Deltopia makes a comeback

Partygoers flock to Del Playa Drive on Deltopia weekend, crowding the streets on Saturday.

Core Spaces Tenant Association forms in response to mass eviction

Mark Alford
University News Editor

The Santa Barbara Tenants Union announced the formation of a Core Spaces Tenant Association in response to the real estate developer’s eviction of hundreds of people reading at CABC & The Sweeps in an April 9 statement.

“Your company Core Spaces and Glimcher Development such as Scott Stagner, Christene Richards, and Marc Liblin may not understand the humanitarian crisis you are causing. Many of us have small children and elderly family members under the same roof,” the April 9 letter announcing the tenants union’s formation read.

The March 16 announcement of the mass eviction left scores of families and students scrambling to find new housing in the coming weeks. Local leaders decried the evictions, and have since bolstered protections for tenants counterclockwise.

“Those of us forced onto the streets as parents could have our children taken away,” the letter read. “For those Core Spaces executives with families and children, we ask what you would do if we were displacing you and you lacked the economic ability to secure alternative housing for your family. What would you do?”

Core Spaces Tenant Association (CTSA) alleged Core Spaces increased the number of security guards at the complex following its

Trans & Queer Commission kicks off UCSB Pride 2023 with Queer Fest “trans town hall”

Asami Shuda
Community Outreach Editor

The Associated Students Trans & Queer Commission held a Queer and Trans town hall at Queer Fest on Monday, April 10 kicking off its annual UC Santa Barbara Pride Week.

Queer Fest, held in Little Acorn Park with about 200 attendees, featured live music from local artists like Redd, arts and crafts stations to build charms and beaded necklaces, and a body positive vendors selling Pride stickers, stationary and other merchandise by LGBTQIA+ students, Isla Vista Recreation and Park District (IVRPD) and the Santa Barbara Arts Fund collaborated to hold the free public event.

“We wanted an outlet for LGBTQIA+ student vendors to sell their materials, to get support, to be seen, to network, to connect with people,” Trans & Queer Commission (TQC) co-chair and fourth-year English and sociology double major Anushka Halder said.

“As with any festival we want to open the space and event where people can really enjoy themselves, relax, de-stress and have a really good time with the community,” Halder continued.

Third-year environmental studies major and TQC Pride Commissioner Isabella Ramirez was proud that Queer Fest kicked off UCSB Pride 2023, a week-long event that features a vogue dance workshop, an LGBTQIA+ focused clothing swap, Queer Prom and a fire drag show.

“We wanted this to be open to the public so people can enjoy it, and we really want it to be a club event to kick off our Pride Week,” Ramirez said.

During the event, IVRPD unveiled a permanently installed mural celebrating Pride and the LGBTQIA+ community, something IVRPD Recreation Community Services Director Aria TeSlaa said was an exciting element of Queer Fest.

“One of our main goals is to increase the art in our parks because public art is such an incredible thing that really brings communities together,” Lake said.

“We wanted to commemorate both Pride Week as well as the LGBTQIA+ community, something that exists within Isla Vista through the mural,”

The mural artist, Diz Porter, said the artwork’s concept was UCSB Pride 2023’s theme: “The Future is Queer,” expressing enthusiasm about having the mural permanently installed in Little Acorn Park.

“I actually am born and raised in Santa Barbara, so for me, it’s exciting knowing that something like this is happening,” Porter said.

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The mural depicts two underground characters holding hands while looking out into the sky, illustrating feelings of hope and optimism, Porter said.

The characters are also donning flower gowns, taking inspiration from Marsha P. Johnson – a prominent activist in the 1960s gay rights movement – and the flowers crown she wore during the Stonewall Riots of 1969.
The Associated Students Trans & Queer resource, the Koegel Autism Center, and the UCen Autism Center are hosting a discussion on dating and relationships for people on the autism spectrum from 5-7 p.m. at the SRB in room 110. The workshop is in collaboration with the Disabled Student Programs and the Koegel Autism Center.

Women’s Center hosts giveaway of books by transgender authors

The Women’s Center is beginning Trans Week of Visibility with “Trans Tales” on April 18 from 4-6 p.m. on the third floor terrace at the SRB. The event is in collaboration with the Resource Center for Sexual and Gender Diversity and novelties will be given out first, serve, follow a discussion.

The books are all authored by transgender, gender non-conforming and non-binary authors and all feature characters identifying with the community.

Health & Wellness hosts community circle for QTIBOPC students

Health & Wellness is hosting a Trans and Queer Transgender BIPOC Community Circle on April 19 from 4-5 p.m. at the Health & Wellness and Women’s Center’s multipurpose room.

The community circle is a safe space for QTIBOPC identifying students to share experiences. The event will also incorporate breathing, movement, journaling and group-share exercises to promote self-care and build community.

