Campus organizations stand in solidarity with Palestine

UCSB alumna’s erosion report evaluates coast erosion solutions, recommends more community outreach

Isla Vista holds Halloween Events

Various UC Santa Barbara campus organizations published online statements in solidarity with UCSB Students for Justice in Palestine and Palestinian liberation.

The statements of solidarity are in light of the three-week-old siege of the Gaza Strip by the state of Israel following an Oct. 7 attack on an Israeli military group Hamas and subsequent attacks on Palestinian civilians. By Israeli statistics, 186 Palestinians in the West Bank, according to the Gaza's Ministry of Health, Israeli officials, international observers and salon groups.

UCSB Students for Justice in Palestine (SJP) has held various activist events following the attack in support of Palestinian liberation, beginning with an informational meeting on Oct. 9, “March for Palestine” protest followed by Liberation Concert on Oct. 15 and a campus walkout on Oct. 22.

UCSB Muslim Student Association (MSA) noted the importance of “highlighting the struggles of the Palestinian people and not allowing Israel to cleanse themselves of any blame” in the statement.

It is important that we all stay informed about the latest and avoid the opportunity to evacuate. Additionally, at least 38 buildings were cut back from the bluffs due to the incursion in Palestine.

The event took place from 7-11 p.m. both nights and featured collaborations with organizations including Lucidity LLC, The Environment Makers and Lucidity LLC. A common sentiment Robinson noted from the survey was that most residents were paying too much for property in a “dilapidated” state.

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UCB Santa Barbara environmental studies alumna Tara Robinson presented her senior thesis project on Isla Vista coastal management research to the Isla Vista Community Services District Board of Directors at its Oct. 24 meeting suggesting several solutions to cliff erosion in Isla Vista.

The project was motivated by issues of cliff erosion causing unsafe housing structures in the past, according to Robinson. In 2017, an Isla Vista apartment building balcony collapsed. Though it was an incident with no injuries, the collapse caused 28 residents living on the property to evacuate. Additionally, at least 38 buildings were cut back from the bluffs due to the incursion in Palestine.

The project was motivated by issues of cliff erosion causing unsafe housing structures in the past, according to Robinson. In 2017, an Isla Vista apartment building balcony collapsed. Though it was an incident with no injuries, the collapse caused 28 residents living on the property to evacuate. Additionally, at least 38 buildings were cut back from the bluffs due to the incursion in Palestine.

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**Vista Point: Weekly going-on's in and around Isla Vista**

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The Nexus compiled a summary of crimes recorded by the Santa Barbara County Sheriff’s Office in Isla Vista from Oct. 1-30.

The data was obtained from the October 2023 Arrest Log folder that is provided by Santa Barbara County Sheriff’s Office Crime Analyst Elisabeth Nybo. I.V. – and the neighboring UC Santa Barbara campus – is under jurisdiction of the UC Santa Barbara Police Department and Isla Vista Foot Patrol (IVFP), a branch of Santa Barbara County Sheriff’s Office (SBSO).

There were 13 categories of misdemeanors and six categories of felonies recorded between Oct. 1 and Oct. 30, with a total of 34 misdemeanor and six felony offenses logged by SBSO.

There were two types of misdemeanor possession offenses recorded and four issued charges: three charges of minor in possession and one charge of possession of marijuana in a vehicle.

The logs included five misdemeanor charges of driving under the influence, obstructing a public officer and disorderly conduct under the influence, all of which were the most common offenses listed. More vehicle-related offenses included driving without a license, minor operating a vehicle and tampering with a vehicle, each of which had one charge recorded.

Other misdemeanor offenses include three charges of presenting false identification, two charges of carrying an open container, two charges each for receiving and theft of stolen property and two charges each for vandalism and loitering.

The “open container” charge – a Santa Barbara County ordinance that bans open containers from public areas – has historically gained attention in Isla Vista, with IVFP conducting a “No Open Containers” campaign in Fall Quarter 2022 to educate residents about the policy. There were no charges recorded by SBSO ahead of Halloween for the weekend of Oct. 28 to Oct. 30. The previous weekend – informally dubbed as “I.V. Halloween” by I.V. residents – had one charge recorded each on Oct. 20 and Oct. 22.

Halloween in I.V. has historically seen increased police presence and restrictions since 2011, and this year’s ordinances prohibited live or recorded music that can be heard outside of residences from Oct. 26 to Nov. 4 during the hours of 6 p.m. to 7 a.m.
A scavenger hunt was designed as a game for attendees to interact with the live-action characters and explore all five zones in order to earn a pumpkin from the Queen’s Pumpkin Patch.

Additional attractions included a silent disco in the Haay’All Amphitheater on Monday night.

A scavenger hunt was also designed as a game for attendees to interact with the live-action characters and explore all five zones in order to earn a pumpkin from the Queen’s Pumpkin Patch.

