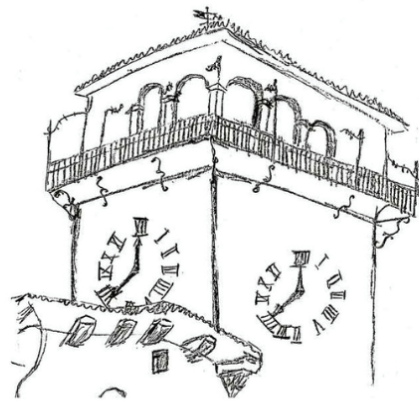
The statement said that while it is the UC’s obligation to uphold the First Amendment and not censor voices, violations of free speech laws and policies exist and have consequences. The statement referred to Regents Policy 4403: Statement of Principles Against Intolerance, which outlines guidelines around free speech and discourse on UC campuses as well as consequences

on discrimination and actions that violate UC policy.

“Our campuses have and will continue to impose consequences on behavior that crosses the line into unprotected speech, such as persistent harassment of individuals or groups, or credible threats of physical violence,” the statement read. “Our educators must continue to provide a supportive and welcoming environment for all students and avoid using classroom time for improper political indoctrination.”

The statement said that UC President Michael V. Drake will soon announce a series of initiatives to address campus climate and provide support for the UC community to “improve the public discourse on this issue.”

“Members of the UC community may have differing opinions on the Middle East conflict, but our stand on intolerance and intimidation in our own community is unequivocal: We will not stand for it, and we will do everything in our power to ensure that the University of California is a safe community for all,” the statement read.



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Bark Party

Continued from p.1



A husky poses for the camera.



Owners were invited to dress up their pets for a polaroid station and to partake in various games.



Different types of treats were provided for doggy taste testing.

A.S. Senate Recap

Continued from p.1

data science major and former A.S. Student Advocate General Kristen Wu also shared her opposition to the resolution, expressing concern with the vagueness of its language.

“The authors implore A.S. to denounce the hateful rhetoric of pro-Hamas student groups as antisemitic, reprehensible and morally despicable,” Wu said. “However, the authors fail to define what hateful rhetoric in favor of Hamas is constituted as, or even provide evidence to back the claims that pro-Hamas student groups exist on this campus.”

“This leaves a wide range of interpretations that give room to Islamophobia, and allows others to conflate any support for Palestine or criticism of the State of Israel as antisemitic,” she continued.

Wu also argued that the resolution does not adequately acknowledge the suffering of the people of Palestine.

“The October 7 attacks are reprehensible. Hamas are terrorists – this is not a question,” she said. “However, this resolution

does not acknowledge the unfathomable amount of human suffering experienced by Palestinians committed by the state of Israel.”

A.S. Jewish Commission Chair Tom Hirshfeld spoke in support of the bill, arguing that the passing of a bill to condemn a terrorist organization should not be controversial.

“The fact that we are here justifying and arguing about a bill condemning Hamas – a terror organization – baffles me,” Hirshfeld said. “We have people on this campus telling me that that terror group ... cannot be condemned. Why?”

“If you are pro-Palestine, I want to work with you. I want to talk to you. I need to know that you don’t stand for [Hamas],” he continued.

Various other students, including representatives of Santa Barbara Hillel, Chabad at UCSB and Students Supporting Israel, similarly expressed their support for the resolution.

After approximately three hours and 15 minutes, the Senate exited the public forum

segment of the meeting. The Senate tabled the bill and will discuss it further at its Nov. 13 meeting.

In a Nov. 14 email to all A.S. Entities, A.S. Human Rights Board Co-Chairs Isabella Mendoza and Rebecca Hurtado Fairweather said the Human Rights Board plans to host a BCU Coalition meeting to hold a space in response to the bill.

The email said that the coalition meeting will take place at the A.S. annex from 2:30 to 5:30 p.m. on Dec. 1.

“We define a coalition as a united group of individuals who come together to discuss ongoing concerns that affect our institution and collaborate to create structures to maintain a democratic system,” the email read. “Many of the changes that have occurred within the Association have placed us in difficult positions and increased the workload of appointed members. These issues are difficult to tackle as an individual or committee, which is why this coalition is essential for us to thrive on all levels.”



Dogs of all sizes attended the block party.

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Celebrating National Drummer Day with Joe Vliestra

Cassie Cruz
Reporter

What do you call someone who makes a lot of noise and hangs around musicians?

While drummers tend to be at the butt of musical jokes like this one, as the backbone of the band, they deserve much more credit than they are given. National Drummer Day takes place every year on Nov. 15, making it the perfect time to talk about why there is more to the art of drumming than meets the untrained ear.

The history of drumming goes back to 5500 B.C. when the first drums ever recorded were found in China. Drums have been considered a sacred instrument in civilizations around the globe for thousands of years. In addition to being used in religious ceremonies and rituals, the instrument has also been found to be used as means of communication over long distances, such as the Talking Drum in Africa being used to send tribal news quickly at distances of up to 20 miles away.

Cymbals were invented around 3000 B.C., with origins tracing back to China and Turkey. Modern cymbals were brought to the United States by the Zildjian family, whose Turkish name translates to



Vliestra drumming for Dawn Patrol's band show at ADPI.

“cymbal makers’ son.”

Edward “Dee Dee” Chandler, a New Orleans snare drummer from the late 1800s, is credited with discovering how to reduce the number of musicians making up drum rhythm sections. Dee Dee devised a way to play the bass drum by stepping on a pedal while playing the snare simultaneously. The modern five-piece drum kit that consists of a bass drum and foot pedal, snare, toms, hi-hat and cymbals came together at the same time as the early 20th century jazz scene in New Orleans.

But what is a drum kit without the musician holding

the drumsticks? Isla Vista drummer Joe Vliestra, fourth-year economics & accounting major at UCSB, provided some insight on his drumming journey that has led him to play in two I.V. bands: Juice Force and Dawn Patrol.

Vliestra has been drumming since the age of 4 when his dad introduced him to the instrument. Vliestra was originally not a fan of playing because it “didn’t click for a while.” However, with time, the drums grew on him. He now finds satisfaction in the “very technical and mathematical aspect” of drumming.

The drums act as a “playground for expressing your ideas” says Vliestra. To make his playing stand out, Vliestra likes to “use every tool you have on the drums instead of doing a standard fill everyone would do, like using different parts of the kit in unique ways to make it sound different than what has been done before.”

A source of inspiration for Vliestra is Morgan Simpson, the drummer for the London-based band Black Midi. He’s drawn to their music because it sounds like “organized chaos.” Vliestra says Simpson contributes to their distinct sound in that “his parts are very complex but work together with the guitar and vocals to build such a broad loud sound that he’s still able to bring down during the softer sections.”

Vliestra mentioned that while the drums serve as an energy-booster, they can act as a “a double-edged sword. If you’re trying to do too much and you’re not in time or showing off a little too much, you can turn into the lead drummer when it doesn’t need to be like that.” He mentions that with time, a drummer can master the art of “knowing when to step out and have your moment, [and then] fall back in.”

With more time spent playing with the same musicians,

drummers can better anticipate the flow of the show. He explains how when you “play with [people] a lot” you build a “subconscious musical connection with them,” which Vliestra feels helps with improvisation at shows and keep an interesting sound.

“It can be really discouraging because you’re always comparing yourself to other people,” said Vliestra when asked about what advice he would give to aspiring drummers. “Explore by yourself what [it is that] excited you about [drums] personally.” If you are a beginner drummer, Vliestra recommends watching what the drummer is doing in a song, helping you make your own creative choices when playing. Figure out “not just what, but why.”

Vliestra’s band, Dawn Patrol, has been recording and releasing new music, now available to stream on Spotify. Follow @dawnpatrolband and @juiceforceband on Instagram to keep up with upcoming shows.

Whether you want to use drums as a creative outlet or to connect with fellow musicians, drumming has something to offer to every player. So, in honor of National Drummer Day, ease up on the jokes and tell a drummer just how much you appreciate them.