UCSB Pride 2023 concludes the week with free drag show and a free transgender and queer friendly health fair

UCSB Pride 2023 concludes the week with a free drag show on April 14 from 8-11 p.m. at the Student Resource Building (SRB) lawn.

The events will feature a free transgender and queer clothing swap on April 14 from 12-3 p.m. at the Student Resource Building (SRB) lawn.

In collaboration with Food, Nutrition and Health Advocates, Health & Wellness is hosting a workshop about cooking on a budget.

The commission is holding a fashion show featuring two local drag queen shows in Santa Barbara on April 13 from 6:30-8:30 p.m. at Coronado Pavilion. There will be opportunities for contests, games and voting decisions at the event.

As a thank you for coming to the event, as well as recognizing the struggle for queer rights and visibility that must go on, the event’s past year’s caption read. “Learn about shelf stable ingredients, food resources, and ways to make quick and nutritious meals.”

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UC Santa Barbara’s total income climbed to $1.3 billion and its expenses to $1.29 billion during the 2022-23 fiscal year — both record-high totals that showcase the growing nature of the university as it spent more on student services, instruction and financial aid than ever.

The sum, held in over 4,400 halls and parking. The budget unrelated to education, among other expenses including student health — are paid for by students at a fee rate set by the UC Regents included in students’ tuition. Last year, the campus spent nearly $100 million on such services.

Around 28% of money generated from under-graduate student fees are allocated toward students’ financial aid. UCSB students received $134.4 million in aid during the last fiscal year, an all-time high for the campus. UCSB brought in $7,234,000 more than it spent last year, and the surplus money was used to pay the campus’ debts and other expenses including “capitalized expenditures and equity investments supporting the capital program,” according to the campus profile.

Revenue increased in anticipation of a slew of rising costs, including compensation anticipation of a slew of rising costs, including compensation costs, including compensation.
The UC Santa Barbara Recreation Center reopened Fitness Center 2 – the workout room located in the Multi-Activity Court – on April 4, over three years after its initial closure, nearly doubling the amount of weightlifting space. Fitness Center 2 (FC2) contains six squat racks, three Olympic weightlifting platforms and seven treadmills, as well as other cardio machines and additional weightlifting equipment. FC2 initially closed on March 19, 2020, when the Recreation Center (Rec Cen) halted operations at the onset of COVID-19. Before the Rec Cen’s indoor spaces could reopen, UCSB Design, Facilities & Safety Services inspected all campus buildings to ensure proper air circulation in January 2021, according to Interim Director of Recreation Cathy Czuleger. FC2 was among several Rec Cen spaces that initially failed the airflow inspections. However, unlike other workout areas that reopened in the summer of 2021 after minor improvements, FC2’s heating, ventilation and air conditioning (HVAC) issues required lengthier repairs, Czuleger said. “The repair needs for FC2 encompassed total HVAC system replacement, not just tweaks and simple repairs like the other spaces,” Czuleger said in an email statement to the Nexus. “The reopening was delayed due to the time it has taken to get through a bid process for a large campus project, and the current delay of not being able to get delivery on the needed HVAC units themselves.” This is due to the global supply chain issues still wreaking havoc from COVID-19 shutdowns,” she continued. Czuleger added that the current HVAC solution allowing FC2 to be open is only temporary. “Current reopening of FC2 is due to a temporary repair performed by the contractor that will install brand new HVAC units upon their arrival in August 2023,” Czuleger said. “Since we already had a contract in place with this company, they were able to perform this temporary repair to allow the space to reopen.”

The room’s reopening nearly doubled the amount of weightlifting space in the Rec Cen, largely resolving the complex’s overcrowding problems. “For once I can finally say we don’t have an overcrowding issue, because it got eliminated so fast from the opening,” third-year communication major and Rec Cen employee Elle Chang said. “There is barely an overcrowding issue now.”

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A senior living community on El Colegio Road — for development.

Santa Barbara County recently moved to include land owned by UC Santa Barbara and located in Isla Vista to its list of properties for new housing construction. Santa Barbara County (SBC) Planning & Development presented changes to the Housing Element Update at a meeting on April 4, 2023, that direct land zoning, analyses community housing needs and State mandates, goals, policies and programs to facilitate development at the April 4 Board of Supervisors meeting.

The county first presented the draft to the public on Jan. 30, and received over 430 letters over a 40-day public comment period. SBC Planning & Development Director Lisa Flowerman said the public offered a broad range of feedback, from people who voiced support of converting agricultural land or the golf course to those strongly opposed to the development of open space.

“They talked about infrastructure and traffic concerns they talked about water. They opposed conversion of agricultural land, they promoted sustainable development,” Flowerman said. “I think we got a lot of good information from that process which resulted in changes that we’ve made to the Housing Element.”

The revisions include 19 additional sites that the Board of Supervisors may consider for rezoning, seven of which are county-owned, one of which is located in I.V., and three of which are UCSB faculty and staff housing properties.