“Guests must gather clues and symbolic tokens from the intriguing cast of characters they meet along the way to present to the Pumpkin King in hopes of earning a beloved Pumpkin Bumpkin from the Queen’s Pumpkin Patch,” the press release read.

The total budget of the event was $120,640 of Measure O funding—a special tax approved by voters for IVRPD projects and renovations—with $23,066 being allocated to projection art lighting, $28,944 to Guardian Security Team, $4,175 to advertisements, $292 to refreshments, $1,500 to the costume contest prize and $10,050 to the pumpkin patch.

The pumpkin patch has had over 10,000 attendees in past years and attracted students and families alike with its character performances, decorations and carnival games, according to an IVRPD press release.

“The Halloween Pumpkin Patch is an immersive theatrical experience featuring live performance actors, interactive storytelling and decorative landscapes of light, sound, and color that delight and delight participants as they embark on their quest through mystical realms to retrieve their pumpkin souvenirs,” the press release read.

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Other attractions included a silent disco in the Haay’All Theater on Monday night and a costume contest that ended with “a $1,000 cash grand prize for adult contestants and 4 youth tickets to the Santa Barbara Zoo,” according to the press release.
MCC holds first Filipino marketplace event “Palengke”

Devon Gowdy

The MultiCultural Center and the Filipino-American cultural and social organization on campus established in 1978, KP, is a Filipino-American cultural and social organization on campus established in 1978. KP is the primary organizer for the MCC programming and UCSC programming, including many events, including Palengke.

Earl Dulos. Dulos was also the primary organizer for the event.

KP is a Filipino-American cultural and social organization on campus established in 1978. KP did co-sponsor the Palengke event, held at the MCC in April. Palengke is the first-ever Filipino community marketplace event held at the MultiCultural Center.

A lot of Filipinos, including KP members, were present and participated in the event. Many of the vendors, as well as the DJ for the event, were KP members.

Second-year statistics and data science major Ryan Valencia served as the DJ for the duration of Palengke. Attendees danced and sang along to a mix of hip-hop, throwback, and electronic dance music in the MCC lounge.

Program Coordinator Micky Brown spoke about the success of the event.

“We had 500 people sign in, which is a lot of people for a MultiCultural Center event,” Brown said. “Just based on attendance, I would say it was a massive success. We ran out of food. We ran out of all the giveaway items. When asked about the choice of Hawaiian cuisine over Filipino options, Brown explained the root of various similarities between Hawaiian and Filipino food. "A lot of Filipinos, including my family, came first to Hawaii from the Philippines." Brown noted reasons for the importance of Palengke and the possibility for the event to grow in the future.

“Students of color trying to make ends meet. He emphasized the potential for these events to generate substantial revenue for financial opportunities for students. "All of the vendors kept all of the proceeds. That is why we did not amount any percentage for the proceeds. We did not take any percentage for the proceeds." Brown explained that the importance of Palengke and the possibility for the event to grow in the future.

For UCSB, Brown said a role for the event was to uplift small businesses owned by low-income, first-generation students of color trying to make ends meet. He emphasized the potential for these events to generate substantial revenue for businesses owned by low-income, first-generation students of color trying to make ends meet. He emphasized the potential for these events to generate substantial revenue for businesses owned by low-income, first-generation students of color trying to make ends meet.
Erosion Report

Continued from p.1

A property owner can hire an engineer to evaluate the site’s potential for erosion and related issues. The engineer will assess the property's safety and the status of the coastal area. Finding a common language is crucial as people don’t understand the terminology. There’s a lot of things that are specific and make sure that everyone’s on the same page,” Robinson said.

Robinson recommended that the community establish a term management project for IVMP again, establish a body of water — to inspect the existing ecosystem in the sand. So it needs a lot of research,” Robinson said.

Currently, the Santa Barbara Black Student Union (A.S.) Black Women’s Health Collaborative (BWHC) defined the problematic colonialism inflicted by Israel,” the statement read. “This is a time for all oppressed people who are fighting for justice” in the UC: a formal apology from UC's administration regarding its statement on the UC Board of Regents, a meeting regarding the Israeli-Palestinian conflict, and an acknowledgement of the inherent rights of the Palestinian people and the defenders of Palestinian liberation movement tirelessly fighting for the liberation of Palestinians and for all our allies across the diaspora.

The world has fallen short, consistently failing Palestine in every conceivable dimension. The statement read: “This is a time for all oppressed people who are fighting for justice” in the UC: a formal apology from UC's administration regarding its statement on the UC Board of Regents, a meeting regarding the Israeli-Palestinian conflict, and an acknowledgement of the inherent rights of the Palestinian people and the defenders of Palestinian liberation movement tirelessly fighting for the liberation of Palestinians and for all our allies across the diaspora.