UCSB sororities take an unconventional spin on sisterhoods

Pricila Flores
Editor in Chief

When third-year transfer, political science major and Gamma Phi Beta sorority member Sheila Lockwood walked into Seventh Dimension Dance for a sisterhood on Oct. 21, she felt nervous excitement as she glanced around the studio, counting eight silver dance poles while practicing walking in her studio-issued 6-inch stilettos.

Two UC Santa Barbara sororities, Gamma Phi Beta (GPhi) and Alpha Chi Omega (AXO) have hosted what they coin unconventional sisterhoods at Seventh Dimension Dance. AXO was the first sorority the studio hosted, with GPhi following closely after.

“When you think of a sorority sisterhood, you don’t think of doing that. We’ve had stereotypical ones, but this was out of the box and so worth it,” Lockwood said.

Sisterhoods, a common event within sororities, are hosted to unite the sorority and create bonding memories. Lockwood said common sisterhoods include picnics and movie nights.

Seventh Dimension Dance is a dance studio located in downtown Santa Barbara that practices pole dance, bellydance, aerial silks, lyra and hammocks. The studio’s mission is creating a community of empowerment through dance while “getting fit and having fun at the same time,” according to their website.

Studio co-owners Jezaira Knight and Harmony Varela

reached out originally to AXO during the Winter Quarter 2023 in hopes of bridging the generational gap between their dancers.

Their request reached Emma Herold, third-year English major and Vice President Membership Programming for AXO. Herold, who is in charge of planning the chapter’s sisterhood events, wasn’t sure what the reaction from the chapter would be.

“I knew when we were given this idea that this was a pretty big deal, and in doing so, we would be putting our name as a chapter on the map for sisterhoods,” Herold said.

She remembers the day she announced the sisterhood to the chapter during their weekly meeting and the flurry of excitement that followed.

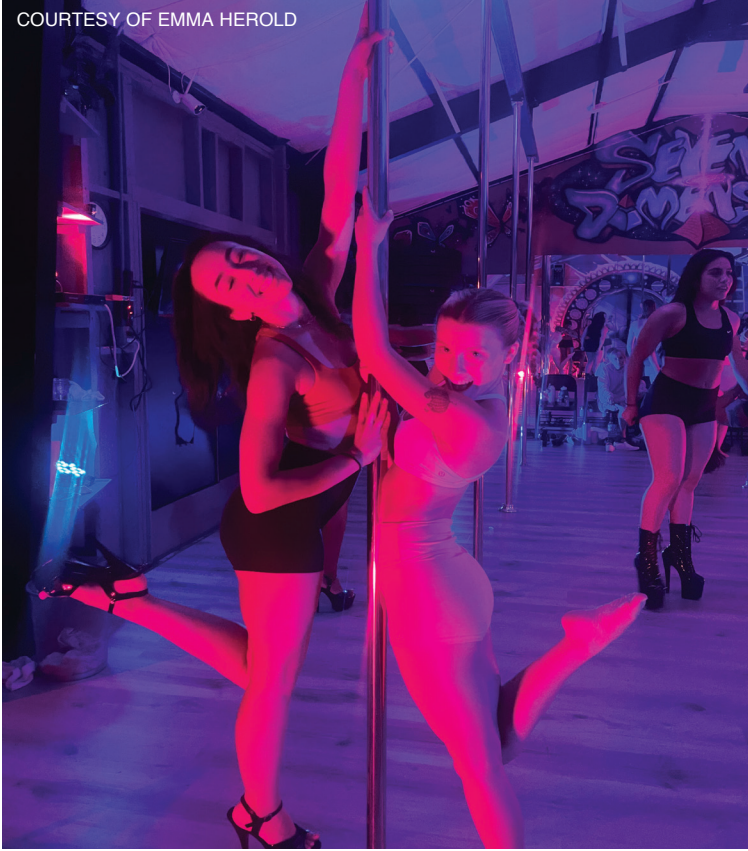
“Sometimes sisterhoods are hard to gauge attendance for, so I wasn’t really sure how it was going to go, but within the first 30 seconds of the sign-up form, the spots were completely filled,” Herold said.

AXO held their second sisterhood with Seventh Dimension Dance on Oct. 13 with 24 girls.

“Specifically this quarter, what was really fun about it [was that] we had the new member class come, and a lot of people that had been quiet came out of their shell,” Herold said.

She noticed the class uplifted the girls’ confidence, energy and skills.

“My big and my little, they both have dance experience, and they were both able to jump up on the pole and clap their legs together and then go right into



Alpha Chi Omega sorority sisters pose with one of the dance poles in the studio.

a split, which I thought was the coolest party trick,” Herold said.

During the class, many of the girls took to social media to post themselves on the pole or videos of their sisters trying out a trick while cheering them on.

“It got recognized pretty fast the minute we started posting, which was so cool. But I was not expecting my name to be put out there like that, and I was happy the studio was getting the recognition they deserved,” Herold said.

Other UCSB sororities reached out to her members asking how they could do the same. It was then that GPhi was able to connect with Seventh Dimension Dance and hold their first sisterhood event.

Similarly to AXO, the sign-up for a spot was a frenzy for GPhi. Lockwood was intrigued with the concept and secured a spot.

“My mom has done it before, and I have heard about it and how fun it can actually be, so I wanted to do this,” Lockwood said.

The session, taught by Varela, lasted around an hour and a half. They were split up into groups and assigned to a pole. The girls took turns mirroring her skills.

“When they first come, they are giggly and nervous, and by the time they leave, they are whipping around the pole and dropping into splits,” Knight said.

Lockwood said that as a new member, this experience with her sisters was pivotal in feeling like she belonged in GPhi.

“I’d say it was a very good bonding experience. This is a slightly different [sisterhood]; it is out of the box and very fun and now we have funny memories,” she said.

Knight also says there is a noticeable change in their demeanor after the lesson.

“Just the joy on their faces as they try these new things. The happiness it creates, it’s intoxicating – you cannot not smile. I love the energy they bring in and the joy,” Knight said.

Beyond sisterhoods, Seventh Dimension Dance hopes to continue to branch out to younger generations of dancers. They have created a student program where students can attend classes at a discounted price.

Students can input promo code UCSB50 to receive 50% off their first class.



Lockwood and her Gamma Phi Beta sorority sisters dressed in stilettos, ready to start their class.



For avoiding tablers in the Arbor...

All album icons courtesy of Spotify.

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- Elephant
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- Telephone
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Gorillaz
- Fast As You Can
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ON THE MENU

A guide to navigating Trader Joe’s fall and winter seasonal specialties



In the name of food journalism, we tried an array of late fall and winter items from Trader Joe’s.

Stephanie Gerson
On the Menu Editor

How is the year nearly over? I couldn’t grasp it, and neither could the cashiers at Trader Joe’s, as we discussed our sadness over the sudden but solely seasonal discontinuation of my favorite fall Trader Joe’s product: the Pumpkin Joe-Joe’s. A fall spin-off of Trader Joe’s beloved Oreo knock-off, the Pumpkin Joe-Joe’s feature a lightly spiced cookie and the perfect ratio of pumpkin cream. But I guess there’s no use in describing them now that they’re off the shelves until next September...

We tried to comfort each other over this loss by discussing the winter seasonal items in my cart. In the name of food journalism, I bought every late fall and winter-themed snack and dessert item that intrigued me during a recent November shopping trip. Honestly, I sort of blacked out and let my sweet tooth take over during this shopping trip. I wasn’t looking to see if Trader Joe’s had perfected store-bought cranberry sauce or boxed stuffing – I see these as the more banal of the seasonal items – or if the grocery store had the best eggnog for your upcoming holiday parties – sorry, but I despise nothing more in the culinary world than this off-putting, boozy concoction. Biases aside, I selected a wide variety of foods to review; that is, some cookies, some frozen treats, some candies and some fun beverages.

During my conversation with the extremely friendly Trader

Joe’s cashiers, I got the lowdown on this year’s holiday items, starting with the Thanksgiving Stuffing Seasoned Kettle Chips, which the cashier noted to be a crowd favorite, with some customers buying bags in bulk every year. I was nervous to try these, as I tried the chips’ distant cousin, the Thanksgiving Stuffing Seasoned Popcorn, and was faced head-on with the overwhelming flavor of crushed black pepper, garlic powder and nothing else. The chips are arguably better than the popcorn, with a similar garlicky flavor, but one that feels less aggressive and pleasant to eat. Serve these chips with a creamy dip, perhaps the Trader Joe’s Vegan Caramelized Onion Dip, as the ultimate savory snack combination.