The 19 new sites can accommodate over 3,251 units – broken down into 518 lower-income, 666 moderate-income and 967 market-rate units. Among the proposed sites accommodate more than 2,000 units, far above the state’s requirement of 4,152.

Flowerman said the department establishes “more sites than necessary” to mitigate any risk of the county falling short of its fair housing allocation and to give the Board of Supervisors greater selection of viable sites to rezone.

“What this does is really expands our options…,” Flowerman said in an email statement to the Nexus. “Students are now living in Goleta. The county and the city of Goleta are both in open litigation with the university’s housing has pushed students into I.V. and the surrounding area and displaced long-term residents.

“UCSB’s inability and negligence and not living up to the goal that they established for housing has really impacted the community,” Capps said. “Students are now living in Goleta. Students are living in Isla Vista in complexes that were traditionally for families.”

The county is required to allow a full 430 letters over a 40-day public comment period — to rezone properties to meet the Program Environmental Impact Report.
Deltopia activities spilled into neighboring communities. Roads were closed to vehicles, and organizers of Triqs Road, along with the Santa Barbara County Sheriff’s Office, continued their operations. A second-year UCSB student believes that SBSO made two arrests at the checkpoint on Del Playa Drive at El Embarcadero, Camino Corto, and Atascadero, according to the city of Goleta. The Camino Real Marketplace and Target parking lots were packed with people “tailgating, littering, drinking openly, getting into confrontations,” she said.

Craig emphasized his desire to shift the focus of law enforcement to policing behavior rather than the high barcode. TeSlaa, who has experience in law enforcement, said that SBSO will be extending the curfew from 4 p.m. to 7 a.m. for law enforcement and pander for the sake of getting something that's going to be helpful for our community. TeSlaa said during the April 3 TUCSD meeting that SBSO is currently investigating the role that Poppin—which has hubs in other college campuses and was originally founded at UCLA—played in bringing an influx of outsiders into I.V. for the event. “It’s something we’re watching and addressing throughout the week, coming up to Deltopia and something that we’ll be looking at how to approach more creatively in the future,” TeSlaa said. But according to the co-founder, upwards of 90% of our ticket buyers are from I.V. and a great majority are from UCSB.

Deltopia is not the only event with police presence in I.V. for future Deltopia Weekends. During Deltopia weekend, when there are parties at residential properties, there are also parties in the yards of complexes across Isla Vista.

Poppin sold tickets for four parties, and SBSO imposed an “Outdoor Ordinance” from Friday, April 6, to Sunday, April 9, in I.V., restricting loud music between 10 p.m. and 6 a.m.

With the Festival Ordinance law, investigators, TeSlaa said SBSO will be seeking to extend the curfew from 4 p.m. to 7 a.m. as well as the currently enforced hours of 10 p.m. to 7 a.m. for law enforcement and pander for the sake of getting something that's going to be helpful for our community.

Poppin’s co-founder, who requested anonymity citing safety concerns, said, “If there’s evidence that there’s a difference; a significant difference in people who come from out of town, it’s pretty unlikely that we moved the needle to make that difference,” he said.

Poppin also says that as a marketing and promotion company they check the actual hosts of any Deltopia functions. “We weren’t actually hosting any parties. We partnered with a lot of local hosts, like Red Jooce, Routine IV, Target House and DMT, and they were the ones that host the parties. We basically just promoted them, made sure that they were safe, helped them get locations, and basically just made sure everything ran as smoothly as possible,” said a UCSB student representative, who declined to be named for privacy reasons.

Brandi’s own argument is made in “Bad Faith,” and organization Poppin are breaking the law by hosting a music festival event and engaging in business activity on residential properties.

“Deltopia is not the only event with police presence in I.V. for future Deltopia Weekends. During Deltopia weekend, when there are parties at residential properties, there are also parties in the yards of complexes across Isla Vista. This is the same bad faith argument that’s used by a variety of predatory tech companies, that they’re just a platform and that they are not involved in the activities, and it’s really an attempt to shield themselves from legal liability,” he said. “I don’t think that that argument would stand up in court. I would love to see that tested in court because I think that, again, what they are doing is very harmful to our community. They’re exploiting the people who live here and it’s wrong.”

TeSlaa said that officers shut down a handful of “dangerous” parties during Deltopia, many of which were ticketed events, once they saw criminal violations. “They’re looking at all options for enforcement to squash these illegal paid parties that are occurring where people are hosting events, charging money using their landlord’s bank, and then withdrawing the funds from this without proper permits, without proper zoning,” he said.

In a statement to the Nexus, the co-founder said that Poppin doesn’t host events in I.V. as a company, and those who do host events are individuals or party groups who utilize the ticketing platform, and thus, those individuals bear liability for the event.