We strongly condemn the statements of the Palestinian people and recognize the illegal occupation, colonialism inflicted by Israel,” the statement continued.

The Governor of the State of Palestine, Mahmoud Abbas, welcomed the demand of the Israeli regime to stop the building of Palestinian housing units within the borders of the West Bank,” the statement read. “This is a time for all oppressed people who are fighting for justice” in the UC: a formal apology from UC's administration regarding its statement on the UC Board of Regents, a meeting regarding the Israeli-Palestinian conflict, and an acknowledgement of the inherent rights of the Palestinian people and the defenders of Palestinian liberation movement tirelessly fighting for the liberation of Palestinians and for all our allies across the diaspora.

The Associated Students (A.S.) Black Health Collaborative (BWHC) released a statement in the UC community on Oct. 23, expressing support for Students for Justice in Palestine and for Palestinian liberation. The organization also called on the American people to support Palestinian liberation. The statement echoed theANC's call for an end to all forms of imperial oppression by Israeli-centric regimes, stopping all forms of imperial oppression by Israeli-centric regimes, demanding an end to the Israeli occupation of Palestinian land, and demanding an end to the Israeli occupation of Palestinian land.

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The UC Santa Barbara Gauchos lost against the UC Irvine Anteaters in a thrilling match. The game started slowly, with UCSB leading 2-1, but the Anteaters retaliated and tied the score at 2-2 in the second set. UCSB then responded with a dominant sweep of the Anteaters, winning 25-18. The Gauchos' defense was strong, with 10 blocks and a .256 hitting percentage.

UCSB Athletics

The Gauchos will next face CSU Fullerton on Oct. 1 to close out their home season. The match will be live on ESPN+.
What comes to mind when the UC Santa Barbara Library is mentioned? Perhaps the view from the eighth floor or the clamor of students walking through the Paseo on their way to class. But for most, it is a place to study.

There are several study areas on each floor with a variety of seating, such as cubicles and large tables. This variation allows students to find certain study areas more conducive to productivity. For example, there are cubicles and large tables on the first floor past the service desk.

“During finals, it’s hard for students to find places to study because I normally prefer me to find places to study final season. There are also several study areas that have a variety of seating options, such as cubicles and large tables.”

So if it’s finals week or dead week, it’s just impossible to get those.”

In response to student feedback on the issue of finding available space in the UCSB Library, the library staff took the initiative to figure out an effective way to advise students about the library’s occupancy at a given time. "Library staff investigated various products and determined that Waitz would be the best solution," said Johannes Steffens, the UCSB Library’s communications and marketing manager. "Waitz is simple: finding an uncrowded study area. Waitz is the best thing that happens to the library in a long time," one student wrote. Usage of the Waitz app and website has steadily increased since its adoption by the library.

"We’ve seen triple the number of new visitors to the Waitz site and Waitz app downloads this January compared to the previous year, indicating more students are using the Waitz data to plan their library visits and better navigate crowds," Steffens added. To collect occupancy data, Waitz sensors are located throughout the library. Using anonymized Bluetooth and Wi-Fi signal data, the sensors estimate the number of people nearby. The Waitz data provides the average hourly occupancy of all library floors. The library staff occasionally validate the Waitz data by manually conducting counts of people in the library. According to Halverson, Occupace sensor technology has been proven to be over 93% accurate.

"Waitz is kind of the best thing that happens to the library in a long time," one student wrote. Usage of the Waitz app and website has steadily increased since its adoption by the library.

Since then, Occuspace’s sensor technology implementation of Waitz. The library’s occupancy still has not returned to its pre-pandemic level: about 2 million visitors in 2022-23 compared to about 2.5 million in 2018-19. There are also slightly fewer visitors in each spring quarter, possibly due to a small percentage of students graduating early at the end of winter quarter.

To collect occupancy data, Waitz sensors are located throughout the library. Using anonymized Bluetooth and Wi-Fi signal data, the sensors estimate the number of people nearby.

The data from B.O.P.S. was also included people passing through the Paseo area. However, the overall trends are similar to the Waitz data. The Waitz dashboard
The overall trend in number of occupants over these seven quarters is consistent with UCSB’s reopening and COVID-19 protocols; people were likely still cautious about studying in public spaces during the 2021-22 academic year. This is especially seen in the decrease in popularity during Winter Quarter 2022, when the quarter was partially conducted with remote instruction due to the COVID-19 Omicron variant.

The chart displays the number of visitors to the library over the past academic year, broken down by week. There are peaks during Weeks 4 and 10 as well as drops during Weeks 7, 9, and finals. The low numbers of Week 9 during Fall Quarter 2022 and the high numbers of Week 10 are likely due to the Thanksgiving holiday and dead week — the week before finals. — respectively.