I was hoping to find a holiday-flavored, fun beverage and stumbled upon a few different options: a new Winter Sangria sparkling water flavor, a few non-alcoholic spritzers and a new coffee creamer. Trader Joe’s sparkling water is never anything special, so I kept my expectations for Winter Sangria low. I love how the grocery store’s approach to translating an alcoholic beverage into a sparkling water flavor was to solely emphasize the main fruit used in the aforementioned alcoholic beverage: grapes. If you concentrate hard enough while you sip, you can somewhat taste, or trick yourself into tasting, hints of citrus. Other canned drinks I tried included the Sparkling Honeycrisp Apple Juice Beverage and Something

Spritzzy, a sparkling drink with citrus, cranberry and aromatic bitters. Upon first sip, the taste of Something Spritzzy somewhat reminded me of a Mrs. Meyers holiday-scented hand soap but after a second sip, I picked up on the delightful blend of grapefruit and cranberry flavors. I also enjoyed the Sparkling Honeycrisp Apple Juice Beverage, especially considering that it could serve as a great non-alcoholic beverage option in place of champagne for holiday parties.

The Non-Dairy Cinnamon Bun Oat Creamer was the highlight of this year’s Trader Joe’s holiday beverage selection. An iteration of their Non-Dairy Brown Sugar Oat Creamer, one of my favorite items since its launch in 2022, the Cinnamon Bun creamer truly tastes like cinnamon rather than just straight-up sugar. Try adding a splash to your daily coffee, chai or, if you want to get crazy, use it in place of heavy cream in a White Russian cocktail.

A Trader Joe’s review would not be complete without mentioning their array of sweet treats. In November, the store still carries some items with the flavors of fall (maple, pumpkin, spices) while also introducing iterations of classic winter holiday treats. I had trouble finding self-control in my selection of dessert items during this shopping trip, but the Pumpkin Spice Madeleine Cookie Sandwiches, Maple Leaf Cookies, Candy Cane Chocolate Covered Almonds and Iced Gingerbread Squares

caught my attention and felt the most inventive. The Madeleine cookies were pumpkin-y and quite delicious. Do they compare to my beloved Pumpkin Joe-Joe’s? No, but they’re a solid placeholder. Another sandwich cookie, the Maple Leaf Cookies feature a delicious, generous serving of maple-flavored crème filling sandwiched between each cookie. The candy cane almonds lacked chocolate flavors, but the hints of peppermint were present and it gave an unexpected twist on chocolate-covered nuts.

I was most excited for the Iced Gingerbread Squares, as gingerbread is the epitome of winter desserts. The package contains six squares of fluffy, spiced gingerbread elevated with sugary icing and sprinkles. Thaw the gingerbread squares at room temperature or heat them up in the microwave for a few seconds so the icing can warm up. I could see this handheld, pre-portioned dessert being a huge hit at a potluck or winter gathering in place of the holiday sugar cookies that everyone will most likely bring.

During these final weeks of the year, it’s easy to fall into the habit of eating the same foods that you’ve grown accustomed to eating in prior months. However, that gets boring and predictable after a while. Whether you’re a dedicated Trader Joe’s customer who finds joy in trying their latest creations or just enjoy the foods traditionally eaten around the holidays, I hope this guide gives you a few ideas on how to incorporate some new items and flavors into your rotation.

OTM’s favorite Trader Joe’s items this season



Non-Dairy Cinnamon Bun Oat Creamer

Try adding a splash to your daily coffee, chai or use it in place of heavy cream in a White Russian cocktail.



Iced Gingerbread Squares

Bring this dessert to a potluck or winter gathering in place of the holiday sugar cookies that everyone will most likely bring.



Thanksgiving Stuffing Seasoned Kettle Chips

Serve these chips with dip, perhaps the Trader Joe’s Vegan Caramelized Onion Dip, for the ultimate savory snack.

Celebrating Native cuisine for American Indian Heritage Month



Nina Timofeyeva
Reporter

Many of the typical dishes we see on our tables for Thanksgiving (such as turkey and pumpkin) were common staples of the Native American culture, still, many dishes of the Native communities remain unknown to the majority of Americans.

Some of the popular Thanksgiving dishes are prepared similarly today as they were in Native American communities. Pumpkin, corn and meat were

roasted, but over a fire rather than on a grill. The scope of preparation techniques and flavor combinations does not end there, however. This Thanksgiving, honor the harvest and traditions native to our land by preparing one of these traditional dishes!

Succotash, a vegetable and legume-based dish originating from the Native communities of New England, consists of a combination of crops known as the “Three Sisters.” The “Three Sisters” refer to the method of planting beans, corn and squash

together to utilize their symbiotic relationship. The corn stalks provide a structure for the beans to grow on, while the wide leaves of the squash shield the roots and soil from the sun, preventing the soil from quickly drying out. Succotash is prepared by cooking sweet corn with onions, lima beans, tomatoes and a variety of spices. This can be a simple, vegetarian dish to add a splash of color to your Thanksgiving table.

Cherokee bean bread, or tuyu asuyu gadu, comes from the Cherokee community and is quite similar to the well-known Mexican tamales. To make this bread, corn flour (also called masa harina) is combined with beans, spices and sometimes some sort of fat to form the filling. Corn husks are softened through steaming/boiling and then filled with the corn filling and tightly wrapped. These packets are then boiled for an hour to ensure the bread is fully cooked.

A simple and common dish originating from the Nez Perce, Umatilla, Warm Springs and Yakama nations is salmon prepared on cedar planks or stakes. Salmon was abundant in the many rivers that flowed through the lands of these Native

communities. Not only did it serve as an accessible source of protein for these peoples, but it was also an indicator species, meaning that its population quantities served as a good marker of the natural environment in the region. A healthy salmon population signified the cleanliness of water sources and the density and diversity of various other species. Traditionally, the fish was skewered onto cedar stakes and cooked over an open fire, with the smokiness of the wood adding to the flavor of the salmon. To make this dish at home, soaked cedar planks can be used to achieve the same flavor profile in an oven or a grill.

A dish crucial to the survival of cold winter months was pemmican, a meat jerky often combined with berries. Pemmican can be made with any type of animal protein, ranging from elk to duck to salmon. Due to the dehydrated nature of this product, it could be stored for longer periods of time and had a high energy density, ideal for winter when fresh game, fruits and nuts weren’t available. Today, pemmican can be utilized in instances for which its storage and nutritionally dense properties

would come in handy – such as long hikes!

Another hearty dish well-suited for the winter season is Tanka-Me-A-Lo, also called Buffalo Stew. This dish is believed to have come from the Cherokee nation. It is made by stewing buffalo meat (although for at-home preparation it can be substituted for regular beef) together with tomatoes, celery, carrots, potatoes and barley. A fairly simple dish to prepare, cook this stew for your Thanksgiving table as a warm and comforting main course.

I consider succotash to be an autumn staple and make it every year, putting a personal twist on the dish by adding roasted squash. I also find that while cedar-smoked salmon may require some extra effort, the process always ends up being worth it and truly levels up the typical seafood entree. Corn husks and cedar wood planks can sometimes require some searching, but oftentimes specialty grocery stores can provide these. For these recipes, getting ingredients at a local farmers market, if available, can yield incredible flavors while also supporting your local farmers and small businesses.



It's Satire, Stupid.

Top 10 topics to turn the tables at Thanksgiving



Clark Can't
Munchin' on a bird

We get it, Thanksgiving is a hard time for everyone. You have to go home, eat an overhyped yet terrible tasting bird and, if that wasn't enough, your slightly problematic relatives are there to celebrate with you. We know you need nothing more than an arsenal of pre-approved, tried and tested lines to change the conversations from horrible to bearable, and that's exactly what we have! When Uncle Jack brings up the Israel-Palestine conflict or critical race theory, here are 10 quick tips to turn the tide from that conversation to a completely different one or stop it altogether.

1. "I'm gay."

There's simply no better place to come out than at a Thanksgiving meal with your whole extended family there. Not only will everyone be supportive, but they'll immediately stop fighting and focus on you.