“I can’t speak directly on the behavior, but I will say that from what I’ve heard, they do pay to rent out residential properties. They pay individuals who live in the house to help organize and facilitate an event that is an independent of the property,” the statement read. “Those who buy tickets are paying for an entertainment service essentially, not for access to a private, residential property. Any ‘business’ that occurs happens before the event, when attendees purchase tickets to be added to a guest list, so businesses occurs directly at residential properties.”

Some community members also voiced discomfort with Poppin’s commercial presence on Deltopia, which has seen consistent community efforts since 2014 to “Keep it Safe, Keep it Local!” But the co-founder argued that parties with less has historically existed and will continue to exist in I.V., and party-goers aren’t forced to attend Poppin parties.

“Parties have cost money in I.V. for a long time. But doing something this scale with the amount of followers that we have, you get to a point where no matter what, there’s going to be a lot of criticism,” he said.

Fifth-year political science major Cody Nunn said he feels college students are often targeted and companies like this “make us pay to exist in our own space.”

“Feel really tired of people using a place that for most of us is a home and community just as a spot to kind of cater to students and wonder for the sake of getting money,” he said. “I think that the over-increasing police presence and also the commodification of social life in I.V. go hand in hand. I think that as long as the police restrict what we’re allowed to do in our own place, the only legitimate means to engage with our community will be through paying private entities. And so I think that those two issues aren’t entirely separate,” Nunn continued.
El Día Panamericano marca el día en que se formó la Unión Internacional de las Américas. La idea fue propuesta durante el Congreso de Panamá de 1926 por José de San Martín y Simón Bolívar.

El 14 de abril de 1890, en Washington, DC., la acción de unir a los países de América del Norte y del Sur se implementó en la Primera Conferencia Interamericana de los Estados Americanos. Esta fecha también habría aflorado la idea de la Organización de los Estados Americanos.

La Filarmónica de Los Ángeles ha lanzado recientemente un programa en línea donde la orquesta interpreta varias piezas en honor al Día Panamericano. Para encontrar más información sobre el programa visité el sitio web LA Phil.

Algunas recetas incluyen, entre otras: • Sopa de habas y frijoles, pollo y crema al sope seguidos por salsa. • Crema, queso ranchero, rábanos en rodajas y lechuga rebajada al gusto. • 2 libras de pollo de pechuga fresco, 1 cebolla blanca, cortada en cuartos. • 3 zanahorias y 2 libras de frijoles refritos.

Para prepararlos, empieza a cocinar la carne en un sartén separado. Luego pica la cebolla y empieza a calentar aceite a fuego medio. Al mismo tiempo, agrega los frijoles a calentar hasta que estén dorados. Luego, agrega los fideos a otra sartén con un poco de sal y calienta por unos minutos.

Ingredientes: Sopa de habas y frijoles, pollo y crema al sope seguidos por salsa. Crema, queso ranchero, rábanos en rodajas y lechuga rebajada al gusto. 2 libras de pollo de pechuga fresco, 1 cebolla blanca, cortada en cuartos. 3 zanahorias y 2 libras de frijoles refritos.

En cuanto esté ligeramente dorada, añade los fideos a calentar hasta que estén dorados. Luego, agrega los fideos a otra sartén con un poco de sal y calienta por unos minutos. Luego, agrega los fideos a otra sartén con un poco de sal y calienta hasta que estén dorados.

Mientras tanto, empieza a calentar aceite a fuego lento. Cuando la carne esté dorada, calienta los frijoles en un sartén separado. Mientras tanto, empieza a calentar aceite a fuego medio. Luego, agrega los fideos a calentar hasta que estén dorados.

Para preparar los platos, calienta la carne en una cazuela a fuego lento. Luego, agrega los fideos a calentar hasta que estén dorados. Luego, agrega los fideos a otra sartén con un poco de sal y calienta por unos minutos.

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UC Santa Barbara has a long-standing tradition of producing talented baseball players, and this is evident in the number of alumni who have made their way into Major League Baseball (MLB). Today, there are several UCSB alumni playing in the MLB, a majority of them being major league pitchers.

Shane Bieber graduated from UCSB in 2014. Bieber was not heavily recruited out of high school and was only drafted in the fourth round of the 2014 MLB Draft. Bieber quickly proved himself in the minor leagues and made his MLB debut with the Cleveland Indians in 2015. Since then, Bieber has become one of the most dominant pitchers in the league, winning the American League Cy Young Award in 2020.

Former Gaucho and Cy Young Award Winner, Bieber on the bump.

Asst. Sports Editor
Isaiah Ochoa

Bieber has picked up right where he left off in three starts on the year he has accumulated a 2.37 earned run average, 0.95 walks and 10.6 strikeouts, leading him to earn his first career posting 4 wins, 8 saves and a 3.05 earned run average. The bats didn’t stop as the Gauchos went on as junior outfielder Jared Donaldson added an insurance run as she hit an RBI single to left to make it 14-0 before junior pitcher Camryn Snyder took the mound for UCSB, as she shut the Gauchos out in the 4th inning.