The first and second floors are the most popular of all the library floors. The fifth to eighth floors are “quiet floors,” and the overall number of daily visitors reflects that these floors are mainly used as study spaces. According to Waitz, the eighth floor is the most popular quiet floor because of the Pacific View Room — a study space behind the elevators with a view of the southern part of campus.

“The eighth floor is supposed to be quiet, but it’s not because people just think it’s so much fun — they want to see the views. It’s just never been quiet,” Bangsal said.

The data reflects that the fifth to seventh floors consistently have fewer occupants despite being similar in size to the eighth floor. The library rapidly fills up between the hours of 8 a.m. and 2 p.m., making 3 p.m. the peak of popularity across all floors. Although there are still a significant number of occupants staying past the library’s closing time due to late night study, most occupants do not stay past 3 a.m.

To beat the crowds, Bangsal used to visit the library group study rooms late at night with his friends. “We would stay there [from] midnight ‘til sunrise. And we would go out to see the sunrise,” he said.

Katy Costantinidis — the UCSB Library building operations assistant — also said that study spaces usually fill up between 2-4 p.m. on weekdays. “There is a noticeable decrease in building occupancy on Fridays and Saturdays as well as before 11 a.m. and after 7 p.m. each day,” she said.

The least popular days to spend in the library are Sundays and Saturdays. There is a sharp drop in occupancy toward the end of the week, usually dropping off Fridays between the hours of 5-6 p.m. and increasing slightly again on Sunday as students prepare for the next week of school.

These patterns of library occupancy are somewhat disrupted during the last week of each quarter — when final exams occur. Additional staffing is allocated for the custodial team during the weekend between dead week and finals week to supplement the regular cleaning services during the time the library is most crowded, according to Costantinidis.

“The Building Operations team is particularly mindful to monitor noise on the quiet floors five through eight to ensure the quiet is maintained, particularly during dead week and finals week, when maintaining a quiet environment is of utmost importance to support focused study and academic success,” Costantinidis said.

Bangsal said he prefers the library to study above other campus study spots. “It’s just the environment, like everyone you can see is working hard. It gives me encouragement to study too,” Bangsal said.
El nombre de alguna persona cercana o de un amigo, con el que se podría compartir el pensamiento crítico y así rechazar esta realidad. Pueden ser de chocolate, azúcar o algún tipo de dulce.

Flor de cempasúchitl: En muchos lugares del país se acostumbra poner caminos de polviza que servían para guiar al difunto del campo santo a la ofrenda y recibiera por su color y obra que preparaban las tazas y las comidas.

Comida y agua: La clase tiene el objetivo de deleitar a las almas de los difuntos con un atuendo colorido. Las flores de cempasúchitl llenan los espacios y se argumenta que las ánimas que nos fueron a visitar podrían vibrar con la música y disfrutar de su ofrenda.

Día de los Muertos: Se celebra el 2 de noviembre. En México, la tradición de honrar a los familiares que han fallecido es fundamental para que las almas de los difuntos que han fallecido en un accidente no sean olvidadas. Al escribir el nombre de un ser querido desaparecido en las ofrendas, se viene expresando una forma de diálogo con el difunto o con el espíritu de la persona. Es una tradición de amor, devoción y recuerdo de un ser querido que no se puede olvidar.

La muerte no es el final, es un comienzo. Un comienzo para viajar, pero un viaje que suele ser doloroso y desolador. La muerte de una persona que queremos es una herida que nunca curarán. El dolor es lo que nos da la oportunidad de recordar a las personas que amamos y que nos dejaron para siempre.

Las santidades de los muertos pueden ser una oportunidad para recordar a nuestros seres queridos y para recordar los momentos felices que compartimos. Los recuerdos de los muertos son un homenaje a su memoria y a su legado. Es importante recordar que la muerte no es el final, es un comienzo para una nueva vida.

Por eso es que el Día de los Muertos es una de las festividades más importantes en México. Es un momento para recordar a los seres queridos que han fallecido y para recordar que aunque están ausentes físicamente, su presencia sigue siendo un recuerdo. La muerte es una parte importante de la vida, pero es importante recordar que la vida sigue adelante.

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Panadería de Santa Bárbara celebra el Día de los Muertos con pan respaldado de siglos de tradición

Kendría Martínez Escritora

El tiempo de comer pan de muertos llegó. Tradiciones del día de muertos nos varían y mi favorita es a la panadería con mi mamá para escoger el pan de muertos que vamos a comer. Pero ¿te has preguntado de dónde viene el pan de muertos? ¿Quién lo inventó? ¿Qué variedades hay? Aquí te deseo conocer algunas historias.

Adentro de la neblina

Nadía Larros Escritora

Cada vez que hay un amanecer en el campo, la escena es la misma. Siempre se esconde un rostro que busca el sol. Sabía que siempre se el sol, y se cansa cuando llega hora linda, las horas se transmutan en recuerdos. Al atardecer, se decía, “No volvería al olvido, al olvido de vivir un pequeño amanecer.”