2. “This celebration is just a construction by white colonialism to suppress the stories of the Native Americans who we slaughtered while building this nation on the backs of slaves.”

Generally appropriate to say in any situation, and everyone will be too uncomfortable to respond.

3. "So, Aunt Myrtle, how's the divorce going?"

It's hard to debate politics through the loud sobs that

follow this question.

4. "Anyone for cornhole later?"

Your family will be too excited by that proposition to remember what they were talking about.

5. "Beanie Feldstein was not the right choice in the revival of 'Funny Girl!' She absolutely deserved a star vehicle, but that was the wrong one, and the reviews she got will be a major setback in her career. The show had to replace her with Lea Michele just to stay open which was awful because Fanny Brice as a model ruined it!"

You're absolutely right, and everyone is too scared to admit it out loud. This is sure to spark some new

conversation.

6. "It was I who murdered Emilie! I never wanted to harm anyone, but that foolish maid saw me stealing my brother's inheritance and would have blabbed to the police, so she had to be disposed of."

Not only will it stop the conversation in its tracks, but it's also a true test of family loyalty. If they rat you out, they were never your true family.

7. Straight up screaming.
What, you need more than that?

8. "I challenge you to single combat."

Careful with this one. It'll change the subject, but Uncle Marvin has a wicked left hook.

9. "Call me Ishmael. Some years ago – never mind how long precisely – having little or no money in my purse and nothing particular to interest me on shore, I thought I would sail about a little and see the watery part of the world."

Everyone will forget their strife with a good and hearty retelling of "Moby-Dick!"

10. "Wait, which one of us is adopted again?"

All previous conversation will be forgotten when you turn a simple family gathering into a lively guessing game!

Clark Can't would like to go home a few days before Thanksgiving, if that's okay with you.

Dad juked in
UCen after
getting into
speedwalker's
way



Chase N. Status
Wide receiver

Visiting father Ken Williams, father of Elise Williams, fell victim to UC Santa Barbara's epidemic of aggressive speedwalkers during this past Parents & Family Weekend.

What was supposed to be a fun weekend with his daughter quickly turned into a nightmare for Ken Williams after a harrowing experience in the University Center.

walking out of the bookstore when it happened,” Ken Williams said, recounting the moment his weekend took a turn for the worst. “I was looking in the bag for the UCSB-branded golf rag I’d just bought, and by the time I looked up, there was some guy speeding towards me.”

It was around 12:30 p.m. at the time of the incident, so Ken Williams understood the university's lunch rush was in full swing.

"So I stepped left to get out of

his way, but he did the same. I went right, so did he,” Ken Williams said. He then claimed he was “all out pump faked” by the speedwalker, causing him to stumble and “land on my ass like a nimrod.” The speedwalker then fled the scene within mere seconds. Fortunately, the proud UCSB father came out unscathed.

First-year biology major Elise Williams admitted she was very embarrassed by the incident.

"I feel bad for my dad, but

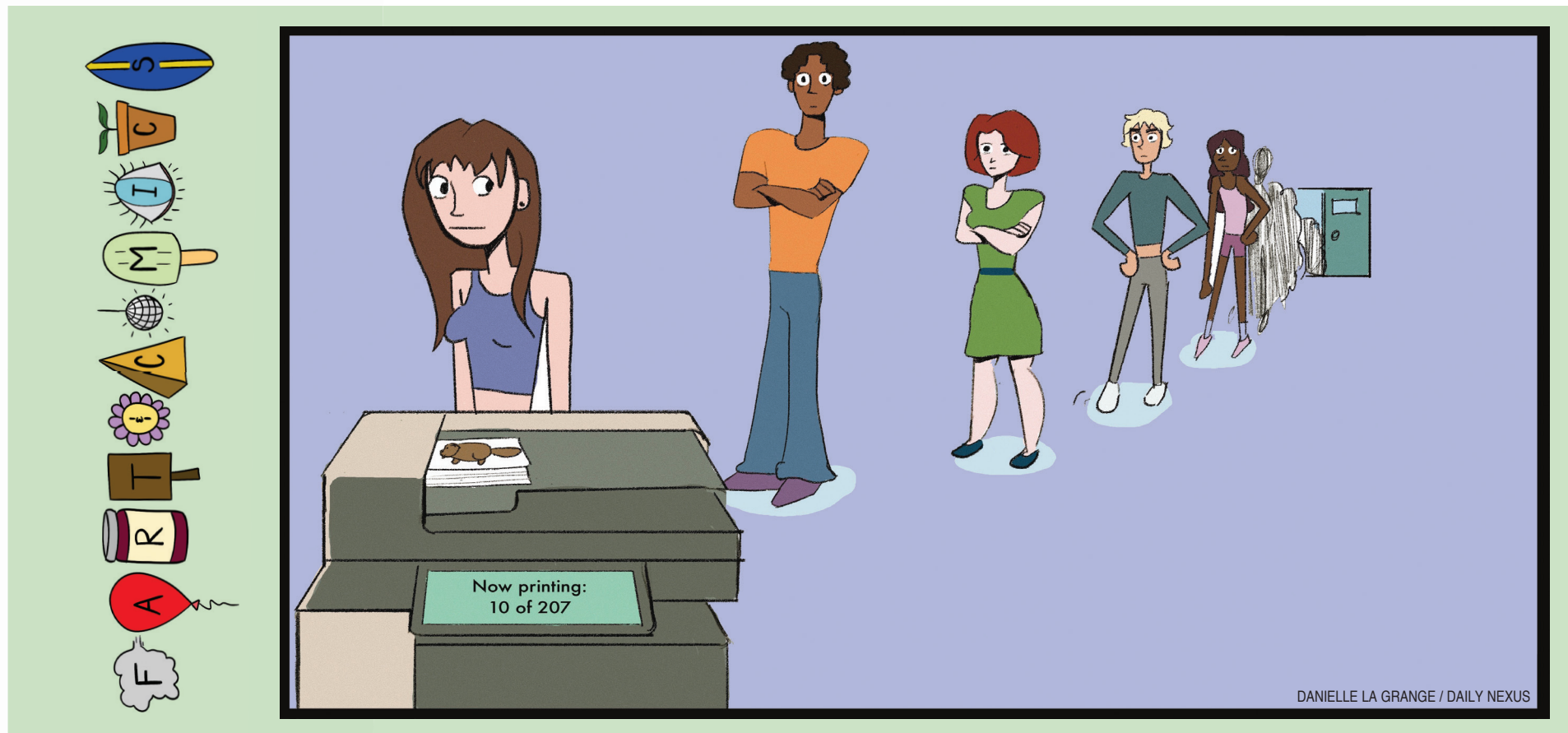
like, why'd he do all that?"


According to her statement, nearby witnesses laughed at Ken William's ankle-breaking moment and recall hearing the phrase, "he needs some milk" slip from a passerby's mouth. "But honestly, if you're hustling that fast in the UCen, you are the problem," Elise Williams declared. However, an anonymous source says the speedwalker had just eaten one too many slices of De La Guerra Dining Commons' chorizo pizza (one slice) and

was hastily looking for a single-stall bathroom to occupy until the situation was diffused.

Luckily for the father-daughter duo, they were able to leave this incident behind and rip lines of coke with each other at the Santa Barbara Snow Club dayger the following day. Ken Williams is looking forward to visiting again, but next time, he'll bring his basketball shoes.

Chase N. Status would never bring his parents to the hole of depravity that is UCSB.





Armchair QB

Diamondbacks' Corbin Carroll and Orioles' Gunnar Henderson both win Rookie of the Year unanimously. This is only the fifth time in history that both winners were unanimous.

SPORTS

UCSB Athletics

Women's volleyball clinched the No.1 seed in the Big West Tournament after a big win over UC San Diego. With the win, they also became the Big West Regular Season Champions.

Women's basketball wins first game of season

Preston Espar
Sports Editor

The UC Santa Barbara women's basketball team started their season on a high note with an 87-75 victory over the University of San Francisco Dons on Nov. 7. A dominant first half allowed the Gauchos to hold the lead for the entire game en route to their first win of the year. Senior forward Alexis Whitfield led the way for UCSB, as her double-double of 22 points and 12 rebounds propelled the Gauchos to victory.