The Gauchos completed the sweep with an 11-6 win by taking them with the California State University, Long Beach Elbees for first place in the Big West Conference. The Gauchos forced 2 errors in the top of the inning, as they also rallied to earn 6 hits and bat around. Following the sweep, the Gauchos will play two non-conference games with a 74-56 defeat to 2021 NCAA Tournament team made an underdog run all the way to the Big West Championship, while the men made a March Madness appearance with a 74-50 defeat to 2021 champion Baylor.

UCSB Athletics

A great season from both basketball programs came to an end in early March as the women’s basketball team made an underdog run all the way to the Big West Championship, while the men made a March Madness appearance with a 74-50 defeat to 2021 champion Baylor.

UCSB softball player running up the line on a drop third strike.

Isaiah Ochoa
Asst. Sports Editor

The Gauchos took a trip down to Orange County where they faced the California State University Fullerton Titans for a three-game conference series. The UC Santa Barbara Gauchos took the opening game of the series, winning 14-0, but they dropped the last two games against Fullerton Titans for a 2-1 series loss.

The Gauchos then poured it on in the 5th, as they scored 2 runs to give themselves a 7-run lead. The Gauchos forced 2 errors in the top of the inning, as they also rallied to earn 6 hits and bat around. Following the sweep, the Gauchos will play two non-conference games with a 74-56 defeat to 2021 NCAA Tournament team made an underdog run all the way to the Big West Championship, while the men made a March Madness appearance with a 74-50 defeat to 2021 champion Baylor.

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The Roadrunners scored early as junior pitcher Camryn Snyder gave up a solo home run in the 2nd inning. Snyder limited the damage, though, as the only run she gave up all game. CSU Snyder held UCSB Bakersfield scoreless from there, giving the Gauchos a chance to rebut.

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UCSB softball player running up the line on a drop third strike.
I want people to realize that they are not alone ... I want someone to listen to this album and know that someone else is feeling this and is resonating.

JOSEPH CHAN

He calms his nerves down by watching videos of his favorite performers and occasionally in the video onїtual meditation on YouTube.

The album is about the emotional R&B-inspired album title "for hopeless romantics like me" on March 5. Chan, known by the stage name jomch, released his emotional R&B inspired album title "for hopeless romantics like me" on March 5.

When I think of "Outer Banks," I think of the Outer Banks, paradise on Earth" that once occupied my entire TikTok. His 2022 season one TikTok "For Your Page" in May 2020. I would scroll for hours. Those were the days there was nothing to do in the early streaming era. At least we had to see those wearing bandanas in an attempt to resemble John B Stamos, and watching TikTok became a daily habit.

I watched the show. I watched "Cherry" over the course of one season. If there's one thing to get out of Netflix's "Outer Banks" season 3, it's that "Be authentic, be true to yourself and tell your truth."

With a marathon and a debut album behind him, jomch is more determined and passionate than ever, continuing to make new music and perform during spring quarter. Because, as the artist encouraged, "Just keep going because you never know what could happen."
Style spotlight! Man wears button down t-shirt with swim shorts to Deltопia

Marcus T.C. / Hot Ticketter

Move over HUGO BOSS and Coco Chanel, a new icon is on the scene. An Isla Vista man, who wished to remain anonymous (to “stave off the hordes of women”), is taking the world by storm with his daring and innovative style. From the shoes to view his full strut his stuff. As we move up being drawn to watch him the center of attention, with Playa Drive Saturday afternoon moment he stepped out onto Del and innovative style. From the world by storm with his daring hordes of women") is taking the anonymous (to “stave off the man, who wished to remain is on the scene. An Isla Vista and Coco Chanel, a new icon

The Daily Stench

April 13

NATHAN VILLASENOR / DAILY NEXUS

Easter Bunny parties too hard at Deltопia, forgets to do his job

Imma Hole

Party Animal

The first weekend of spring quarter was marked by yet another successful Deltопia. Flocks of Santa Barbara students and out-of-towners (Boos took hastily to the streets, filling it with the sight of brightly colored Hawaiian shirts and string bikinis. However, unlike previous years, many party-goers also sported a new, slightly firmer, face on the streets. The Easter Bunny.

“At first I thought I was just tripping hella hard on some shrooms I got from this random guy,” one Del Playa Drive resident, told us. “But then I realized he was actually there!” The Easter Bunny was taking tequila shots and twerking to ‘Gasolina’ with his crew.

While some attendees of the giant street party enjoyed hanging out with the big bunny, others deemed him a fuzzy friend. Gregg Hunt explained, “He walked into my living room and claimed he needed to use the bathroom. We weren’t even having a party but we said okay and he popped a squat right on our carpet! I mean he shits chocolate eggs so it’s not all bad but he’s used a throne or something.”