El cuerpo humano y una pequeña llama que representa la cabeza. La laguna tenía animales, pero más miedo a la muerte. La laguna tenía algo que extrañar, mucho en el último. Al otro lado del claro, la muerta no estaba. Y se quedaba a la izquierda de la luna. Un viento, un viento, pero no lo dejaron que se quedara en la laguna. Era un traidor, un traidor.

¿Qué es, qué es el pan de muertos?”

El pan de muertos es una tradición que se celebra en México desde hace siglos. Se lo elabora en honor de los seres queridos que han fallecido.

Disponible en pasados, grandes y pequeños, la panadería ofrece un pan de muerto de pollo, con y sin canela, y pan de muerto vegano. Los pollos de pan de muerto se venden en la panadería de Santa Bárbara, con y sin canela, y pan de muerto vegano.

¿A ti también te gusta la laguna?

“¡No me pasó con el pan de muertos!”

¡Es tiempo de comer pan de muertos! Las tradiciones del día de los muertos son varias y mi favorita es ir a la panadería con mi mamá para escoger el pan de muertos que vamos a comer. Pero ¿te has preguntado de dónde viene el pan de muerto? ¿Quién lo inventó? ¿Qué variedades hay? Aquí te deseo conocer algunas historias.

El pan de muertos

ADONISS CAPOTE / EL NEXO DIARIO

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Where to find pan de muerto in Santa Barbara to celebrate Dia de Los Muertos

Stephanie Gerson
On the Menu Editor
Whittier News

It’s early November, meaning it’s time to get back to the dead, also known as pan de muerto! Day of the Dead comes with many traditions, and my favorite is going to the bakery with my mom and choosing which pan de muerto we are going to eat for this special day. But have you ever wondered about the origins of pan de muerto, a sweet, fluffy bread known for its intricate shapes, and dusting of red sugar that is placed on all it’s tops? It is common to think that pan de muerto was a tradition started by Mexicans, but the Aztecs started making this celebratory bread first. And it comes out with a unique and intricate history. The story goes that the Aztecs would sacrifice a noble woman in order to appease the gods. They would cut up the body of the woman and mix it with amaranth to make bread. Some legends say that the community would come together to eat the bread in a ceremony while others legend say that the priest in charge of the ritual would eat the bread to satisfy the gods.

Obviously that is not how pan de muertos is made today, and that’s because the Spanish Catholic priests decided that the rituals were too barbaric. Instead, pan de muerto is now made with wheat and designed to look like a heart. It is sprinkled with some red sugar on top to represent the blood of the sacrificed woman. This type of bread is still made in Latin America throughout the region in Mexico has its own way of making pan de muerto. The larger states, like Jalisco, is the most common. In regions that have a more Indigenous population, pan de muerto tends to be more unique and intricate. Bakaries normally make a different type of pan de muerto to represent and honor the children who have passed away. They make different shapes, like chickens, bunnies and doves, to represent toys and pets that went on after death (animalitos). If you’re looking to find pan de muerto for Dia de Los Muertos, which falls on Nov. 2 this year, Santa Barbara is home to several panaderías that bake this special bread, including Los Tarascos Bakery and Deli on 314 East Haley Street. Owned by Enoch Brojas since 2007, the panadería specializes in pan dulce, torta specialty cakes and other baked goods. Yet it wasn’t until three years into operating Los Tarascos that Brojas started selling pan de muerto for the Santa Barbara community, after receiving requests from multiple customers. Since then, the demand for the sweet, braided-like bread has grown. Every year, the bakery sells roughly between 600 and 800 pan de muerto in late October and early November in addition to fulfilling specialty orders for events throughout Santa Barbara. Brojas’ recipe slightly differs from traditional pan de muerto sold in Mexico. Santa Barbara stores do not carry pan de muerto, so Brojas adds in an alternative orange-flavored butter and aras for flavor. Traditionally, the topping for pan de muerto is a dusting of sugar, but Brojas also wanted to offer a low sugar option, so he scales variations with a thin layer of glass and sesame seed topping.

Los Tarascos’ medium-sized pan de muerto is large enough to serve two people and is sold for the affordable price of just $3.25 per loaf. We tried medium sizes of both variations of pan de muerto, releasing one of fluffy, slightly sweet bread and the other fingers covered in pink sugar afterward.

Additionally, Los Tarascos is the only bakery in Santa Barbara to offer vegan pan de muerto, an item that was inspired by another restaurant in the area. Dali Moreno of Rascals’ Vegan, owner of the vegan Mexican restaurant down the street from Los Tarascos, approached Brojas in 2020, asking him to sample one of his homemade vegan conchas. Brojas offered to adapt Los Tarascos’ pan dulce recipe to be made fully vegan so that the bakery could supply vegan treats for Rascal’s instead. These years later, Los Tarascos has kept vegan concha and pan de muerto on the menu, which they bake fresh every Tuesday. This year, Rascal’s and Los Tarascos collaborated on a Vegan Pan De Muerto Refino, consisting of a vegan Los Tarascos pan de muerto filled with homemade, non-dairy whipped cream and jam, which were served during the last two weekends of October at Rascal’s.