UCSB created major separation between themselves and their opponent in the first quarter. The Gauchos shot lights out with a shooting percentage of 68.75%. In addition to their shooting finesse, UCSB added aggression to their offensive game. The team was able to draw multiple shooting fouls in the first quarter, and they converted most of them as they shot 8 out of 10 from the free-throw line. This consistent offensive pressure never let up for the entire quarter, as UCSB outscored the Dons 31-14. Whitfield contributed this early dominance to team chemistry and effort.

"We lost some great leaders, but Alyssa [Marin], Anya [Choice] and I have been stepping up to help," Whitfield said after the game. "I'm just making sure I am calm and poised and being there for Alyssa when traps like that do come. Like Coach Bonnie [Henrickson] said, the ball finds energy, and I am just making sure I always give 100%."

Even as the second quarter began, the Gauchos pressure refused to let up. This consistent play allowed UCSB to extend



Senior guard Ayssa Marin plays perimeter defense against USF junior guard Luana Leite.

their lead even further, this time to 22 points. The scoreline was getting ugly as the Gauchos led 41-19. In this quarter, UCSB hit 50% of their shots. At halftime, the team went into the locker room winning by 19 points.

"Offensively in the first half, I thought it was as well as we executed in a long time," Henrickson said. "We got primary looks, we got good looks, clean looks and it was really good."

However, during halftime,

the Dons made some adjustments as they came out for the second half ready to play. In the third quarter, the University of San Francisco upped their defensive intensity by executing trapping schemes that flustered the Gauchos offense. The Dons' offensive complimented their improved defense as they relied on their hot-hand graduate student guard Jasmine Gayles. In this period, the Dons were able to go on a 16-3 run which put the

pressure back on UCSB. With the offense looking stagnant, the Gauchos were only able to muster a shooting percentage of 35.71%. At the start of the fourth quarter, UCSB was only leading by a score of 66-60.

"They then did what they had to do and trapped and stopped us from running," Henrickson said. "I don't think we ran a designed play in the second half just because of them trapping us."

In the final quarter, it was

fairly even as both teams paced each other offensively. However, late in the game, 3-point shots from Whitfield and sophomore guard Jessica Grant extended the lead to 12 points and secured the win for the Gauchos.

The next time to watch them in action will be on Nov. 19 as they take on Southern Utah University at the Thunderdome. The game will begin at 2 p.m. and will be available to stream on ESPN+.

Men's basketball loses season opener without Mitchell

Andrew Tannourji
Staff Writer

After a very successful season, making it to March Madness, the UC Santa Barbara men's basketball team lost their season opener against Portland State University on Nov. 9.

UCSB found themselves without key players, such as junior guard Ajay Mitchell, the Gauchos ran a seven-player rotation. The missing presence

of Mitchell was definitely felt and, although UCSB put up a tough fight, the Gauchos lost with a score of 76-82.

"This was 100% on me," Head Coach Joe Pasternack said after the loss. "We deserve this – we weren't getting up and down the court enough. And so, we'll learn from this, we'll get better and we'll keep grinding and it's a long season. We'll keep getting better and better."

To start off the game, both sides stayed very balanced through the first 10 minutes. The Gauchos and Vikings both went on little runs throughout the half, but when it looked like one team was pulling ahead, the other responded right back.

In the first half, Portland shot a solid 45.45% from the field and UCSB shot a more efficient 48.15%, making 13 of their 27 shots, with 5 coming from beyond the arc.

Although the Gauchos shot the ball more efficiently, the Vikings attempted 6 more shots, allowing them to keep the game tied through the half at 40-40.

The second half started very similarly to the first half with both teams going back-and-forth offensively. As the half progressed, due to careless turnovers by the Gauchos, the Vikings had 22 fastbreak points, giving them a 10-point

cushion with 10 minutes left.

UCSB eventually made a comeback with big shots from sophomore forward Yohan Traore, junior guard Cole Anderson and sophomore guard Matija Belic to bring them within 1. However, Portland battled scoring on the majority of their offensive possessions, knocking down important free throws to win the game 82-76.

In the second half, the Gauchos stepped up their field goal percentage, shooting the ball at 55.56%. But, their 18 turnovers ultimately lost them the game, allowing the Vikings to get more offensive possessions.

The Gauchos' team leader was Anderson, with 21 points shooting the ball 6-17 from the field. Throughout the game, Anderson endured multiple cramps and took multiple hits in the head as he ended with a bandage above his eye. However, he battled through the injuries and played for 36 minutes. After the game, Anderson said he "felt comfortable shooting the ball" as the team's main shot-taker.

In their next game on Nov. 13, UCSB fell to the University of Texas at El Paso by a score of 89-76. For the second consecutive game, Mitchell was sidelined with his injury. The next opportunity the Gauchos will have to get their first win of the season will be on Nov. 19 when they take on Le Moyne College at the Thunderdome.



UCSB men's basketball players bring their hands in the huddle before tip-off.

LA VISTA

La legislación de California exige máquinas expendedoras de anticonceptivos en las universidades públicas, UCSB vende el Plan B por 15 dólares

Lizzy Rager
Escritora de Noticias
Mari Villalpando-Ortega
Editora de La Vista

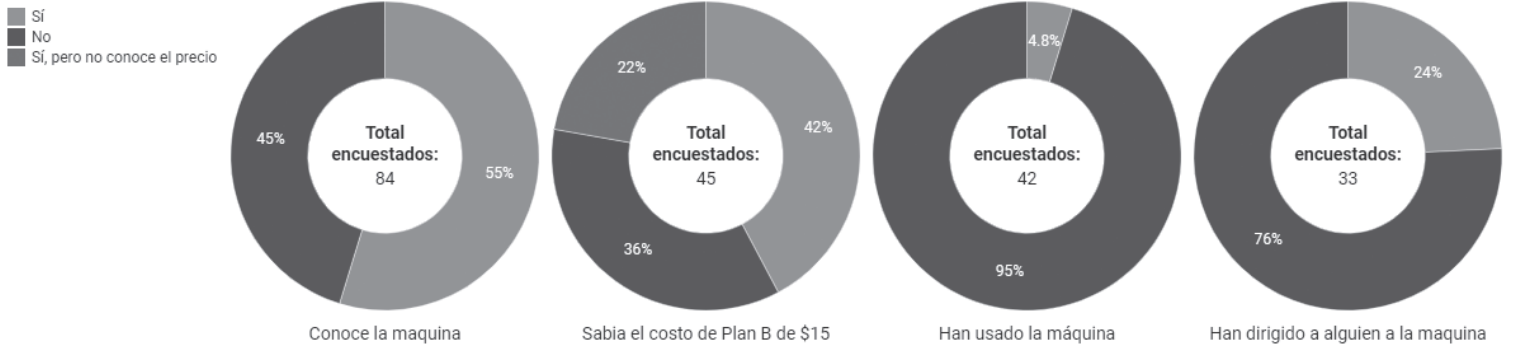
La comunidad universitaria reflexiona sobre la presencia de una máquina expendedora de bienestar que vende anticonceptivos y artículos de salud luego de su creación en 2017.

Cada campus de las Universidades de California deben tener al menos una máquina expendedora de bienestar y las universidades estatales de California y los colegios comunitario de California establecerán al menos una máquina en cinco de sus campus de acuerdo con el Proyecto de Ley 2482 de la Asamblea de 2022.

Las máquinas de bienestar deben incluir condones, protectores dentales, productos menstruales, lubricación, pruebas de embarazo y anticoncepción de emergencia, como Plan B, a precio reducido.

Antes de esta legislación, un esfuerzo de estudiantes asociados (A.S.) en el año 2017 abordó las brechas de accesibilidad a los productos anticonceptivos durante los

Conocimiento de los estudiantes de UCSB de la maquina expendedora de anticonceptivos



En una encuesta de Nexus realizada a 84 estudiantes al azar en Arbor and University Center, el 45% de los encuestados conocía la máquina expendedora de bienestar.

fin de semana dio como resultado el establecimiento de la máquina expendedora en UC Santa Barbara. Sentada en el segundo piso de la biblioteca UCSB por los elevadores del piso Ocean, las máquinas expendedoras venden anticonceptivos de emergencia, pruebas de embarazo, condones y lubricantes además de medicamentos para alergias y aliviar el dolor, desinfectantes termómetros digitales.