Despite being a magical deity, many people reportedly turned the bunny away from their events. Bradley Chudley III informed us of his frat’s policy: “No wristband, no entry…unless you have a nice rack.” This, of course, didn’t stop the Easter Bunny from hopping the fences which he was usually good at and finding his way onto many DP balconies. He parted so hard that he didn’t wake up until 2 p.m. the next day, causing distress and outrage.

“We were horrified,” one White Anglo-Saxon Protestant mom explained. I woke up Sunday morning to find that my kid’s Easter basket was empty. I had to go out and buy my 4 year old the Lululemon leggings and iPhone 14 that the bunny was supposed to drop off. Not to mention, he completely ruined the sanctity of the religious spirit of the holiday because he was too hungover to rise up like Jesus.”

When we asked the Easter Bunny to comment on the weekend’s events, he had this to say: “Okay first off, I am a capitalist bitch through and through so don’t come at me with that religious crap because that is a whole different guy. Second, yeah I get it. I messed up, but I would 100% do it again next year. Deltопia forever babyyyyyyyyy.”

After providing his statement, the Easter Bunny claimed he felt sick and puked several intact plastic case on it that’s clean, in my pussy. It already has a purse throughout the day, Chu asked if she was carrying a sheiks chocolate eggs so it’s not all

Fart Tent

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What a weekend! From overzealous hordes of “bru” over their loudspeaker to seeing some of the worst sunburns I have ever had the displeasure of seeing, there was certainly a lot going on in the lovely streets of Isla Vista this weekend. Despite seeing a lot of unsafe and even silly behavior this weekend, I was able to catch up with a fellow Gaucho who had safely made it to Deltопia.

“I saw the movie ‘Hereditary’ one time, and the main girl gets her head knocked off because she had an allergic reaction to peanuts or something I didn’t want to take that risk during Deltопia and made sure to have my EpiPen on me,” said third-year Kelsey Chu.

Interestingly, when I got to see Chu’s outfit, there was no EpiPen in sight. Holding nothing but a phone in her hands, Chu looked absolutely gorgeous in her SHEIN bikini top and Target skirt. When asked if she was carrying a purse throughout the day, Chu smirked and claimed to not be “one of those weak bitches” I was left dumfounded as to where Chu could’ve possibly stored her EpiPen.

“Honestly, I had that shit in my pussy. It already has a plastic case on it that’s clean, so I wasn’t really worried about it. I feel like there’s not really a difference between an EpiPen or a tampon, and I wasn’t gonna carry it around in my hands, so I thought why not? Better safe than sorry, right?” Chu explained.

Luckily, there was no emergency in which Chu actually had to use her EpiPen, and it was safely removed from her vagina at the end of Deltопia. In the end, it’s important to realize that sometimes fashion comes before everything except your physical health, which is not ever to be fucked with, even if it means using that pussy as a pocket.

Fart Tent tied her house keys to her shoelaces.

Deltopia in review: Local girl with severe peanut allergy stores EpiPen in pussy

EpiPen in pussy

NATHAN VILLASENOR / DAILY NEXUS

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ON THE MENU

Pineapple bean salsa with potatoes

This salsa is vibrant in flavor and color, perfect for spring.

Maya Salem  
Staff Writer

While pineapples usually invoke distant memories of summer and spark rigorous debate over their place on the side of a wonderfully ripe nothing better than slicing nearly year-round. And there’s nothing better than slicing pineapple in the middle of April. Well, perhaps there are some things that might be better. Like the meet-cute

Cindy Phan  
Reporter

While delicious, yogurt bowls are a lactose-intolerant person’s nightmare. I wanted a high-protein breakfast, and I am not the biggest fan of my favorite variety: a thick and creamy Greek yogurt. My friend Cayla joined me on this dairy-free yogurt taste test and helped me rate all the yogurts based on the texture and taste. The first candidate was Kite Hill Greek Style Plant-Based Yogurt, which has 12 grams of protein per serving. This is a special high-protein yogurt, which is unique because most plant-based yogurts typically have around 3-8 grams of protein. I personally thought this yogurt was a 6/10 because of its grainy texture that was not creamy and light as traditional Greek yogurt. The taste was not too powerful and the slight vanilla flavor was not too powerful and offered a different taste than plain Greek yogurt. Unless I really wanted a high-protein breakfast, I would pass on this option.