Los Tarascos is only offering pan de muerto for a short time until Nov. 3, so we suggest you celebrate Dia de Los Muertos and pay this hidden gem a visit. The tradition of eating pan de muerto is not only accompanied by a centuries-old history but is also an essential part of celebrating Day of the Dead.

FALL IN love with this butternut squash pasta

Anya Kennelly
Daily Nexus

As the weather cools down and Halloween passes we begin to appreciate the floating season of fall flavors. It’s time to drink pumpkin spice lattes, sip apple picking cider and partake of the bounty available in our markets. Though I love pumpkin, it made a much more appreciation. It is so special: there is no dicing or peeling of the hard work. I wanted something that would match the vibe of fall in love with this butternut squash pasta that would match the vibe of fall in love with this butternut squash pasta that would match the vibe of fall in love with this butternut squash pasta.

Butternut squash is an essential part of celebrating fall in love with this butternut squash pasta.

The first one that came to mind was butternut squash, which is such a beautiful vegetable that is only in its best season in late summer and fall.

One of the many uses for Thanksgiving is to celebrate the season and take advantage of the vegetables it has to offer. This past year, I wanted to take advantage of fall’s cooler days and make something with butternut squash.

In a large mixing bowl, add 1/2 can of pumpkin purée and pumpkin spice. Mix until combined.

Now, cut a butternut squash in half lengthwise and scoop out the seeds. Place the squash on a baking sheet and drizzle with olive oil, salt and pepper.

Bake for 40 minutes or until the squash is soft. Once it is done, remove it from the oven and let it cool for 5 minutes.

Once the squash is cool, add it to a blender with the pumpkin spice mix and blend until smooth.

Now, prepare the pasta. I used Trader Joe’s striped lentil pasta, which is easy to cook and only takes around 5-6 minutes. Once the pasta is cooked, add the sauce, and let it cook for 2 minutes.

Butternut squash pasta is a great way to eat vegetables and can easily be altered to be gluten-free with chickpea pasta. If you want to add protein to this dish, I added spicy chicken sausage one night when I came home from work and it was a delicious combination. To really get in the fall spirit, pair the pasta with some apple cider, chèvre cookies and Valentino Galla’s “Viva la pumpkin pie.” It’s the perfect cozy fall night!
My special interest is my encyclopedic knowledge of the Mario Kart soundtracks

Nate Dolan
Luigi Lover

The Mario Kart soundtrack was introduced to me at the ripe age of 6 years old. As I raced through tracks like Koopa Cape and Musicore Highway, my focus shifted from playing the game to listening to the auditory masterpieces being played through the speakers. The beautiful compositions transported me to a better world: whether it be the golden streets of Daisy Kingdom, the relaxing sands of Peach Beach or the power of 1UP mountain. Even years later, the music will remain the soundtrack to my life. I walk to the beat of the Moo Moo Meadows melody when taking notes in class. My life would be incomplete without Mario Kart’s constant rhythm repeating in my mind.

Since 2010, I haven’t bothered listening to any new music other than the more recent Mario Kart soundtracks. While I’ve already found the greatest theme song of all time, I was surprised to hear the lack of synthesized accordion and plasticky steel drums in the Billboard Hot 100. I’d like to hear a Drake song with a fraction of the emotion that was poured into the Coconut Mall theme. When I’m out at parties, I normally make a bet with whoever’s on a tan and ask if they wouldn’t mind switching to something more interesting and frisky, like the Wario Stadium song. If they’re not into that, I’ll go as far as to request a song from one of the few “battle levels” like the masterpieces that is Frankie Stadium. If they still don’t comply, I have no problem throwing a massive fit and hurling insults at everyone.

It was during one of my many neighborhood fits that I first heard the Moo Moo Meadows melody. When I continued playing, I felt it was hilarious! I’d guess every level everyone was craving the name as soon as I heard it. What started as a fun game turned into an intense challenge for me, especially when they lowered the volume, closed the Minds and locked the windows. It became so intense that the police eventually got involved in the game, saying I could no longer have Mario Kart maps across the yard to the neighbors in the middle of the night. Well then too bad! I’m still waiting for the faculty to get back to me on my request for an official Mario Kart soundtrack course. I’ve already prepared the necessary course material and I’m off to teach it. If you see me in the street, quiz me! It won’t take too long, I’ll only be about half a second before identifying the track. And the next time you hear someone whistling the theme to Mario Circuit in the library, it’s probably me. Nate Dolan is the world’s foremost expert on Mario Kart.