Sin cobertura, Plan B y otros anticonceptivos de emergencia generalmente cuestan \$40-50, por Planned Parenthood. Pero por los esfuerzos del centro de salud estudiantil y el centro

de mujeres, sale a \$15, el cual previamente era \$10 desde el 2017.

Betsy Kaminiski, la directora de Mujeres, Género y Equidad Sexual en el centro de mujeres de UCSB y el centro de recursos para estudiantes no-tradicionales, dijo que la razón detrás del aumento es dado a los fondos de Plan B no cubriendo los gastos de almacenamiento.

De este modo, el ingreso de la máquina regresa a fundar su almacenamiento.

“Es muy difícil recibir financiamiento para el proyecto porque es su propia cosa. No estamos recibiendo dinero de él. Es un ciclo,” la coordinadora

administrativa del centro de mujeres Jessica Evers, quien reabastece la máquina, dijo.

Kaminski reportó haber vendido 1,050 unidades de anticonceptivos de emergencias por la máquina expendedora de bienestar desde mayo de 2022-2023.

Ella anticipa que se venderán entre 350 y 400 unidades del Plan B para fines de este trimestre.

“Quita el estigma”

Plan B Step-One es una pastilla de anticonceptivo de emergencia tomada el día después de relaciones sexuales sin protección, según Mayo Clinic.

Cuanto antes se tome la pastilla, que debe ser antes de 72 horas después, más eficaz será. La ventaja de la máquina expendedora de bienestar es su disponibilidad las 24 horas y sus precios con descuento, dijo Kaminiski.

La máquina expendedora es el único lugar en UCSB y el I.V. para obtener anticonceptivos y otros productos de bienestar en cualquier momento.

Kaminiski habló del anonimato de las transacciones, eliminando el estigma de los estudiantes que podrían tener miedo o vergüenza de comprar Plan B u otros productos de bienestar en las tiendas.

“[Los estudiantes] no tienen que hablar con nadie. No tienen que contestar preguntas. Pueden simplemente entrar y agarrar lo que ocupen de la máquina. Su objetivo es abordar cualquier posible estigma o vergüenza que pueda impedir que alguien pueda solicitar los suministros médicos que necesita”, dijo Kaminiski.

Aunque el Plan B es el producto más vendido en la máquina, los otros productos también se usan.

Desde mayo del 2022-23, se vendieron 146 pruebas de embarazo, 60 botellas de ibuprofeno y 113 condones de un solo uso. El verano pasado 180 unidades de Plan B, 10 pruebas de embarazo y 15 condones de un solo uso fueron vendidos, de acuerdo a Kaminiski.

Evers indicó que días de festejo y eventos específicos como Deltopia son los tiempos más populares para el uso de la máquina.

Dos semanas antes del fin de semana de Halloween, Evers revisó la máquina tres veces por semana y tomó medidas adicionales para dirigir a los estudiantes hacia ella.

“[No es] viernes. Siempre es lunes, porque aquí vienen como cinco personas por hora. Y me preguntan: ‘¿Tienes una prueba de embarazo? ‘¿Plan B?’ E inmediatamente digo: ‘biblioteca del segundo piso,’” Evers dijo.

Discurso del campus

En una encuesta de Nexus realizada a 84 estudiantes al azar en Arbor and University Center, el 45% de los encuestados conocía la máquina expendedora de bienestar.

De los que conocían la máquina, el 36% no sabía que vendía el Plan B y el 22% sabía que vendía el Plan B pero no conocía el precio.

Hubo cierta oposición desde el campus cuando el proyecto de la máquina estaba en su fase de desarrollo en 2026-17. Para financiar la compra de la máquina, se asignaron 50 centavos del presupuesto de cuotas estudiantiles por un total de \$11,500.

Un artículo del Bottom Line, que defiende una posición pro-vida respecto de los anticonceptivos de emergencia, criticaba el uso de cuotas estudiantiles para financiar la máquina.

Además, la Sociedad Anscombe de UCSB, una organización ahora inactiva que tiene como objetivo promover el matrimonio tradicional, se opuso a la decisión, según Intelligent Dispensing Solutions. Las tarifas de servicios estudiantiles no han sido usadas directamente para la máquina desde el año en que se estableció, Kaminiski dijo.

La cantidad de matrícula que va hacia el presupuesto del centro de mujeres paga a los trabajadores quienes dan mantenimiento a la máquina.

Kaminiski enfatizó que los fondos estudiantiles de equidad en salud mental se utilizaron para reemplazar partes inseparables de la máquina y pagar una nueva envoltura de la máquina el año pasado.

Evers dijo que un problema constante para la máquina es conseguir los suministros y la financiación adecuados para reabastecer los artículos más populares de la máquina.

“Es un poco triste porque Plan B y pruebas de embarazo siempre faltan pero los condones siempre están llenos. Tal vez haya reabastecido condones una vez y en el Plan B [estoy] reabasteciendo constantemente,” Evers dijo.

Un estudiante anónimo de la encuesta del Nexus dijo que cuando intentó agarrar Plan B de la máquina, ya no había.

Sin embargo, algunos estudiantes aprecian la opción de obtener métodos anticonceptivos sin barreras. En una encuesta de Nexus, 24% de los que tenían conocimiento de la máquina lo habían recomendado a alguien más.

“Mi amiga estaba en una situación así que estaba hablando sobre el uso potencial de la máquina expendedora de anticonceptivos Plan B en la biblioteca, y así fue como me enteré,” estudiante no declarada de segundo año Dayita Ray dijo.

Kaminiski espera que la máquina siga apoyando a los estudiantes en los próximos años.

“Todos los que he conocido me han apoyado mucho. Creo que la gente comprende la necesidad de intentar que los productos de bienestar y atención médica sean accesibles para los estudiantes,” Kaminiski dijo.

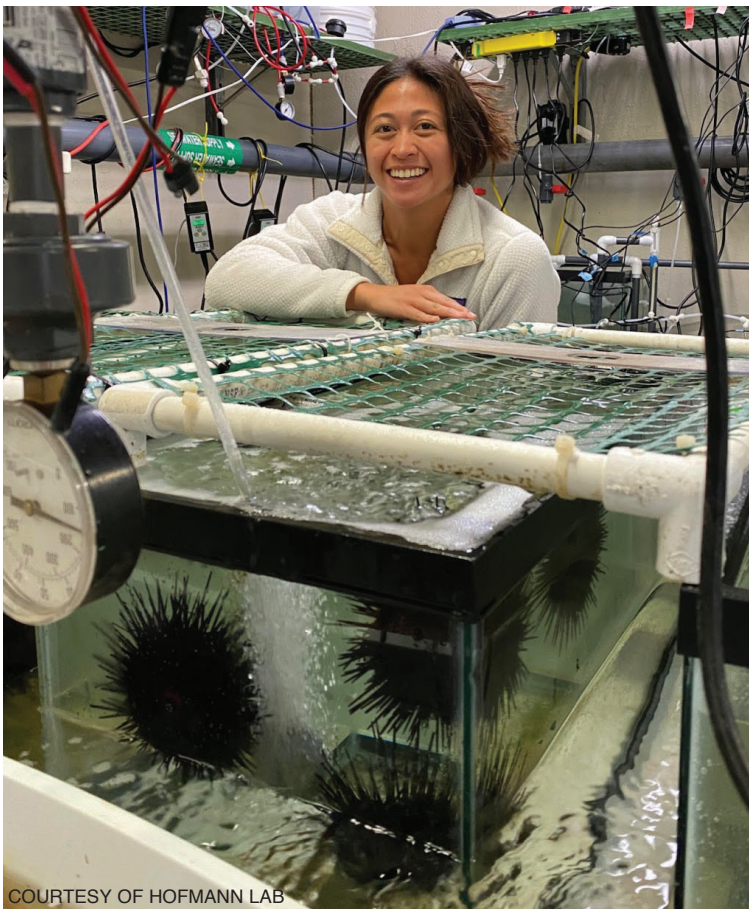


La máquina expendedora de bienestar está obligada a incluir productos anticonceptivos a un precio reducido.