Next, Cayla and I tried The Forager Project’s Organic Probiotic Cashewmilk Yogurt. I gravitated toward this yogurt due to its cashew base as I hadn’t tried many cashew-based products previously. I rated this yogurt an 8.5/10 while Cayla rated it a 7/10. Forager’s has a light and refreshing flavor while also having a thick consistency reminiscent of the Greek yogurt I typically reach for, although it was not the thickest in this group. Open Nature’s Dairy-Free Coconut Yogurt Alternative was the third one we tried. I was initially skeptical of this option because of its coconut base and I am not the biggest fan of coconut yogurt. I gave this option a chance because I was hoping the plain variety meant it wouldn’t taste too strongly of coconut. I was wrong! After one bite, I instantly rated this yogurt a 3/10. Despite the packaging’s claim that the yogurt was creamy, the yogurt’s had a thin consistency and overwhelming coconutty flavor. I definitely do not think this yogurt was as creamy as it claims to be on the packaging. Cayla on the other hand rated it a 7/10: “I like it but I know I wouldn’t be able to eat this everyday.” Unless you’re a coconut fan, pass on this yogurt.

The last plain yogurt was my favorite: Trader Joe’s Organic Creamy Cashew Cultured Yogurt Alternative. This has been my go-to yogurt because of its thick and creamy texture. Since I used to work at Trader Joe’s, this yogurt always made it on my weekly grocery list. Upon opening the container, you could see how the yogurt glistens in the container from how thick it is. I rate this one a 9/10 because it reminds me of the dairy yogurt. Cayla agrees that it was a 9/10 and says that she could not have guessed that it was plant-based. She says it’s equally as good as dairy yogurt! Switching to a dairy-free yogurt was a great idea, but I was wrong! I didn’t want to give up my favorite breakfast due to my lactose intolerance. With so many dairy-free yogurts on the market, I went on the hunt for the best one.

Dairy-free yogurts tend to have a coconut, cashew or almond base. I wanted to try multiple brands to find the dairy-free yogurt that was most reminiscent of my favorite variety: a thick and creamy Greek yogurt. My friend Cayla joined me on this dairy-free yogurt taste test and helped me rate all the yogurts based on the texture and taste. The first candidate was Kite Hill Greek Style Plant-Based Yogurt, which has 12 grams of protein per serving. This is a special high-protein yogurt, which is unique because most plant-based yogurts typically have around 3-8 grams of protein. I personally thought this yogurt was a 6/10 because of its grainy texture that was not as creamy and light as traditional Greek yogurt. The taste was not too powerful and the slight vanilla flavor was not too powerful and offered a different taste than plain Greek yogurt. Unless I really wanted a high-protein breakfast, I would pass on this option.

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**Vice president of aging research at Calico Sciences on molecular components of aging**

_Cynthia Kenyon giving a lecture in December 2014._

Cynthia Kenyon, vice president of aging research at Calico Life Sciences and director of University of California, San Francisco's Aging Sciences, discussed her research evaluating evolutionary and molecular processes that can contribute to longevity of a lifespan on April 6 at the Corwin Pavilion as a part of the 'Aging in America’ lecture series.

Kenyon's research on longevity first started by observing the chromosomes or genetic material responsible for patterning the body axis in _C. elegans_. Kenyon first introduced the concept of regulatory genes by describing genes that can be knocked out in fruit flies and whose previous functions could be restored by inserting these genes from _C. elegans_ into fruit flies. In _C. elegans_, Kenyon reported that a copy of regulatory genes into fruit flies could cause the development of extra eyes, spots, wings, legs, etc. The rate of aging is established early on in life. In _C. elegans_, the rate of aging doubles every eight years until around 20 years, at which point the rate of aging becomes relatively constant. Kenyon discussed the plasticity of aging by comparing the lifespans of various insects, birds, and mammals. For example, a parrot's lifespan is greater than a canary's, and a human's lifespan is greater than a tiger's. Kenyon referenced American scientist Theodosius Dollohanzy's “Nothing in biology makes sense except in the light of evolution,” to emphasize the significance of evolution of organisms in the development of characteristics such as physical appearance and average lifespan. Although many organisms may share common ancestors, they have evolved to have different lifespans. The main question that arose from this finding is where the regulatory genes for aging are located. One experiment that was conducted by Kenyon and her lab removed the reproductive organs of _C. elegans_ by laser ablation of the germ cells – a treatment used to heat-destruct targeted cells with an MRI-guided laser probe. The mutated _C. elegans_ were found to be physically younger in their movement after 13 days compared to wild-type or normal _C. elegans_. Kenyon concluded that a key finding from this experiment was that the mutated worms had a life span longer than normal _C. elegans_. The _Daf-2_ gene in _C. elegans_ codes for a hormone receptor that is analogous to the LDL receptor and IGF-1 receptors in humans. By making the _Daf-2_ dependent hormone receptor less efficient, cells have increased expression of _Daf-16_, which is a cellular component that has been linked to activating genes involved in longevity and oxidative stress responses. Oxidative stress can cause damage to cells and can reduce the body's longevity. In other words, _Daf-16_ is longer active in _C. elegans_ and _Daf-2_ causes the development of extra eyes, spots, wings, legs, etc. in a wild-type _C. elegans_. _Daf-16_ is more active in its lifespan. Kenyon and her colleagues found that the _Daf-16_ gene extension potential is triggered by a single base pair in the _daf-16_ gene. The _daf-16_ gene has been found to be associated with the development of insulin and IGF-1 signaling. The pathway based on _Daf-16_ is a way to regulate such a signal which affects a cellular protective reaction that contributes to the aging process. The pathway for potential longevity can be activated by other triggers, such as calorie restriction, mutation or inhibition of insulin and growth factor signaling, or the formation of the germ cells, or the gametes, as in the case of males. Although calorie restriction has been shown to increase the lifespan of _C. elegans_, it is only known that this action provides health benefits in humans. Inhibiting smell or taste in _C. elegans_ increases longevity and involves the _Daf-16_ gene.