Call to action: We need to keep talking about Barbenheimer

Joseph R. Bidun
Activist

As UC Santa Barbara’s class of 2027 set for their convocation ceremony in Week 0, they were blessed to receive an extremely hilarious speech from Chancellor Henry T. Yang. According to his timely references, one stuck out as being the most moving, Barbenheimer.

As a wee first-year student, I found this reference so inspiring, and it really formed a bond between Yang and myself. It got me thinking about the love and excellence of Barbenheimer, along with how saddened I am that so few people are talking about it nowadays.

While some may have initially seen Barbenheimer as just another joke, the Renaissance man of the TikTok era, it actually began with the walls of 600 million of seven ages.

“Barbenheimer! So wonderful! Love Christopher Nelson, Must kill horse,” currentman and 3-8-million-year-old communication major Bong Bong said.

When both “Barbenheimer” and “Oppenheimer” graced theaters on July 21, it felt like the whole world rushed out to watch the much-anticipated double feature. This mass hysteria was reflected online as social media’s greatest minds shared their highly intellectual takes. “Oppenheimer!” was literally the only problem. Barbenheimer’s name is so cool, second-year religious studies major Anton Popov said. “I just needed to let the people of TikTok know that he wasn’t a chill dude. Why did they even make that movie?”

It may feel like we’ve been hearing about Barbenheimer from forever now – but is that a good thing? Why would you ever want to stop hearing such nuanced and educated opinions from 15-year-old BTS stan account owner?

Aside from the continual entertainment of these jokes, Barbenheimer also had revolutionary social repercussions and ridiculed society with some of its oldest injustices. “Barbenheimer! single-handedly ended misogyny, I can tell you that,” feminist studies professor Linda Morris said. It was so empowering to hear about the meaning of womanhood from Mutil. This movie connected women everywhere with a superior or corporate motives whatsoever.

If we stopped talking about Barbenheimer, we would simply revert to the old ways of discrimination and angry men. Continuing this riveting conversation is the only solution to societal issues. However, we cannot stop there. Certain trends must live on in order to maintain social order. For instance, we must keep correcting injustices. Among Us’ rise to popularity was truly the most groundbreaking and significant event of 2020.

“Learning for Among Us is inherent to human nature. It is truly unnatural to suggest that people stop talking about how fun it was Discriminatory, even,” sociology professor Jim Wiley said.

What you may call trends, I call pillars of a healthy society. We cannot simply leave these earth-shattering milestones behind. How would you feel if the world didn’t listen to that when she used to have that baby? Think, Guarchos, and keep talking.

Barbenheimer! I barely know her!
**ARTSWEEK**

**Tracks of the Month: October 2023**

**“Live For Me” by Omar Apollo**

In Omar Apollo’s newest EP “Almost Like Starlight,” released on October 20th, the London-based artist delivers a sonic journey that is both intimate and expansive. The EP, produced by Apollo and Anderson .Paak, features nine tracks that explore themes of love, longing, and the complexities of modern relationships.

The lead single, “Almost Like Starlight,” is a heartfelt ballad that showcases Apollo’s evolving style. The song, co-written by Apollo and hip-hop artist Anderson .Paak, is a reflection of Apollo’s journey as a musician, as he navigates the ups and downs of fame and personal life.

**“Rabid Dog” by Palace**

The London-based band Palace’s latest release, “Rabid Dog,” is a testament to their ability to blend indie rock, electronic, and pop elements into a cohesive and compelling sound. The EP, recorded and produced by the band in London, boasts seven tracks that explore themes of heartbreak, self-reflection, and the power of music to heal.

The lead single, “Rabid Dog,” is a powerful and emotional song that highlights Palace’s signature sound. The track, co-written by band members Lauren Chiou and Avery Stanley, features energetic vocals and a driving rhythm, as everything melts into the intimacy of the music video.

**“A Night To Remember” by Waterparks**

With their latest album, “A Night To Remember,” Waterparks have delivered an album that is as much a reflection of the band’s growth as it is a celebration of their unique sound. The album, produced by the band and mixed by Jack Renney, features 15 tracks that explore themes of love, loss, and the challenges of growing up.

The album’s first single, “A Night To Remember,” is a powerful and emotional song that highlights Waterparks’ ability to blend elements of emo, punk, and rock into a sound that is truly their own.

**“Afraid of Heights” by boygenius**

The highly anticipated debut album by boygenius, the collaborative project between HGK, The National’s Aaron Dessner, and Phoebe Bridgers, is a masterpiece of songwriting. The album, produced by Dessner, features 17 tracks that explore themes of love, loss, and the complexities of modern relationships.

The album’s lead single, “Afraid of Heights,” is a powerful and emotional song that highlights boygenius’ ability to blend elements of pop, rock, and indie into a sound that is truly their own.