HANZ HERMAN / EL NEXO DIARIO

SCIENCE & TECH

A WARMING OCEAN: WHAT’S HAPPENING BELOW THE SURFACE WITH THE HOFMANN LAB



COURTESY OF HOFMANN LAB
Erin de Leon Sanchez is one of the graduate students working in the Hofmann lab on this research project.

Madasyn Mueller
Reporter
Kat Brydson
Reporter

With marine heatwaves facing our oceans as a climate stressor, UC Santa Barbara’s Hofmann Lab draws attention to just how drastically marine organisms may change in response. As a relatively recent phenomenon, marine heatwaves, which are periods of anomalous ocean warming, are profoundly reshaping marine biodiversity along California’s coast. From local changes in biodiversity to significant physical changes in the ocean’s physical state, the climate change-driven stressor of marine heatwaves is pushing marine life to their limits.

The Hofmann Lab studies global change biology in the local ocean and is headed by principal investigator and interim director of the Marine Science Institute professor Gretchen Hofmann. In her 20 years of residence at UCSB, Hofmann’s hierarchical research aim focused on the ecological and economic impact a changing ocean has on organism-environment interactions.

Her lab’s goal is to uncover what’s happening below the surface and use these findings as

a basis to inform decision makers and marine ecosystem managers on mitigating the impacts of the ocean warming crisis.

The Nexus spoke with Hofmann about the significant changes occurring below the ocean’s surface. With marine heatwaves (MHWs), alongside other climate stressors, predicted to increase in frequency and intensity in the coming decades, the beaches and oceans might feel sterile one day from the climate-driven loss of biodiversity.

A recent study defines a MHW as a prolonged period of anomalously high seawater temperatures persisting for more than five consecutive days. Anomalously high seawater temperatures are those categorized as 90th percentile relative to local long-term climatology. The phenomenon of MHWs is relatively recent to the scientific community. Researchers only began to record their presence as early as 2013 according to Hofmann; however, their impact on marine ecosystems in the past decade has been profoundly detrimental to biodiversity. The vitality of the ocean and land are intrinsically linked. According to Hofmann, ocean productivity is responsible for delivering nutrients to support life on beaches.

“Over time if we lose this, the whole [beach] will feel ... more sterile,” Hofmann said regarding ocean productivity.

With a future of empty beaches looming, the Hofmann Lab’s research is critical for informing mitigation efforts. In the last several years Hofmann and her team of graduate and postdoctoral students have been comprehensively studying the ecological and economic impacts of MHWs in California’s marine ecosystem. The Hofmann Lab’s research alongside others has shown that MHWs are pushing cold-blooded organisms to their thermal limits, causing species range shifts, impacting reproductive success and exacerbating disease outbreaks.

During MHWs, some organisms are affected disproportionately. Sessile organisms, which are those fixed in one place, cannot escape MHWs. Whereas mobile organisms, such as fish and some marine invertebrates, can migrate poleward to cooler waters. Under the thermal stress of MHWs, entire populations of mobile species sometimes leave, while sessile species populations drastically decline locally. Combined, these MHW effects are restructuring ecosystem dynamics often in significantly negative ways, yet the long term ecological impacts of MHWs are still largely unknown. To encapsulate this issue, Hofmann says that “climate change is shaking up the biodiversity puzzle of our coasts.”

A MHW, most notably known as “the Blob,” struck the northeastern Pacific Ocean in 2014, with anomalously high seawater temperatures for 711 days. In that time, coastal researchers throughout the Pacific documented the mass mortalities of crucial mammal and bird species due to the Blob. In the local Santa Barbara region, research from the Santa Barbara Coastal Long Term Ecological Research (SBC LTER) shows that MHW-induced declines and changes in species composition have persisted for nearly six years post-blob.

Even now, when speaking about the long-term impacts of the Blob, Hofmann said that there can be a shift in biodiversity.

Since the Blob, Hofmann says the Santa Barbara region has seen MHWs in the years 2018, 2020 and again this past summer.

To better understand MHWs as an emerging phenomena, the lab collaborates with SBC LTER to detect changes in both ocean surface and floor temperature. The data indicate MHWs affect all levels of the water column, spanning from the surface to the benthic floor, which motivates many of the lab’s current research efforts on marine invertebrates.

Some of the lab’s most recent research explores the impact of MHWs on the economically and ecologically important red urchin and Kellet’s whelk sea snail species. The lab also focuses on how MHWs affect the fertilization and different life stages of invertebrates such as the purple urchin in addition to their plasticity. In the context of their research, plasticity refers to the capacity of a species ability to respond to environmental stress.

A former doctoral student in Hofmann’s lab, Xochitl Clare, found that under MHW conditions, the larvae of the Kellet’s whelk exhibited significant developmental abnormalities. Clare’s research implies that MHWs have the potential to cause population decline of Kellet’s whelk locally, a detriment to the aquaculture industry. Another study, conducted in the Hofmann Lab by former doctoral student Juliet Wong, indicates there is a significant link between the alteration of gene expression and increased temperature in the development of red urchin. As an economically significant species, red urchins are primarily harvested for their roe. The alteration of red urchin development from MHWs could potentially have a negative impact on the aquaculture industry of uni.

Another species studied by

the Hofmann Lab is the purple urchin, an integral species in maintaining the equilibrium in California’s kelp forests. Research from the Hofmann Lab suggests that under MHW conditions, the purple urchins have a smaller, more variable body size in development compared to normal temperatures.

This phenotypic change was found to be inherited by purple urchin offspring suggesting that thermal stress has the potential to shift species morphology on a short timescale. In the face of MHWs, the lab found purple urchins have lower reproductive success, however, their plasticity to thermal stress exhibits the species’ potential resilience to MHWs.

With the element of uncertainty that MHWs are bringing to oceans ecologically, research like Hofmann’s Lab is critical to understanding the changes below the surface.

“[The lab’s current research is] telling us a story that the ocean is changing and that we should start to care immediately,” she said.

But for Hofmann, finding a solution is not exactly the right term. Instead, according to Hofmann, scientists and policymakers need to adjust and mitigate in response to the current ocean warming crisis. Hofmann meets this challenge with optimism.

“We’ve got a lot of fight in us. There are a lot of ideas that can be leveraged... Mother Nature has a lot of resilience,” she said.

For the rest of her research career, Hofmann aims to focus on how thermal stress affects the vast California kelp forests and their organisms, which are just a few hundred yards away from her lab.

COURTESY OF UNIVERSITY OF CALIFORNIA



Professor Gretchen Hofmann holds an urchin.

UCSB Decarbonization Study Project Committee launches Clean Energy Master Plan

Sierra Ferrante
Reporter

In a virtual kickoff meeting, UC Santa Barbara’s Decarbonization Study Project Committee launched its official campus Clean Energy Master Plan.

The initiative is a joint effort of both UCSB officials and Introba, a third-party, worldwide engineering consulting firm who will be lending support to the technical side of decarbonization. The committee is co-led by Renée Bahl and Susannah Scott, with representatives from Introba serving as project managers.

Decarbonization is nothing new for the UC system. In 2013, the UC system announced a commitment to carbon neutrality by 2025, but this new initiative represents a shift to a different goal: 90% decarbonization by 2045. The key change in the new plan is eliminating a majority of the carbon offsets that the previous plan relied on to reach its goal.

The meeting, on Oct. 25, provided a summary of where UCSB currently stands with

regard to its goals. The university has already managed to reduce its carbon footprint by about two-thirds, and UCSB now generates 15% of electricity on-site through renewable means, primarily solar panels.

Purchased electricity has come from carbon-free sources since 2020. The project team believes UCSB has a few key advantages compared to the other UCs when it comes to decarbonizing. The campus has a newer power grid, rebuilt less than 20 years ago, and a relatively flat campus geography.

Additionally, even now, UCSB is the only UC with no cogeneration, meaning there is no onsite power plant. Many climate plans break down total emissions into three scopes, numbered 1-3.