Kenyon mentioned that just as there are triggers that cause cancer, there are triggers that can shorten the lifespan. High levels of reactive oxidative species (ROS), used in common word killers, are associated with oocyte aging. Kenyon believes that because of their ability to stimulate the production of ROS, oxidative stress can cause damage to cells and can reduce the body's longevity. In other words, _Daf-16_ is longer active in _C. elegans_ and _Daf-2_ causes the development of extra eyes, spots, wings, legs, etc. in a wild-type _C. elegans_. _Daf-16_ is more active in its lifespan. Kenyon and her colleagues found that the _Daf-16_ gene extension potential is triggered by a single base pair in the _daf-16_ gene. The _daf-16_ gene has been found to be associated with the development of insulin and IGF-1 signaling. The pathway based on _Daf-16_ is a way to regulate such a signal which affects a cellular protective reaction that contributes to the aging process. The pathway for potential longevity can be activated by other triggers, such as calorie restriction, mutation or inhibition of insulin and growth factor signaling, or the formation of the germ cells, or the gametes, as in the case of males. Although calorie restriction has been shown to increase the lifespan of _C. elegans_, it is only known that this action provides health benefits in humans. Inhibiting smell or taste in _C. elegans_ increases longevity and involves the _Daf-16_ gene.

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Amitha Bhat
Opinion Editor

It would be so easy for me to say that during spring quarter of freshman year, my life satisfaction exponentially grew, and my struggles in fall and winter meant something because I’m finally... I can’t even finish that sentence without cracking up. Metaphorically, of course.

The truth isn’t too far off. I’m taking things as they come, or at least trying to, which is such a cliché, end-of-a-series thing to do, but it’s the truth. I needed to accept that the picture of happiness that I aspired to be wasn’t ideal, or actually attainable. Previously, my definition of happiness was a consistent state of bliss, no bad news or bad grades or bad things ever interrupting it. But that wasn’t reality; it was just some utopic fantasy I had concocted in my head.

It’s spring 2022. I’m extremely interested in the communication classes I’m taking, particularly “Theories of Communication.” The material is incredibly interesting to me, and I find myself never feeling bored at lectures.

I go to L.A. and see my friends again. We both lost our matching pairs of Takeaways on the campus that even remotely interests me. I’m nearing the end of my freshman year and I want to assume that there was an upward trend. I’d like to think that there was.

The fact is that it is there. We are still bad moments — bad days, awkward encounters and times where I’m not sure what to do. Despite everything, I think that there was a slight improvement in the things that go down. I don’t think bad moments entirely leave your life, even when you are unbearably happy.

Some of these things are entirely true. That last one is entirely fake. You don’t always have control over how things go down. Sometimes, you don’t even have control over how you feel about the things that go down.

This is my advice for your freshman year, which is guaranteed to conflict with someone else in the college-advice echo chamber. Try not to fixate so much on other people’s experiences, because it’s guaranteed to make you feel like crap.

Keep working out and keep writing. Other people’s experiences, because it’s guaranteed to make you feel like crap.

There are a multitude of other people who feel the exact same way as you, and you’re probably going to come across some of them, during which you can vent your frustrations and truly feel understood.

When you feel jealous, listen to “jealousy, jealousy” by Olivia Rodrigo because it is cathartic. As you螺then, you’re probably going to face a multitude of conflicting advice about college.

People will offer you infinite pieces of conflicting advice about college. Don’t put so much pressure on yourself to meet some quota when it comes to how many friends you make, just make sure that the friendships you do have last.

Amitha Bhat
Opinion Editor

Decorate your dorm room with pictures from your favorite movies (“The Social Network”) and mementos from your time here, whatever those are (for me, they’re Nexus articles).

Shout your shot when it comes to applying for positions and opportunities because you never know who you’ll meet once you get in.

Don’t put so much pressure on yourself to meet some quota when it comes to how many friends you make, just make sure that the friendships you do have last.

Go to events that your Resident Assistant puts on, because I met one of my good friends at a bible painting party that preceded with me calling my mom to gain the courage to go to by myself.

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