**“The Harmony of Heaven” by Coldplay**

Coldplay’s latest album, “The Harmony of Heaven,” is a testament to the band’s ability to blend elements of rock, pop, and soul into a sound that is both familiar and unique. The album, produced by the band and mixed by Jack Renney, features 14 tracks that explore themes of love, loss, and the challenges of growing up.

The album’s first single, “The Harmony of Heaven,” is a powerful and emotional song that highlights Coldplay’s ability to blend elements of rock, pop, and soul into a sound that is truly their own.

**“Then I Walked Away” by Peak Mountain**

Peak Mountain’s newest release, “Then I Walked Away,” is a powerful and emotional song that highlights the band’s ability to blend elements of rock, pop, and soul into a sound that is both familiar and unique. The album, produced by the band and mixed by Jack Renney, features 11 tracks that explore themes of love, loss, and the challenges of growing up.

The album’s lead single, “Then I Walked Away,” is a powerful and emotional song that highlights Peak Mountain’s ability to blend elements of rock, pop, and soul into a sound that is truly their own.
The conference, titled "The Future of the Amazon: Expanding Borders of Indigenous Activism," hosted by the UCSB Orfalea Center for Global Studies, was launched on Oct. 25-27, aimed at discussing environmental, political and societal issues.

The conference consisted of lectures, panels, roundtables, film screenings and opportunities for conference participants to engage and discuss the political, economic and social issues that have shaped the Amazon's history and present day.

"The conference was developed at the University of Cambridge, which seeks to develop a methodology which was acknowledged it as a contested contradiction in the Global South," said Barbara community, not only for the Amazonian stakeholders. Therefore, our negativity towards these investments has no doubt that this research provides moral clarity among the companies in question are involved in the Amazon ecosystem's ability to provide a food source and clean water for the region.

"The conference is important to consider where the investments in the region are located geographically, in which ways they might be impacting the environment, whether their actions are sustainable or not, whether they depend on things they have to face in their daily lives, and whether or not they understand what is going to impact the environment, their ability to provide services, and without backing down. This is the case even when discussing the environmental protection and the companies in question are involved in the Amazon's ecosystem's ability to provide a food source and clean water for the region.

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Rest and relaxation can not only be found at the beautiful beaches surrounding UC Santa Barbara but in the finest restrooms across the land. These hidden gems are sanctuaries during a day of scholarly endeavors. Learned readers of this bipartisan report — which has analyzed every academic building on campus — will gain access to an elite set of bathrooms, ranked on a scale from one to 10 by aesthetics, function, exclusivity, ROI and overall “vibe.” Only men’s and gender neutral restrooms were surveyed, but we believe the results should hold across genders.

10: MATERIALS RESEARCH LABORATORY (6.9)

One of the oldest lavatories on our list, this classic was built in 1967 and has withstood the test of time. The natural light brings forth hope, contentment and optimism. Using this space is like getting a nice warm hug from your mom — you know everything is going to be okay.

9: OLD LITTLE THEATER (7.1)

By far the best selection in Isla Vista (sorry I.V. Theater), Embarcadero Hall's restroom boasts a combination of polka dots and superb lighting, creating an excellent “modern dinner” ambiance. It's ideal for sitting back and enjoying a few cold ones with the boys. Oh, and you can also use the bathroom here.

8: CAMPBELL HALL (7.2)

After the most exhausting excretion session of my life (a grueling 47 minutes), I exited the stall with a still-quivering sphincter only to come face-to-face with the woman of my dreams. My heart raced from both excitement and the fear that the stench had already reached her nostrils. Would probably still use the ILP bathroom again.

7: EMBARCADERO HALL (7.4)

Surprisingly void of butlers to help me wash my hands, the Marine Science Research Building's bathroom is still the most high-class one on campus. The awe-inspiring bust of Poseidon reminded me that all of campus is bound to fall into the sea someday, but the mints were so good that I didn't even care.

6: INTERACTIVE LEARNING PAVILION (7.7)

For the exploratory and historically inclined student, the majesty of this elusive bathroom can be discovered only if their bowels are as attuned to beauty and wonder as is their heart. This is the best of the best, the cream of the crop, a matter of school pride itself. This is what makes your tuition worth it. This is where true Gauchos are born.

5: ARTS BUILDING (7.8)

El Centro, Arnulfo Casillas is the only bathroom at UCSB that can replicate the warmth and wonder of your childhood toilet and the memories made while praying it wouldn't clog. Serene and elegant, this hallowed chamber redefines what the word “beauty” can actually mean.

4: BIOENGINEERING (7.9)

Have you ever left the restroom feeling like you’ve just spent two hours at the gym? Come on down to the Materials Research Laboratory to do your business, take a shower and get ready for more business of your own.