Scope 1 includes things like heating and cooling of buildings, water heating and many other activities often powered by natural gas. Scope 2 emissions are from purchased electricity, meaning it is not generated on-site, but is created as a result of an organization’s activity. Scope 3 is any other emissions not covered by Scopes 1 and 2.

The biggest challenge that UCSB faces is Scope 1. However, the school is working with Introba to develop innovative ways of achieving these things while still reducing emissions.

One such example is “thermal storage,” which would use the same energy that makes hot water for showers to cool buildings simultaneously, thereby reducing overall energy requirements.

Both the Introba and UCSB representatives reiterated that the “the University of California system is a recognized leader in equity-centered climate action planning,” and intends to make sure that the plan moves forward in an equity-centered framework.

The time from now until June 2024 will primarily be a period for more studies and public comment, with any actual construction commencing after that period.

The public input and comment period will have a variety of ways for stakeholders and community members to get involved, and the committee emphasized their commitment to hearing input from the public.

While exact dates have not

yet been announced, there will be town halls held throughout the comment period open to any students or community members, as well as smaller meetings with key stakeholders.

For students or community members looking to send in feedback at any point, the committee has set up an email account, decarb@ucsb.edu, which will be monitored for open feedback throughout the comment period.

They encourage any individual with ideas, suggestions or concerns to reach out through the email, as well as attend public comment sessions. A final important subject addressed in the meeting was the importance of equity when determining the process of decarbonization at UCSB.

Although an important step for protecting the planet, both Introba and the project committee understand that these changes have far-reaching implications for the university and surrounding communities. The study’s team reaffirmed their commitment and understanding of the importance of community involvement in addressing any such concerns.

The 5 major considerations of the Clean Energy Master Plan:

- 1. Produce a strategy for 90% or greater reduction in Scope 1 emissions in campus energy systems from 2019 baseline**
- 2. Provide high-level estimates of total capital and operational costs as well as potential savings**
- 3. Identify environmental justice and equity considerations related to transition**
- 4. Document knowledge gaps and necessary subsequent studies to create a net-zero campus**
- 5. Identify climate resiliency planning considerations**

OPINION



SIMONE MANSELL / DAILY NEXUS

“LET ME TELL YOU A SACRAMENTO STORY”

Riley Burke
Staff Writer

And so Joan Didion does in “Notes From a Native Daughter,” her essay on the city we both grew up in. I often wish I could do the same, but I don’t think I can. Not in the way she did. I can instead only take you on a long walk by the Sacramento River.

The sky is cloudless and the sun slips through the oak trees that line the banks of the river in crowds of leafy and sprawling Kelly green. It is hot but dry. The heat wears you like a glove, it settles over the valley and your shoulders in shimmering warm sheets. At the water treatment plant on the levee, about a mile from where I used to live, there is a view of the river that I revisit often. It stretches out, wide and winding. The brush is too dense to see anything but the green and the blue. The abandoned bikes and crushed beer cans drift into the periphery. It is expansive and never changing and seems like forever – and it is there that the Sacramento River feels to me like it must be the entire world.

A few years ago, I found myself outside of the home where Joan Didion spent the later parts of her teenage years. A few friends and I spotted the open house some springtime day during our senior year of high school. It was the precipice of early adulthood, the moment when Sacramento would suddenly become small, less of a world within itself and more of a hometown. We stopped and went inside. I remember the dust and the daggers of golden light that slanted through the wide windows bordered by mahogany. It was quiet and empty. It smelled like must.

On the wide hardwood floors, I thought about the

Sacramento life she must have lived. How it must have been so different from mine. It felt wrong to stand in the quiet corners of this woman’s coming of age. Someone who lived here so many years before I did, whose Sacramento looked and felt so much differently than mine. I wondered if, for her, Sacramento ever felt like the whole world.

When I was young, I’d sit on my grandmother’s porch swing that once belonged to her own grandmother, who had journeyed west and settled in Nebraska to live in a sod house and sweep dirt floors. My grandmother had come to California from Nebraska after the Second World War for a job promised to her father. I would sit on the swing and Grandma would tell me stories about the gold mine, the acres we sat on and the cowboys and natives who once lived here and were free and filled up with this California spirit I can’t quite place or capture. In these moments, the crumbly dirt and fool’s gold would feel alive with a past my grandmother had made up completely. These stories stuck with me; they informed my vision of a Sacramento I deemed important and worth paying attention to.

Sacramento was everything then. Except, of course, it wasn’t.

In childhood, life spreads out before you in a million endless possibilities. A whole, if simple, image of a world that is made up of the borders of your hometown and is easy, kind and filled with magic, because that is what we are promised. As we grow older, these promises break and are glued back together in different shapes – more complex this time. Our relationship with our hometown changes and becomes more nuanced. The world isn’t so magical

after a while. Still, it is this shaping and breaking that makes us who we are and are not.

Didion’s Sacramento stories are laced with this strange sense of loss. A resentful nostalgia for a small community that had grown different in her absence. A disdain for the refurbished river walk now referred to as “Old” Sacramento. A knotted braid of longing for the Sacramento of her childhood and a desire to never return. Didion’s Sacramento flooded in the rainy months – the city lies on the intersection of two rivers, which makes our land distinctly fertile but prone to disaster. She worried often about the levees that would break and sweep away the city she knew.

The rivers were dangerous, not worldly. Her Sacramento was rougher around the edges, it was laced with the dying promises of a gold rush, of a railroad boom town, of a city made uneasy in post-war terms. In the Sacramento story she tells, the one from her essay, she writes about a grand house built by wealthy farmers in the valley that, over time, burns. Room by room, it is destroyed. It burns until there is nothing left and it is all forgotten.

While other hometown heroes, the ones like Greta Gerwig of “Lady Bird” acclaim, write coming-of-age stories about the simple sweetness of our capital city, Didion wrote about destruction and change. She, again, wrote a complex, sometimes haunting deconstruction of the myth of a self-sufficient, streets-paved-in-gold [Central Valley] in her 2003 book, “Where I Was From.” For years, she unraveled the mythic proportions of the hometown, of the place that feels like the world.

Didion’s hometown has broken many times over. It has taken on new shapes. Today, it has a few more microbreweries and a few less floods. My Sacramento is shaped like the shifting waves of heat wafting off the black pavement on Freeport Boulevard, like the yellow glint of the Tower Bridge, like ripe oranges in Capitol Park, like forgotten schoolyard corners, like the strange lights of the city from far away, getting closer as I take the long drive back from Grandma’s, strapped in a car seat, rocked to sleep in the back of Mom’s old Nissan.

This is one of those things about getting older. Now that I have left home and my mom sold the old house by the river, Sacramento isn’t the only place a person could possibly live. Now that I am faced with the understanding that it will change without me, that it will be made different and unrecognizable and that, one day, it will maybe not even feel like home (let alone the world), I am left thinking about what a hometown means in the first place.

My Sacramento, much like Didion’s, will one day be burned – room by room – and it will all be forgotten. Hometowns do that. The places some of us are privileged enough to view as a magical world, a colorful land of playgrounds, ice cream shops and Girl Scouts meetings, must eventually dissipate into something else. A place we may not know as the world but a place we may be able to love all the same. A place where we can walk on the levee, by the river, and still pretend that it is.

Riley Burke has been reading a lot of Joan Didion recently.

HOROSCOPES

The signs as writers for the girls

ARIES
MARCH 21 – APRIL 19
Eve Babitz

TAURUS
APRIL 20 – MAY 20
Jane Austen

GEMINI
MAY 21 – JUNE 20
Emily Brönte

CANCER
JUNE 21 – JULY 22
Maya Angelou

LEO
JULY 23 – AUGUST 22
Mary Oliver

VIRGO
AUGUST 23 – SEPTEMBER 22
Toni Morrison

LIBRA
SEPTEMBER 23 – OCTOBER 22
Agatha Christie

SCORPIO
OCTOBER 23 – NOVEMBER 21
Sofia Coppola

SAGITTARIUS
OVEMBER 22 – DECEMBER 21
Suzanne Collins

CAPRICORN
DECEMBER 22 – JANUARY 19
Joan Didion

AQUARIUS
JANUARY 20 – FEBRUARY 18
Eve Babitz

PISCES
FEBRUARY 19 – MARCH 20
Greta Gerwig